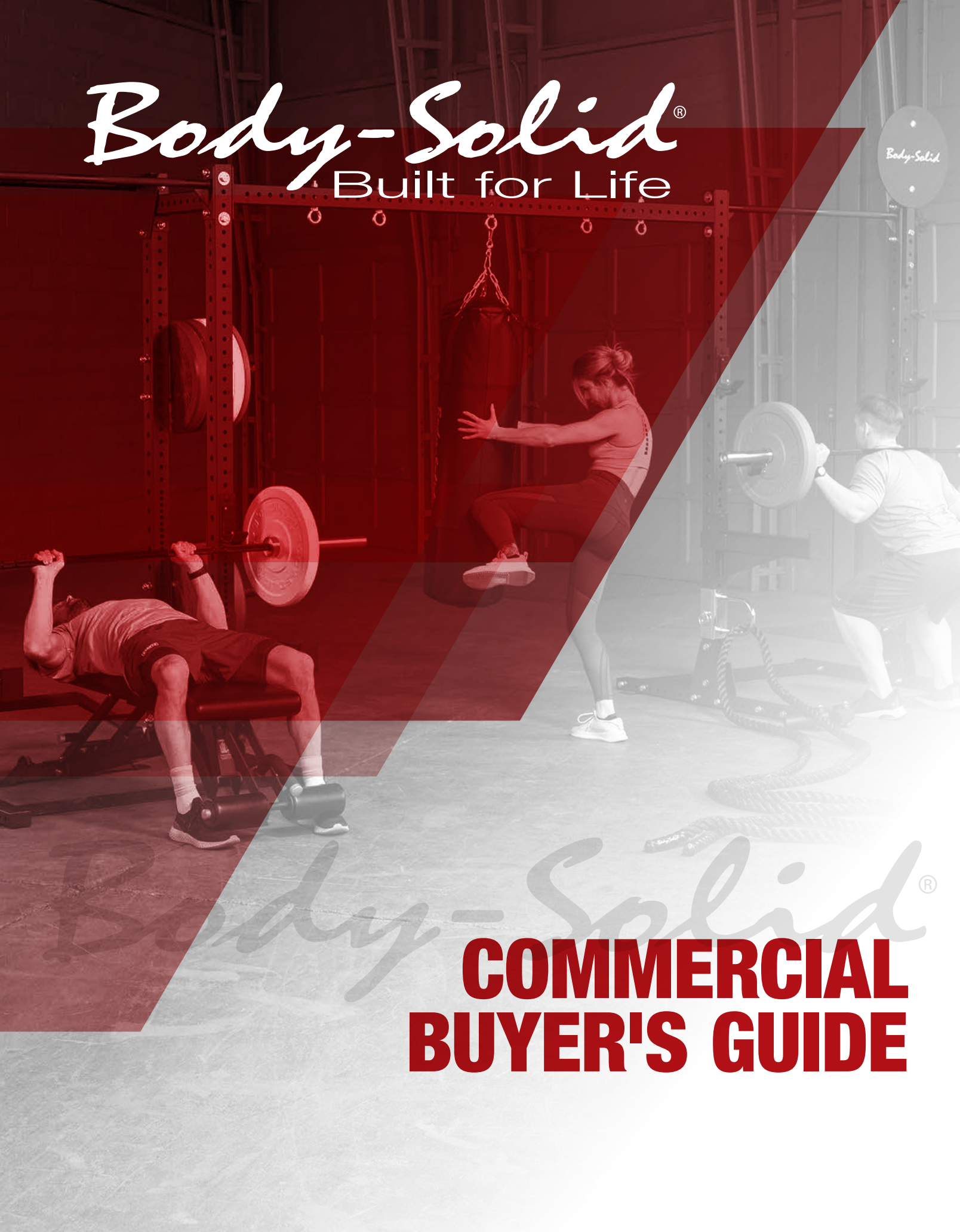


Body-Solid[®]
Built for Life

Body-Solid



Body-Solid[®]
**COMMERCIAL
BUYER'S GUIDE**

Body-Solid®

Built for Life

It started with an idea...

Throughout the pages of this catalog you'll find the culmination of over 30 years of Body-Solid's dedication, innovation and product development.

Body-Solid products are developed and designed with multiple markets in mind, from personal training studios, police and fire departments and municipalities to schools, military bases, health clubs, businesses and homes. The needs of these markets are constantly changing, but through strong relationships with our customers, Body-Solid has been able to evolve and grow to meet the demands of the ever-changing fitness industry.

As a result, Body-Solid boasts the widest array of products in fitness including home and commercial multi-station gyms, free weight machines, treadmills, bikes, ellipticals, weight plates, kettlebells, dumbbells, flooring, accessories and more.

In keeping with our motto—Built for Life—Body-Solid builds products that are not only cutting-edge but reliable, durable and provide a tremendous value to consumers. Body-Solid backs each and every one of those products with the best warranty and customer service in the industry.

Body-Solid products are Built for Life... Your Life.

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PRO CLUBLINE SERIES II

Comprised of 17 single and dual function stations, Body-Solid's Pro ClubLine Series II offers a complete circuit, providing facilities with strength stations specifically targeting muscle groups throughout the entire body. Each Pro ClubLine Series II station is designed to be biomechanically correct with multiple adjustments providing quality movements for users of all shapes and sizes.



S2CC CABLE COLUMN

- 36 starting positions
- Includes: nylon cable handle, ankle strap and straight bar
- Standard weight stack 160 lbs. with optional 210 lb. or 310 lb. available
- 53"L x 58"W x 99"H, 468 lbs.



S2FT FUNCTIONAL TRAINER

- 34 starting positions
- Includes 43" revolving straight bar, 20" straight bar, ankle strap, 2 nylon cable handles, and 14" athletic bar
- Standard weight stacks 160 lbs. with optional 210 lb. or 310 lb. available
- 54"L x 79"W x 99"H, 829 lbs.



S2CCO CABLE CROSSOVER

- 36 starting positions
- Includes: 2 nylon cable handles, ankle strap and revolving straight bar
- Standard weight stacks 160 lbs. with optional 210 lb. or 310 lb. available
- 191"L x 58"W x 99"H, 963 lbs.



S2LAT LAT PULLDOWN & SEATED ROW

- Independent lat pull-down movements for symmetrical strength development
- Traditional lat bar included
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 88"L x 34"W x 87"H, 405 lbs.



S2BTP BICEPS & TRICEPS

- Includes Tricep Rope and revolving straight bar
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 52"L x 43"W x 84"H, 400 lbs.



S2LEC LEG EXTENSION & LEG CURL

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 54"L x 52" W x 57"H, 467 lbs.



S2LEX LEG EXTENSION

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 47"L x 52"W x 57"H, 409 lbs.



S2SLC SEATED LEG CURL

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 57"L x 52"W x 57"H, 424 lbs.



S2LPC LEG & CALF PRESS

- Double beam design with Pillow Block bearings on pivot points for precision alignment and friction free movement
- Standard weight stack 210 lbs. (2:1 ratio) with optional 310 lbs available
- 83"L x 47"W x 69"H, 481 lbs.



S2IOT INNER & OUTER THIGH

- Seven position cam adjustments to accommodate varying body sizes
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 77"L x 37"W x 57" H, 385 lbs.



S2ACD ASSISTED CHIN & DIP

- Five different grips for variety of pull-up and chin-up movements
- 235 lb. weight stack
- 63"L x 44"W x 88"H, 606 lbs.





S2MP MULTI-PRESS

- Features flat press, incline press, and shoulder press positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 72"L x 54"W x 57"H, 463 lbs.



S2SP SHOULDER PRESS

- Multi-position hand grips for ultimate wrist comfort
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 55"L x 55"W x 57"H, 400 lbs.



S2CP CHEST PRESS

- Comfortable multi-position hand grips isolate chest and triceps muscles
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 44"L x 55 "W x 69"H, 450 lbs.



S2ABB AB & BACK

- Six position cam for full range of-motion
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 59"L x 49"W x 57"H, 351 lbs.



S2AC ARM CURL

- Multi-grip revolving handle bar
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 41"L x 51"W x 57"H, 380 lbs.



S2PEC PEC FLY & REAR DELT

- Five adjustable starting positions for each arm and seat
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 58"L x 59"W x 72"H, 422 lbs.

PRO CLUBLINE PRO•DUAL

Developed specifically to address the needs of facilities with limited space options such as hotels, fire stations, office buildings and residential complexes. Ideal for smaller workout environments, the Pro•Dual line includes 10 function-specific dual machines that can stand alone or be combined in a three-stack or four-stack multi-function gym. The modular flexibility of our Pro•Dual line allows facilities to create a customized series of workout stations, even in small spaces.



DABB-SF AB & BACK

- Adjustable seat and leg hold downs
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 48"L x 48"W x 62"H, 476 lbs.



DBTC-SF BICEPS & TRICEPS

- 14 combined adjustments between the bicep and triceps exercises
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 53"L x 40"W x 62"H, 503 lbs.



DCLP-SF LEG & CALF PRESS

- Operates on a 2:1 weight ratio
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 37"L x 82"W x 77"H, 549 lbs.

* Floor Mat not included



DIOT-SF INNER & OUTER THIGH

- Pop-pin leg adjustments provide users a greater range of motion
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 76"L x 36"W x 62"H, 475 lbs.



DLAT-SF LAT PULLDOWN & MID ROW

- No-cable-change design allows user to switch between exercises quickly
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 77"L x 47"W x 83"H, 529 lbs.



DLEC-SF LEG EXTENSION & CURL

- Seven adjustments for both leg curls and extensions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 46"L x 66"W x 62"H, 506 lbs.



DPCC-SF CABLE COLUMN

- 18 pulley adjustments
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 43"L x 34"W x 83"H, 443 lbs.

* Floor Mat not included



DPEC-SF
PEC & REAR DELT

- Independent arms with 5 adjustable starting positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 54"L x 38"W x 69"H, 502 lbs.



DPLS-SF
VERTICAL PRESS & LAT

- Adjustable press arm for full range of motion
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 67"L x 47"W x 83"H, 543 lbs.



DPRS-SF
MULTI-PRESS

- Five press arm starting positions from flat press to shoulder press
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 56"L x 85"W x 62"H, 558 lbs.



HP10
PREMIUM WEIGHT PLATES

- Premium red powder coat finish
- Compatible with all existing Body-Solid cast iron weight stack equipment

* Floor Mat not included

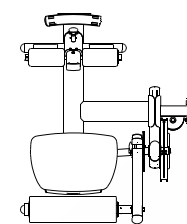


This particular Pro Dual DGYM is shown with:

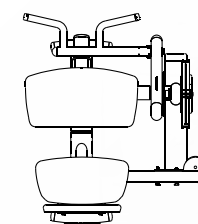
- AVAILABLE UPGRADES:
- HP200: 200 lb. red weight stack
- WSP200: 200 lb. premium black weight stack
- SP300: 300 lb. weight stack

- DGYM** **BASE STATION**
- DPLS-S** **VERTICAL PRESS / LAT**
- DPCC-S** **CABLE COLUMN**
- DLEC-S** **LEG EXTENSION / LEG CURL**
- DPEC-S** **PEC DEC / REAR DELT**

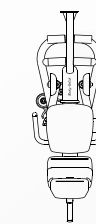
Pro Dual Machines can also be added in combination with the DGYM
Mix and match any 3 or 4 stations to customize your Pro•Dual DGYM



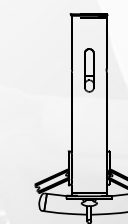
DABB-S
AB / BACK



DBTC-S
BICEPS / TRICEPS



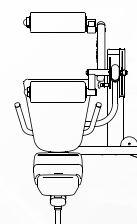
DIOT-S
INNER / OUTER THIGH



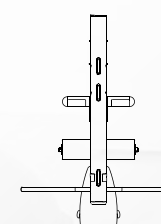
DPCC-S
CABLE COLUMN



DPEC-S
PEC / REAR DELT



DLEC-S
LEG EXTENSION / CURL



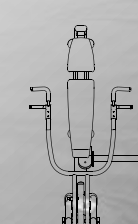
DLAT-S
LAT / LOW ROW



DCLP-S
LEG / CALF PRESS



DPLS-S
VERTICAL PRESS / LAT



DPRS-S
MULTI-PRESS

PRO CLUBLINE CLASSIC

The Body-Solid Pro ClubLine Classic product line is built to address the specific needs of facilities that require durable machines at affordable prices. Straight-forward, traditional designs and easy adjustments provide a safe and familiar workout environment for users of all experience levels.



SCC1200G CABLE CROSSOVER

- Standard weight stacks 160 lbs. with optional 235 lbs. available
- Shown with optional lat/chin attachment (GCA2)
- 35"L x 158"W x 91"H, 671 lbs.



SDC2000G DUAL CABLE COLUMN

- Standard weight stacks 160 lbs. with optional 235 lbs. available
- 44"L x 46"W x 91"H, 674 lbs.



SLM300G LAT MID ROW

- Includes revolving steel 48" lat bar and steel triangle row bar
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 64"L x 46"W x 83"H, 444 lbs.



SLC400G LEG CURL

- Variable cam provides consistent resistance throughout movement
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 39"L x 66"W x 62"H, 438 lbs.



SLE200G LEG EXTENSION

- Variable cam provides consistent resistance throughout movement
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 40"L x 48"W x 72"H, 436 lbs.



SLP500G LEG PRESS

- Four pivot linkage bars self align leg press plate through entire range of motion
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 40"L x 80"W x 72"H, 555 lbs.



HP10 PREMIUM WEIGHT PLATES

- Premium red powder coat finish
- Compatible with all existing Body-Solid cast iron weight stack equipment

PRO CLUBLINE LEVERAGE

Body-Solid's Pro ClubLine Leverage series is built for users that want the feeling of freeweight workouts in a safe, controlled environment. Designed to mimic popular weight lifting movements, Body-Solid's Pro ClubLine Leverage equipment is ideal for group training facilities, athletic training facilities and more.



LVLA LEVERAGE LAT PULLDOWN

- 360° articulating hand grips for free-floating downward pulling motion
- 76"L x 49"W x 84"H, 183 lbs.



LVLC LEVERAGE LEG CURL

- V-bench design provides total hamstring isolation
- 74"L x 46"W x 26"H, 165 lbs



LVLE LEVERAGE LEG EXTENSION

- Adjustable foot roller to accommodate various leg lengths and start positions
- 68"L x 47"W x 40"H, 157 lbs.



LVLP LEVERAGE LEG PRESS

- Dual self-aligning linear bearing seat carriage easily adjusts for various foot positions
- 87"L x 61"W x 56"H, 513 lbs.



LVSR LEVERAGE SEATED ROW

- 360° articulating hand grips provide definition and natural range of motion
- 65"L x 35"W x 44"H, 158 lbs.



LVSP LEVERAGE SHOULDER PRESS

- Independent, unilateral arm action for balanced upper body development
- 49"L x 53"W x 52"H, 171 lbs.



LVBP LEVERAGE BENCH PRESS

- Converging press arm movement provides advanced biomechanics
- 69"L x 53"W x 30"H, 169 lbs.



LVIP LEVERAGE INCLINE BENCH

- Independent, unilateral arm action for balanced muscle and upper body development
- 71"L x 53"W x 41"H, 167 lbs.



SLS500 LEVERAGE SQUAT

- Biomechanically-correct squat platform targets glutes and quads
- 74"L x 61"W x 67"H, 397 lbs.

* Weights not included

PRO CLUBLINE RACKS & CAGES

Body-Solid Pro ClubLine Racks & Cages are built for facilities with strong freeweight training clientele. Body-Solid Pro ClubLine Racks, Cages and Benches are built tough using the finest materials to assure years of maintenance-free usage from powerlifters and iron warriors.



SMR1000 MULTI SQUAT RACK

- Walk-through spotter access
- Integrated plate storage
- 80"L x 71"W x 89"H, 343 lbs.



SCB1000 COUNTER-BALANCED SMITH MACHINE

- 10 lb. counterbalanced bar
- Integrated plate storage
- 50"L x 86"W x 84"H, 543 lbs.



SDIB370 BENCH RACK COMBO

- 14 position 1/4" solid steel gunracks
- Integrated plate storage
- 78"L x 65"W x 74"H, 215 lbs.

* Weights not included



SDB351G DECLINE BENCH

- 1/4" thick solid steel gunrack lift-offs
- 75"L x 50"W x 50"H, 123 lbs.



SFB349G FLAT BENCH

- 1/4" thick solid steel gunrack lift-offs
- 68"L x 50"W x 48"H, 111 lbs.



SIB359G INCLINE BENCH

- 1/4" thick solid steel gunrack lift-offs
- 61"L x 50"W x 62"H, 123 lbs.



SPB368G SHOULDER PRESS BENCH

- 1/4" thick solid steel gunrack lift-offs
- 42"L x 50"W x 72"H, 121 lbs.



SPR1000 POWER RACK

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPR1000SS
- 81"L x 53"W x 90"H, 350 lbs.



SPR1000BACK EXTENDED POWER RACK

- Rear Extension includes 6 x SR-WPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPR1000SSBACK
- 93"L x 81"W x 90"H, 494 lbs.

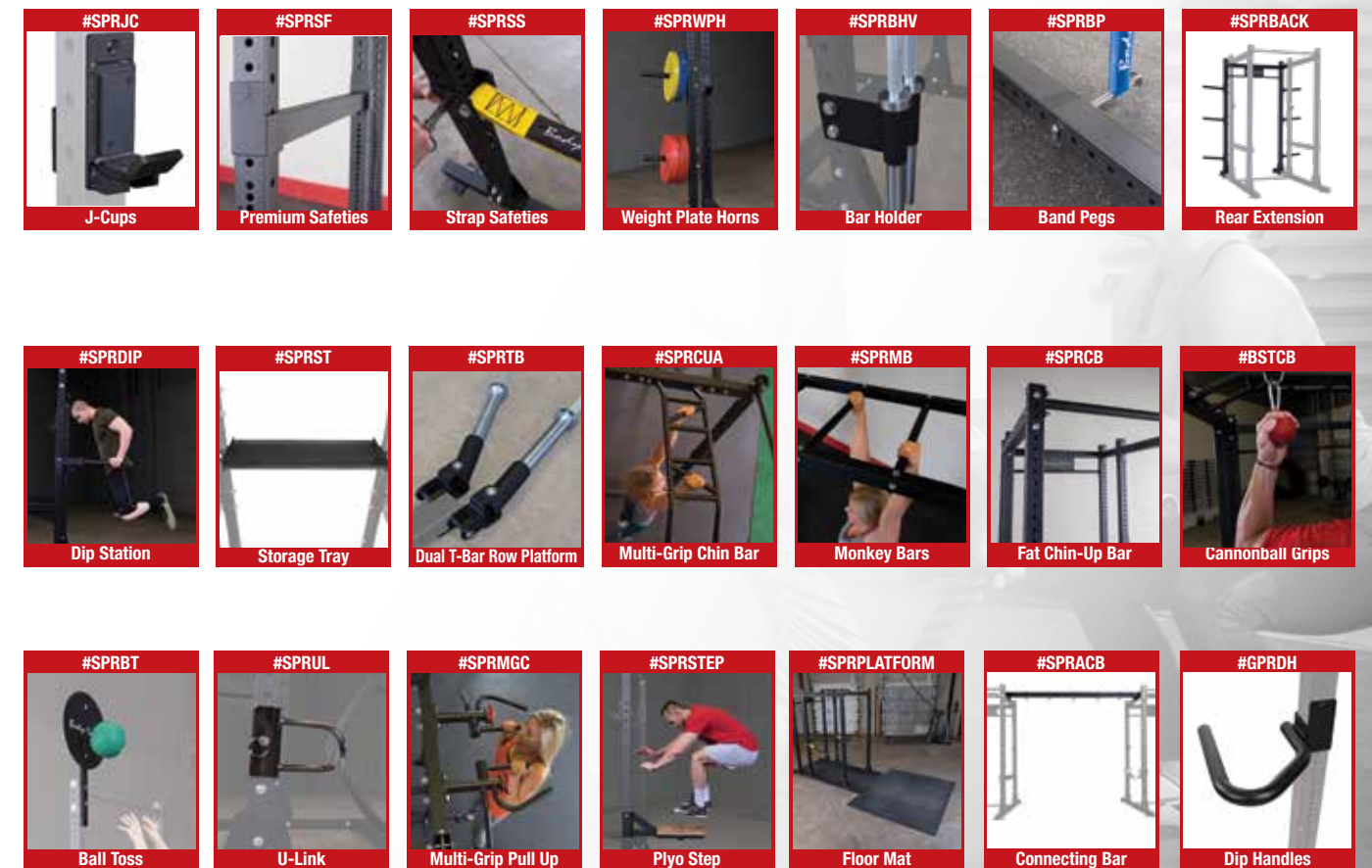


SPR1000DBBACK DOUBLE EXTENDED POWER RACK

- Includes 2 x SPR1000BACK Extended Power Racks
- Includes SPRMB Monkey Bar Connector
- Available as SPR1000DB, Double Rack no Rear Extensions
- Packages Available with Strap Safeties, SPR1000SSDB, SPR1000SSDBBACK
- 93"L x 225"W x 94"H, 1066 lbs.



SPR1000 OPTIONAL ATTACHMENTS





SPR500 HALF RACK

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50" L x 53" W x 89" H, 208 lbs.



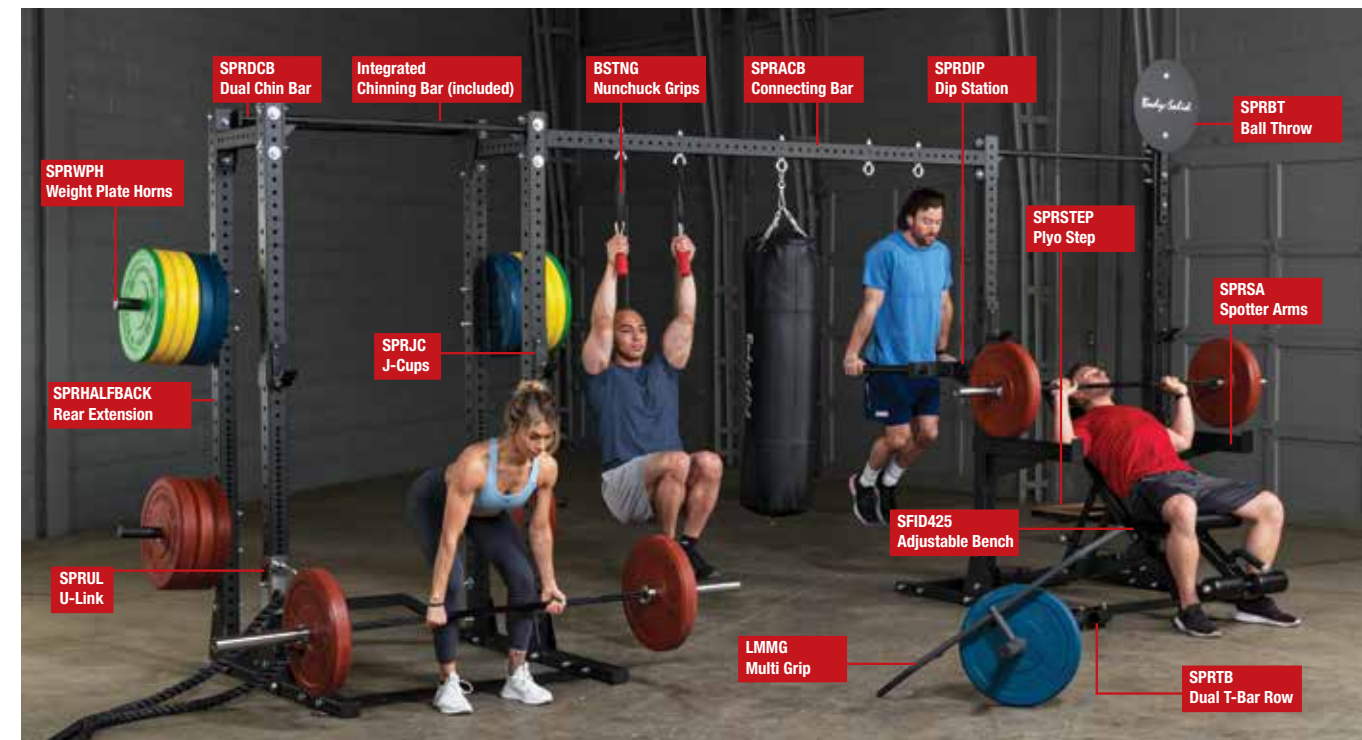
SPR500BACK EXTENDED HALF RACK

- Rear Extension includes 4 x SR-WPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50" L x 81" W x 89" H, 339 lbs.

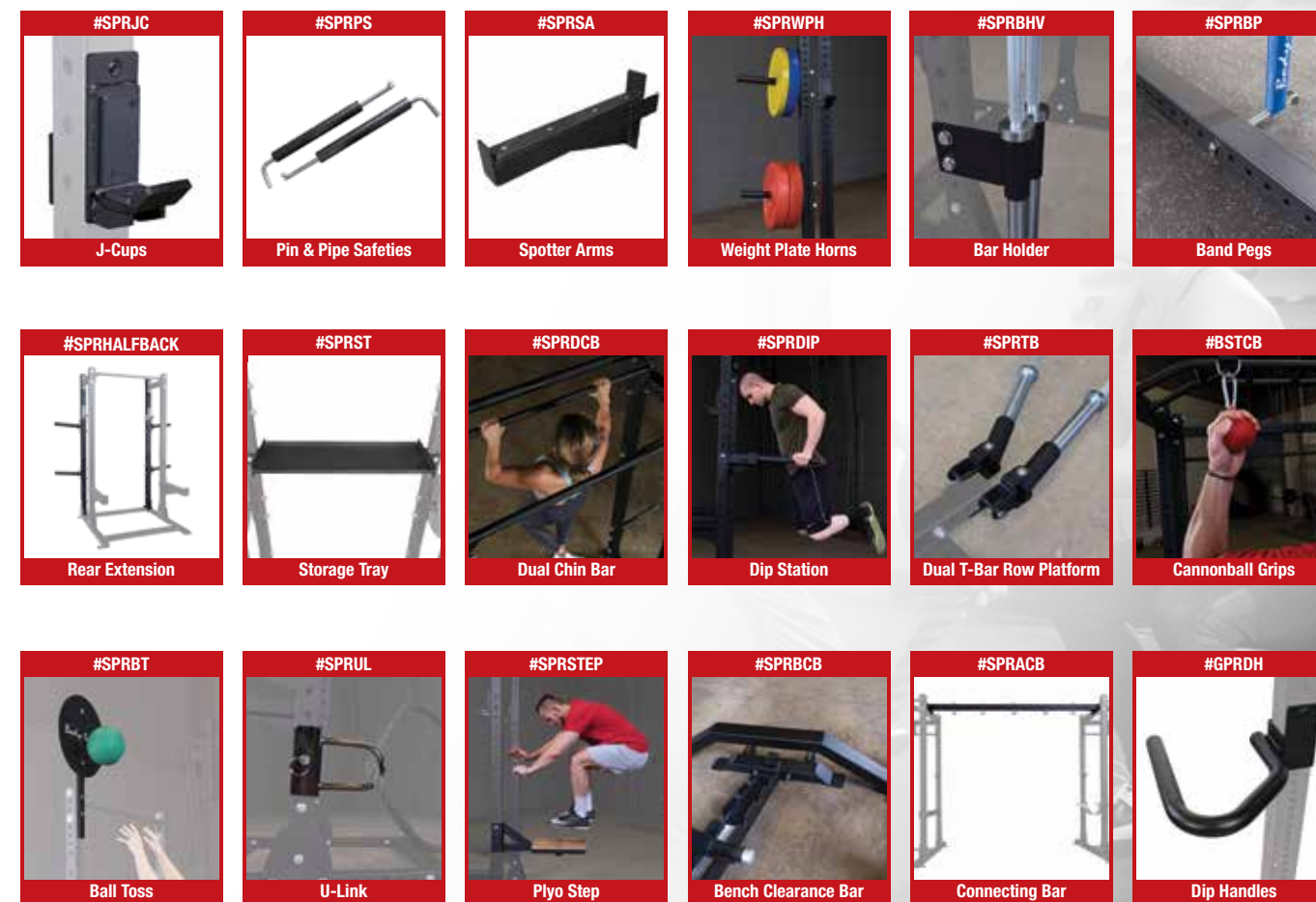


SPR250 SQUAT STAND

- Includes 2 x SPRJC J-cup lift offs
- Optional SPRSA Safety Spotter Arms
- 1" Hole Spacing for Spotters
- Upright width can be customized to fit 5', 6' or 7' Olympic Bars
- 51" L x 59" W x 73" H, 141 lbs.



SPR500 OPTIONAL ATTACHMENTS



PRO CLUBLINE STRENGTH

Body-Solid Pro ClubLine Strength equipment is top-of-the-line premium equipment designed for heavy-use facilities. Each Pro ClubLine Strength equipment carries a full commercial rating and offers state-of-the-art features and construction.



SFB125 FLAT BENCH

- Extra thick pad
- 63"L x 25"W x 17"H, 58 lbs.



SFID325 ADJUSTABLE BENCH

- Adjusts from flat to several incline positions (15, 30, 45, 60 and 80°)
- 58"L x 25"W x 18"H, 75 lbs.



SFID425 FLAT / INCLINE / DECLINE BENCH

- Adjusts from decline (-20°s) to flat and several incline positions (15, 30, 45, 60 and 80°)
- 66"L x 25"W x 18"H, 90 lbs.



SAB500 AB BENCH

- Adjustable to: 0°, 5°, 10°, 15°, 20°, 25° and 30°
- 70"L x 27"W x 49"H, 125 lbs.



SGH500 GLUTE & HAM MACHINE

- Oversized pads for comfort
- 77"L x 33"W x 50"H, 136 lbs.

* Floor Mat not included



STBR500 T-BAR ROW MACHINE

- Oversized Diamond-plated footplate
- 78" L x 43" W x 18" H, 163 lbs.



SVKR1000 VERTICAL KNEE RAISE & DIP

- Multiple close and wide grips for pull-ups and chin-ups
- 62"L x 47"W x 103"H, 373 lbs.

BODY-SOLID PRO SELECT

Body-Solid's Pro-Select product line consists of seven multi-function selectorized stations, perfect for light commercial, training studio and home workout applications. Body-Solid Pro-Select selectorized machines offer great function with a high degree of safety and are one of the industry's most affordable commercial fitness equipment lines.



GCAB-STK AB & BACK

- 27 foam roller adjustments ensure proper starting positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 55"L x 50"W x 71"H, 399 lbs.



GCBT-STK BICEPS & TRICEPS

- Multi-grip handle allows overhand and underhand grip positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 52"L x 36"W x 71"H, 395 lbs.



GCEC-STK LEG EXTENSION & CURL

- 7 position adjustments on back pad and leg hold down
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 54"L x 54"W x 71"H, 412 lbs.



GIOT-STK INNER / OUTER THIGH

- Combines both abductor and adductor exercises in one seated position
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 63"L x 65"W x 71"H, 411 lbs.



GMFP-STK MULTI-PRESS

- Rotating pulleys provide smooth resistance through multiple planes of movement
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 76"L x 50"W x 71"H, 330 lbs.



GLP-STK LEG & CALF PRESS

- Double beam design eliminates ankle stress and provides consistent resistance
- 2:1 weight ratio
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 65"L x 64"W x 71"H, 441 lbs.



FCD-STK WEIGHT ASSISTED CHIN /DIP

- Perform chin-ups, pull-ups and dips more easily by using weight as assistance
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 63"L x 58"W x 83"H, 468 lbs.

BODY-SOLID RACKS & CAGES

Body-Solid Power Racks and Cages have a proven track record with years of reliability and innovation. User-friendly features on each Body-Solid Power Rack and Cage along with optional attachments, accessories and customizations allows users and facilities to tailor racks and cages to their exact needs.



GPR400 PRO POWER RACK

- 1" hole spacing for safeties
- Includes premium j-cup liftoffs and pin-n-pipe safeties
- 53"L x 52"W x 79"H, 273 lbs.

OPTIONS:

- SPRJJC J-Cup Liftoffs
- GLA400 Lat Attachment (shown)
- SP150 150 lb. Weight Stack (shown)
- GPRDH Dip Handles (shown)
- GPRTBR T-Bar Row attachment (shown)
- GPRUL U-Link (shown)
- GPRWH Weight Horns (shown)
- SPRCUA Multi-Chin Attachment
- SCB26 Calf Block



GPR378 POWER RACK

- 3" hole spacing
- 3" x 3", 11-gauge steel frame
- 50"L x 46"W x 80"H, 229 lbs.

OPTIONS:

- GLA378 Lat Attachment (shown)
- SP200 200 lb. Weight Stack (shown)
- DR378 Dip Station
- LO378 Bar Lift Offs
- SCB26 Calf Block



GPR370 MULTI-PRESS RACK

- 14 position 1/4" solid steel gunracks
- 7° reverse pitch for biomechanically correct lifting paths
- 45"L x 64"W x 74"H, 140 lbs.



GS348Q SERIES 7 SMITH MACHINE

- Large diameter, 25 lb. Smith Bar
- For smith and freeweight barbell exercises
- 56"L x 69"W x 83"H, 276 lbs.

OPTIONS:

- GLA348QS 210 lb. Lat Attachment
- GPA3 Pec Attachment
- GFID71 Flat / Incline / Decline Bench
- GLDA3 Leg Developer Attachment
- GPCA1 Preacher Curl Attachment
- GPU348 Pull-Up Bar Attachment (shown)
- SCB26 Calf Block

**Shown with optional GPU348 Pull-Up Bar*



GS348QP4 SERIES 7 SMITH PACKAGE

- Complete Smith Gym System
- 98"L x 69"W x 83"H, 724 lbs.

INCLUDES:

- GS348Q Smith Machine
- GLA348QS 210 lb. Lat Attachment
- GPA3 Pec Attachment
- GFID71 Flat / Incline / Decline Bench
- GLDA3 Leg Developer Attachment
- GPCA1 Preacher Curl Attachment

BODY-SOLID STRENGTH

Body-Solid produces more benches and all-purpose strength equipment than any other manufacturer. Our wide array of products are designed to be versatile enough to cover the entire body while also maximizing results.



GFID100 FLAT / INCLINE / DECLINE BENCH

- Independent back (ladder style) and seat pad (pull pin) adjustments
- Optional attachments: GLDA3 Leg Developer and GPCA1 Preacher Curl
- 66"L x 28"W x 19"H, 53 lbs.



GFID225 FOLDING MULTI-BENCH

- Folds flat for easy storage
- Ships fully assembled
- 57"L x 18"W x 10"H - Folded
- 60"L x 18"W x 19"H - In-Use
- 53 lbs.



GFI21 FLAT / INCLINE BENCH

- Independent back (glide and lock pull pin) and seat pad (pull pin) adjustments
- Transport wheels for easy movement
- 52"L x 21"W x 17"H, 57 lbs.



FID46 FLAT / INCLINE / DECLINE BENCH

- Synchronized seat and back pad
- Includes leg developer
- 72"L x 28" W x 31"H, 93 lbs.



GFB350 FLAT BENCH

- Transport wheels for easy movement
- 49"L x 23"W x 19"H, 42 lbs.



GFID71 FLAT / INCLINE / DECLINE BENCH

- Independent back (ladder style) and seat pad (pull pin) adjustments
- 2" x 3" 11-gauge steel frame
- Optional attachments: GLDA3 Leg Developer, GPCA1 Preacher Curl, and GLRA81 Lat Row
- 68"L x 28"W x 19"H, 100 lbs.



GFID31 FLAT / INCLINE / DECLINE BENCH

- Independent back (ladder style) and seat pad (pull pin) adjustments
- Oversized seat adjustment for bent-knee ab crunch position
- Optional attachments: GLDA1 Leg Developer and GPCA1 Preacher Curl
- 59"L x 27"W x 22"H, 57 lbs.



GDIB46L **POWERCENTER COMBO BENCH**

- Includes Leg Developer
- Flat / Incline / Decline
- 77"L x 46"W x 43"H, 110 lbs.



GAB100 **HORIZONTAL AB CRUNCH MACHINE**

- Work upper and lower abs in one synchronized movement
- Weight posts for increased resistance or assistance
- 61"L x 33"W x 36"H, 72 lbs.



GST20 **UTILITY BENCH**

- Wide rear legs prevent rocking
- Height to seat pad: 18"
- 28"L x 28"W x 46"H, 30 lbs.



GAB300 **SEMI-RECUMBENT AB BENCH**

- Intense isolation of the abdominal region
- Lower abdominal counter-balance and resistance with lock-out feature
- 69"L x 34"W x 52"H, 100 lbs.



GRCH322 **ROMAN CHAIR**

- Works glutes, hamstrings, calves, abs, obliques and back
- Extra-wide base eliminates rocking
- 51"L x 27"W x 43"H, 70 lbs.



GAB60 **PRO-STYLE AB BOARD**

- 12 adjustment levels from 0° to 45°
- Transport wheels for easy mobility
- 66"L x 24"W x 52"H, 39 lbs.



GHYP345 **45° BACK HYPEREXTENSION**

- Increase flexibility and relieve back pain
- Oversized foot plate provides easy access
- 53"L x 29"W x 36"H, 68 lbs.



GCAB360 **CAM SERIES AB & BACK**

- Isolated ab and back movements
- Easy-to-use pop-pin adjustments
- 59"L x 45"W x 43"H, 75 lbs.



GDIP59 **DIP STATION**

- Large diameter grips
- Dip handles taper from 21" to 19" width
- 40"L x 27"W x 53"H, 44 lbs.



GVKR60 **VERTICAL KNEE RAISE & DIP**

- Safe, no-slip step-up entry
- 37"L x 27"W x 60"H, 61 lbs.



GVKR82 **VERTICAL KNEE RAISE / DIP / PUSH-UP / CHIN-UP**

- Lat pull-up/chin-up station features easy step-up entry
- 58"L x 50"W x 82"H, 112 lbs.



FCD **VERTICAL KNEE RAISE / DIP / CHIN-UP**

- Lat pull-up (wide grip)/chin-up (close grip) station features easy step-up entry
- Dip station features oversized grips for ultimate comfort
- 63"L x 42"W x 83"H, 136 lbs.



GPM65 **PEC DEC**

- Articulating handles for unilateral and bilateral chest development
- 69"L x 39"W x 66"H, 91 lbs.



GSRM40 **SEATED ROW MACHINE**

- Multi-position adjustable handles
- 56"L x 43"W x 39"H, 81 lbs.



GPCB329 **PREACHER CURL BENCH**

- Isolate biceps with classic preacher curl movement
- Extra-wide base and bar cradle
- 34"L x 35"W x 38"H, 74 lbs.



GCBT380 **CAM SERIES BICEPS & TRICEPS**

- V-Bar handle to better isolate targeted muscles
- Arm pad positioned at 30° angle
- Shown with optional OA8 Olympic Adapter Sleeve
- 41"L x 45"W x 40"H, 79 lbs.



GLPH1100 **LEG PRESS & HACK SQUAT**

- Quad track roller system operates smoothly and distributes weight evenly
- Flip-and-lock back pad mechanism
- 83"L x 34"W x 56"H, 340 lbs.



GSCL360 **LEVERAGE SQUAT & CALF**

- Innovative rounded calf raise block provides a deep pre-stretch for maximum development
- Diamond plate foot platform is set to perfect 20° pitch for optimal develop of quads and glutes
- 62"L x 47"W x 56"H, 170 lbs.



GCEC340 **CAM SERIES LEG EXT. & CURL**

- Leg extension & leg curl performed from one comfortable seated position
- Adjustable lifting arm can be positioned for both hamstring and quad isolation
- 56"L x 44"W x 37"H, 72 lbs.



GSS50 **SISSY SQUAT**

- Train abs, legs and core
- 44"L x 24"W x 19"H, 47 lbs.



GLCE365 **LEG EXTENSION & CURL**

- Perform leg extensions and lying supine leg curls
- Synchronized pads provide back support for leg extension exercise
- 55"L x 27"W x 48"H, 92 lbs.



GWS100 **WEIGHT SLED**

- Multiple handles make pushing and pulling easy and effective
- Removable posts allow workout customization
- 50"L x 31"W x 40"H, 68 lbs.



GSCR349 **SEATED CALF RAISE**

- Isolate calves for intense calf raise workout
- Operates on a 3:1 weight ratio
- 47"L x 23"W x 39"H, 93 lbs.



GBR10 **BALL REBOUNDER**

- Adjustable 30 to 60° angle
- 55"L x 48"W x 38"H, 44 lbs.



GINV50
INVERSION TABLE

- Stable extra heavy gauge steel frame
- Proprietary ankle adjustment
- 72"L x 28"W x 79"H, 53 lbs.



GLM83
LAT MACHINE

- No-cable-change design
- Includes Lat Bar and Straight Bar
- 60"L x 32"W x 82"H, 101 lbs.



GLGS100
CORNER LEVERAGE GYM

- Features Lat Pulldown, Press / Squat, Low Pulley stations.
- 69"L x 67"W x 82"H, 191 lbs.

OPTIONS:
GFID100 Flat / Incline / Decline Bench



SBL460
LEVERAGE GYM

- Total body freeweight gym
- 107"L x 74"W x 83"H, 415 lbs.

OPTIONS:
LSA50 Leverage Squat Attachment
FID46 FID Bench



GLGS100P4
CORNER LEVERAGE PACKAGE

- Total body freeweight gym
- Features Lat Pulldown, Press / Squat, Low Pulley stations.
- 95"L x 67"W x 83"H, 244 lbs.

INCLUDES:
GLGS100 Corner Leverage Gym
GFID100 Flat / Incline / Decline Bench



SBL460P4
LEVERAGE GYM PACKAGE

- Total body freeweight gym
- Three people can work out together safely
- 149"L x 100"W x 83"H, 630 lbs.

INCLUDES:
SBL460 Leverage Gym
LSA50 Leverage Squat Attachment
FID46 FID Bench



BODY-SOLID FUNCTIONAL

Body-Solid functional training equipment provides unparalleled performance and value. We blend modern designs and a lifetime of knowledge to build equipment that can train multiple muscle groups, maximize sports-specific performance or fit comfortably into rehabilitation and physical therapy studios.

ALL BODY-SOLID FUNCTIONAL TRAINERS FEATURE:

- Two – 160lb weight stacks standard
- Optional – 210 lb. or 310 lb. weight stacks available
- Integrated chin-up / pull-up bar
- Pulleys swivel 180°
- 20 pulley adjustments per side
- 1/2:1 weight resistance ratio



GDCC210 COMPACT FUNCTIONAL TRAINING CENTER

- Includes two nylon cable handles and exercise chart
- 43"L x 58"W x 84"H, 493 lbs.



GDCC200 FUNCTIONAL TRAINING CENTER

- Includes two nylon cable handles and exercise chart
- 43"L x 73"W x 84"H, 514 lbs.



GDCC250 DELUXE CABLE CROSSOVER

- Includes two nylon cable handles and exercise chart
- 164"L x 29"W x 84"H, 560 lbs.

FUNCTIONAL TRAINING OPTIONS:



SP50 50 LB. STACK UPGRADE



GDCCrack ACCESSORY RACK

- GDCC210 & GDCC200



GDCCBar DUAL PRESS BAR



MB100A ALUMINUM DOUBLE SWIVEL BAR

BODY-SOLID GYM SYSTEMS

Body-Solid gyms are designed to maximize performance and last a lifetime. Each Body-Solid gym features state-of-the-art designs and user-friendly features at an affordable price. Our industry-leading selection range from space-saving gyms to robust multi-user gyms and everything in-between.



G5S SINGLE STACK GYM

- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 260 lb. available
- 81"L x 55"W x 84"H, 511 lbs.



G6BR BI-ANGULAR SINGLE STACK GYM

- Bi-Angular Chest Press, Incline Press, Shoulder Press Station
- High, Mid and Low Pulley Stations
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 260 lb. available
- 84"L x 58"W x 84"H, 547 lbs.



G9S TWO STACK GYM

- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Leg Press Station w 2:1 ratio
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- Two 210 lb. standard weight stack, optional 260 lb. available
- 90"L x 73"W x 84"H, 964 lbs.



G10B BI-ANGULAR TWO STACK GYM

- Bi-Angular Chest Press, Incline Press, Shoulder Press Station
- High, Mid and Low Pulley Stations
- Pec Fly, Rear Delt Station
- Dedicated Leg Extension and Seated Leg Curl Station
- Two 210 lb. standard weight stack, optional 260 lb. available
- 72"L x 98"W x 84"H, 929 lbs.

G-SERIES GYM OPTIONS

Personalize your workout with the following optional attachments.



SP50
50 lb. Weight Stack upgrade
G5S, G6BR, G9S, G10B



GIOT
Inner/Outer Thigh
G5S, G6BR, G9S, G10B



GKR
Vertical Knee Raise
G9S



GLP
Leg Press/Calf Press
G5S, G6BR, G10B



GAP
Aluminum Pulley
G5S, G6BR, G9S, G10B



F600
FUSION 600 SINGLE STACK GYM

- Bi-Angular Chest Press, Incline Press, Shoulder Press Station
- Row Station
- High Pulley Station
- Adjustable Functional Pulley Station
- Leg Extension and Seated Curl Station
- 210 lb. standard weight stack, optional 310 lb. available
- 74"L x 51"W x 83"H, 573 lbs.



F500
FUSION 500 SINGLE STACK GYM

- Chest Press, Incline Press, Shoulder Press, Row Station
- High Pulley Station
- Adjustable Functional Pulley Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 310 lb. available
- 76"L x 48"W x 83"H, 526 lbs.



EXM3000LPS
TWO STACK GYM

- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Leg Press Station w 2:1 ratio
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- (2) 210 lb. weight stacks included
- 90"L x 82"W x 83"H, 947 lbs.



EXM4000
3-STACK MULTI STATION GYM

- Chest Press Station
- Pec Fly, Rear Delt Station
- Shoulder Press Station
- High Pulley Station x 2
- Mid and Low Pulley Stations
- Leg Extension and Curl Station
- Optional Leg Press Attachment (LP40S with 4th weight stack)
- (3) 210 lb. weight stacks included
- 130"L x 93"W x 83"H, 1335 lbs.

FUSION GYM OPTIONS

Personalize your gym with the following optional attachments



FCDWA
Weight Assisted Dip/Pull-Up
F500, F600



FLP
Leg Press
F500, F600



FMH
Multi-Hip Station
F500, F600



FPU
Pull-Up Bar
F500, F600



FKR
Vertical Knee Raise
F500, F600

Photos not available:
Pulley Area Shroud Metal (FSHDM)
F500, F600

Pulley Area Shroud Plastic (FSHDP)
F500, F600

EXM SERIES GYM OPTIONS

Personalize your workout with the following optional attachments.



VKR30
Knee Raise/Dip Station
EXM3000LPS



LP40S
Leg Press/Calf Press
EXM4000S

FITS ALL BODY-SOLID



HP10
Premium Weight Stacks



WSA
Weight Stack Adapters
2.5 lb & 5 lb

BODY-SOLID TOOLS

The Body-Solid Tools line of accessories is designed with all users in mind. From medicine balls and slam balls to plyo boxes, pull-up bars and training ropes, Body-Solid Tools accessories cover every facet of fitness and provide gyms and facilities with everything they need for a complete user experience.



BSTSB(SIZE) STABILITY BALLS

- Durable, latex-free, anti-burst construction
- Available in 45, 55, 65, and 75 cm diameter



BSTTT(WEIGHT) TIRE TREAD SLAM BALLS

- Thick durable rubber shell
- Non bouncing, non rolling design
- Aggressive tire tread surface for superior grip
- Available in 10, 15, and 20 lb.



BSTHB(WEIGHT) SLAM BALLS

- Thick durable rubber shell
- Non bouncing, non rolling design
- Textured surface for superior grip
- Available in 10, 15, 20, 25, and 30 lb.



BSTSMB(WEIGHT) SOFT MEDICINE BALLS

- Easy to catch, impact-absorbing design
- Each medicine ball features a 14" diameter
- Available in 6, 8, 10, 12, 14, 16, 18, 20, 25, and 30 lb.



BSTDMB(WEIGHT) DUAL GRIP MEDICINE BALLS

- Durable rubber, easy-grip handles
- Available in 6, 8, 10, 12, 14, 16, 18, and 20 lb.



BSTMBP(WEIGHT) PREMIUM MEDICINE BALLS

- Textured grip for superior handling
- Durable rubber construction
- Large, easy-to-identify weight identifiers and color-coding
- Available in 2, 4, 6, 8, 10, 12, 14, 16, 20, 25, and 30 lb.



BSTFB(WEIGHT) FITNESS BARS

- Durable and comfortable grip
- Weight designations permanently stamped into color-coordinated rubber end caps
- Available in 4, 6, 9, 12, 15, 18, 24, 30, and 36 lb.



GFR500 FITNESS BAR RACK

- 24"L x 29"W x 43"H
- Holds up to 30 bars



GCRPACK CARDIO BAR PACK

- 35"L x 36"W x 50"H, 505 lbs.

PACK INCLUDES:

1 GCR100	RACK
10 RBCW	55" STRAIGHT BARS
20 RCCW	SPRING COLLARS
20 RPCW2-5	2.5 LB. PLATES
20 RPCW5	5 LB. PLATES
20 RPCW10	10 LB. PLATES

BSTB(WEIGHT) LIFTING BANDS

BSTB1	ORANGE	VERY LIGHT
BSTB2	GREEN	LIGHT
BSTB3	RED	MEDIUM
BSTB4	BLUE	HEAVY
BSTB5	PURPLE	VERY HEAVY

BSTBM(WEIGHT) MINI RESISTANCE BANDS

BSTBM1	YELLOW	VERY LIGHT
BSTBM2	GREEN	LIGHT
BSTBM3	RED	MEDIUM
BSTBM4	BLUE	HEAVY
BSTBM5	BLACK	VERY HEAVY

BSTRT(WEIGHT) RESISTANCE TUBES

BSTRT1	YELLOW	VERY LIGHT
BSTRT2	GREEN	LIGHT
BSTRT3	RED	MEDIUM
BSTRT4	BLUE	HEAVY
BSTRT5	BLACK	VERY HEAVY

BSTRTDA RESISTANCE TUBE DOOR ATTACHMENT

- Anchor resistance tubes in door frame
- 8.5" L x 1.5" W

BSTART(WEIGHT) ANKLE RESISTANCE TUBES

BSTART1	YELLOW	VERY LIGHT
BSTART2	GREEN	LIGHT
BSTART3	RED	MEDIUM
BSTART4	BLUE	HEAVY
BSTART5	BLACK	VERY HEAVY



BSTPB(HEIGHT) STACKABLE METAL PLYO BOXES

BSTPB6	H 6"	BSTPB30	H 30"
BSTPB12	H 12"	BSTPB36	H 36"
BSTPB18	H 18"	BSTPB42	H 42"
BSTPB24	H 24"		

BSTSPBOX + BSTWPBOX 3-IN-1 PLYO BOXES

BSTSPBOX - SOFT PLYO BOX
20" x 24" x 30"

BSTWPBOX - WOODEN PLYO BOX
20" x 24" x 30"

BSTAW(WEIGHT) ADJUSTABLE ANKLE WEIGHTS

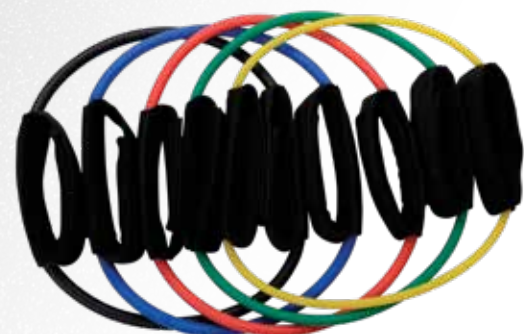
- Sold in pairs
- Adjustable in 1 lb. increments

BSTAW10	10 LB.
BSTAW20	20 LB.

BSTWVP(WEIGHT) WEIGHTED VESTS

- Dual velcro straps for secure fit
- Individual 1.25 lb. sandbags for easy adjustments

BSTWVP20	20 LB.
BSTWVP40	40 LB.



BSTFITBAG
BODY-SOLID TOOLS FIT BAG

- For travel and on the go workouts
- Includes: yoga mat, foam roller, 5 pack resistance tubes, travel bag
- Exercise chart included plus access to online video instruction

BSTFR
FOAM ROLLERS

BSTFR36F	36"L x 6"W x 6"H	FULL
BSTFR36H	36"L x 6"W x 3"H	HALF

BSTFRP
PREMIUM FOAM ROLLERS

BSTFRP36F	36"L x 6"W x 6"H	FULL
BSTFRP18F	18"L x 6"W x 6"H	SHORT

BSTYM
YOGA MATS

BSTYM3	72"L x 24"W x 3mm	BLUE
BSTYM5	72"L x 24"W x 5mm	RED
BSTYM10	72"L x 24"W x 6mm	GREEN

BSTYB10
PREMIUM FOAM YOGA BLOCK

- Lightweight, high-density and sturdy for long-lasting durability
- Beveled edges provide soft, stable grip
- 9"L x 4"W x 6"H, .5 lb.



BSTFM10
EXERCISE MAT

- Contoured bottom to minimize slippage
- Carrying strap & hand-hold
- 48"L x 20"W x .5"H, 2 lbs.



BSTFM20
HANGING FOAM EXERCISE MAT

- Reinforced eyelets to hang on wall or door
- Water-resistant, non-slip surface
- 71"L x 23"W x .5"H, 2 lbs.

BSTFMH
FOAM MAT HANGER

21"L x 7"W x 2"H, 1 lbs.



PUB34
CHIN-UP BAR

- Easily removes from door frame brackets when not in use
- Extends up and out from door frame increasing range of motion
- 37"L x 16"W x 7"H, 9 lbs.



PUB30
PULL-UP/PUSH-UP BAR

- No mounting hardware required
- 37"L x 16"W x 7"H, 4 lbs.



PUB2 • PUB5
PUSH-UP BARS

PUB2	7"L x 6"W x 8"H	CHROME
PUB5	7"L x 6"W x 9"H	BLACK



MB501
STIRRUP HANDLE



MB501RG
PRO-GRIP
STIRRUP HANDLE



MB502
SEATED ROW /
CHIN BAR



MB502RG
PRO-GRIP
SEATED ROW /
CHIN BAR



MB507RG
PRO-GRIP
V-BAR



MB503R
PRO-GRIP
MULTI BAR



NB59
ADJUSTABLE
NYLON HANDLE



NB59A
ALUMINUM
NYLON HANDLE



MB022
REVOLVING
STRAIGHT BAR



MB022RG
PRO-GRIP
REVOLVING
STRAIGHT BAR



MB504
TRICEP PRESS-
DOWN BAR



MB504RG
PRO-GRIP
TRICEP PRESS-
DOWN BAR



TR20
TRICEP ROPE



ACH18
AB CRUNCH
HARNESS



NTS10
TRICEP STRAP



NB51
NYLON WRIST
STRAPS



MB229
REVOLVING
CURL BAR



MB229RG
PRO-GRIP
REVOLVING
CURL BAR



MB148RG
PRO-GRIP
PRO-STYLE
LAT BAR



MB438RG
PRO-GRIP
MULTI-GRIP
LAT BAR



NB55
NYLON DIPPING
STRAP



MA330
LEATHER
DIPPING BELT



NB56
NYLON DIPPING
BELT



NAS3
NYLON ANKLE
STRAP



MB022A
ALUMINUM
REVOLVING
STRAIGHT BAR



MB229A
ALUMINUM
REVOLVING
CURL BAR



MB148A
ALUMINUM
LAT BAR



MB100A
ALUMINUM
DUAL-END
REVOLVING BAR



MA308V
LEATHER ANKLE
STRAP



MA307V
LEATHER HEAD
HARNESS



MA307N
NYLON HEAD
HARNESS



BSTGT
GRIP TRAINER



BSTCB
CANNONBALL
GRIPS



BSTNG
NUN-CHUCK
GRIPS



BSTDB
DOG BONE
GRIP



BSTBR
FITNESS TRAINING ROPES
BSTBR1530 1.5" DIA x 30' LONG
BSTBR1540 1.5" DIA x 40' LONG
BSTBR1550 1.5" DIA x 50' LONG
BSTBR2030 2.0" DIA x 30' LONG
BSTBR2040 2.0" DIA x 40' LONG
BSTBR2050 2.0" DIA x 50' LONG



AAB2
GUT BLASTER
AB SLINGS



STT45
WEIGHT PLATE
CLOCK



BSTAB1
AB WHEEL



PG2
PRO POWER
GRIPS



RF546
RUBBER FLOORING
• 72"L x 48"W x 1/2"H

RFHU463/4ECO
RUBBER FLOORING
• 72"L x 48"W x 3/4"H



BSTJR1
JUMP ROPE



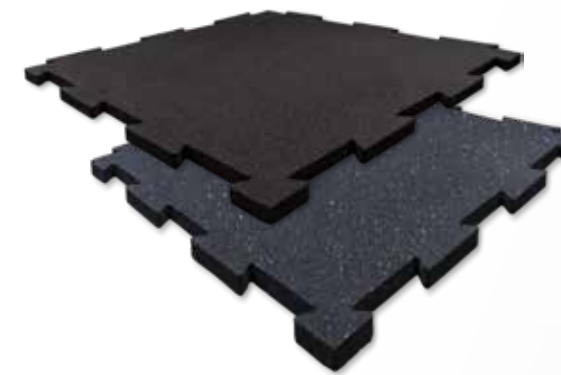
BSTSR1
CABLE SPEED
ROPE



BSTSR10
PREMIUM
SPEED ROPE



BSTRINGS
RINGS



RFBST4PB | RFBST4PS
INTERLOCKING RUBBER FLOORING
RFBST4PB (box of 4 pcs) - BLACK
• 19.75"L x 19.75"W x 7/16"H
RFBST4PS (box of 4 pcs) - GRAY SPECK
• 19.75"L x 19.75"W x 7/16"H



BB23
BICEPS BOMBER



GIB2R
INVERSION
BOOTS



RF36T | RF34B | RF38R
CARDIO MATS
• RF36T 78"L x 36"W x 1/8"H
• RF34B 48"L x 36"W x 1/8"H
• RF38R 102"L x 36"W x 1/8"H

WEIGHTS & BARS

Body-Solid offers one of the largest selections of free weights and bars in the industry. Each Body-Solid weight plate, Olympic bar, kettlebell and dumbbell is meticulously designed and constructed to perform its best every time.



OPB CAST IRON OLYMPIC PLATES

OPB2-5	2.5 lb.
OPB5	5 lb.
OPB10	10 lb.
OPB25	25 lb.
OPB35	35 lb.
OPB45	45 lb.
OPB100	100 lb.

SETS

OSB255	- (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
OSB355	- (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
OSB455	- (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
OSC300S	- (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OSC400S	- (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OSC500S	- (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars

SETS W/ BLACK BAR

OSB300S	- (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06 Spring Collars
OSB400S	- (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06 Spring Collars
OSB500S	- (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06 Spring Collars



OPT CAST IRON GRIP OLYMPIC PLATES

OPT2-5	2.5 lb.
OPT5	5 lb.
OPT10	10 lb.
OPT25	25 lb.
OPT35	35 lb.
OPT45	45 lb.

SETS

OST255	- (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
OST355	- (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
OST455	- (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
OST300S	- (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OST400S	- (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OST500S	- (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars



ORT RUBBER GRIP OLYMPIC PLATES

ORT2-5	2.5 lb.
ORT5	5 lb.
ORT10	10 lb.
ORT25	25 lb.
ORT35	35 lb.
ORT45	45 lb.
ORT100	100 lb.

SETS

ORST255	- (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
ORST355	- (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
ORST455	- (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
OSR300S	- (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OSR400S	- (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
OSR500S	- (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars



ORC COLOR RUBBER GRIP OLYMPIC PLATES

ORC2-5	2.5 lb.
ORC5	5 lb.
ORC10	10 lb.
ORC25	25 lb.
ORC35	35 lb.
ORC45	45 lb.

SETS

ORCT255	- (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
ORCT355	- (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
ORCT455	- (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
ORCT300S	- (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 Lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
ORCT400S	- (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb. (1) 44 Lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
ORCT500S	- (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 Lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars



OBPH PREMIUM BUMPER PLATES

OBPH10	10 lb.
OBPH15	15 lb.
OBPH25	25 lb.
OBPH35	35 lb.
OBPH45	45 lb.

- Made in the USA
- 2" Stainless steel center bushing protects the rubber material
- Rubber made from recycled rubber
- Dimensions- each plate is 17.7" round regardless of weight



OBPX CHICAGO EXTREME BUMPER PLATES

OBPX10	10 lb.
OBPX15	15 lb.
OBPX25	25 lb.
OBPX35	35 lb.
OBPX45	45 lb.

- Diameter 450mm (17.72"), IWF Standard
- Collar Opening 50.8mm (2")
- Smooth Black Finish
- 1 Year Commercial Warranty for 10 lb. and 15 lb.
- 3 Year Commercial Warranty for 25 lb., 35 lb. and 45 lb.



OBPXC CHICAGO EXTREME COLOR BUMPER PLATES

OBPXC10	10 lb.
OBPXC15	15 lb.
OBPXC25	25 lb.
OBPXC35	35 lb.
OBPXC45	45 lb.

- Diameter 450mm (17.72"), IWF Standard
- Collar Opening 50.8mm (2")
- Smooth Finish
- 1 Year Commercial Warranty for 10 lb. and 15 lb.
- 3 Year Commercial Warranty for 25 lb., 35 lb. and 45 lb.



RPB CAST IRON STANDARD PLATES

RPB1-5	1.5 lb.	RPB12-5	12.5 lb.
RPB2-5	2.5 lb.	RPB20	20 lb.
RPB5	5 lb.	RPB25	25 lb.
RPB7-5	7.5 lb.	RPB50	50 lb.
RPB10	10 lb.		



BSTVD(WEIGHT) & BSTND(WEIGHT) VINYL & NEOPRENE DUMBBELL

- Durable vinyl or neoprene finish
- Color-coded by weight
- Available in 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 12, and 15 lb.

SDX(WEIGHT) CAST IRON HEX DUMBBELLS

- Straight handles
- Available in 2, 3, 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, and 100 lb.

SDR(WEIGHT) RUBBER HEX DUMBBELLS

- Contoured, knurled, chrome handles
- Available in 3, 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, and 120 lb.

SDP(WEIGHT) PREMIUM ROUND RUBBER DUMBBELLS

- Straight, knurled, chrome handles
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, and 100 lb.

SBB(WEIGHT) & SBZ(WEIGHT) FIXED WEIGHT BARBELLS

- Knurled chrome handles for secure grip
- Straight or ez-curl bar design
- 1.26" grip diameter
- Available in 20, 30, 40, 50, 60, 70, 80, 90, 100, and 110 lb.



KB(WEIGHT) CAST IRON KETTLEBELLS

- Black enamel paint finish
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, and 100 lb.



KBV(WEIGHT) VINYL DIPPED KETTLEBELLS

- Durable vinyl coating is color-coded by weight
- Available in 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, and 50 lb.



KBC(WEIGHT) PREMIUM KETTLEBELLS

- Durable rubber coating with premium, chrome handles
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, and 80 lb.



KBL(WEIGHT) VINYL DIPPED KETTLEBALLS

- Angled handle for reduced wrist stress
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, and 60 lb.



KBX(WEIGHT) EXTREME KETTLEBELLS

- Durable powder-coat finish
- Gravity cast
- Available in 4 kg (8.8 lb), 6 kg (13.2 lb), 8 kg (17.6 lb), 12 kg (26.4 lb), 16 kg (35.2 lb), 20 kg (44.1 lb), 24 kg (52.9 lb), 28 kg (61.7 lb), 32 kg (70.5 lb), and 36 kg (79.4 lb)



OB60B
5' OLYMPIC BAR (BLACK)

- Bar Dia: 30.00 mm
- (ID) Collars: 36.5"
- Sleeve Length: 9.75"
- Weight Capacity: 600 lbs.
- 60"L, 30 lbs.



OB72A15
6' OLYMPIC BAR (ALUMINUM)

- Bar Dia: 28.50 mm
- (ID) Collars: 51.5"
- Sleeve Length: 9.25"
- Weight Capacity: 300 lbs.
- 72"L, 15 lbs.



OB72B
6' OLYMPIC BAR (BLACK)

- Bar Dia: 30.00 mm
- (ID) Collars: 46.0"
- Sleeve Length: 11.25"
- Weight Capacity: 600 lbs.
- 72"L, 40 lbs.



OB79WBB
15 KG HIIT OLYMPIC BAR (ZINC)

- Bar Dia: 25.50 mm
- (ID) Collars: 46.0"
- Sleeve Length: 13.625"
- Weight Capacity: 600 lbs.
- 79.25"L, 33 lbs.



OB79EXT
WOMEN'S OLYMPIC BAR

- Bar Dia: 25.00 mm
- (ID) Collars: 51.5"
- Sleeve Length: 12.5"
- Weight Capacity: 1000 lbs.
- 78"L, 33 lbs.



OB86B
7' OLYMPIC BAR (BLACK)

- Bar Dia: 30.00 mm
- (ID) Collars: 51.50"
- Sleeve Length: 15.75"
- Weight Capacity: 600 lbs.
- 86"L, 44 lbs.



OB86
7' OLYMPIC BAR (CHROME)

- Bar Dia: 30.00 mm
- (ID) Collars: 51.50"
- Sleeve Length: 15.75"
- Weight Capacity: 600 lbs.
- 86"L, 44 lbs.



OB86P1000
7' OLYMPIC POWER BAR (CHROME)

- Bar Dia: 30.00 mm
- (ID) Collars: 52.75"
- Sleeve Length: 15.25"
- Weight Capacity: 1000 lbs.
- 86"L, 44 lbs.



OB86LPB
7' OLYMPIC POWER BAR (ZINC)

- Bar Dia: 28.50 mm
- (ID) Collars: 52.75"
- Sleeve Length: 15.75"
- Weight Capacity: 1000 lbs.
- 86"L, 44 lbs.



OB86CHICAGO
CHICAGO POWER BAR

- Bar Dia: 28.50 mm
- (ID) Collars: 52.00"
- Sleeve Length: 16.5"
- Weight Capacity: 1500 lbs.
- 86"L, 44 lbs.



OB86EXT
EXTREME OLYMPIC BAR

- Bar Dia: 28.75 mm
- (ID) Collars: 52.00"
- Sleeve Length: 16.25"
- Weight Capacity: 1500 lbs.
- 86"L, 44 lbs.



OB864STAR
4STAR POWER BAR (BLACK)

- Bar Dia: 28.50 mm
- (ID) Collars: 52.00"
- Sleeve Length: 16.50"
- Weight Capacity: 1500 lbs.
- 86"L, 44 lbs.



OB20
OLYMPIC DUMBBELL HANDLES

- Sold Individually
- Knurled grip
- 20"L, 20 lbs.



OB34C
OLYMPIC TRICEPS BAR

- Bar Dia: 25.50 mm
- (ID) Collars: 18.5"
- Sleeve Length: 7"
- 34"L, 22 lbs.



OB47C
OLYMPIC CURL BAR (CHROME)

- Bar Dia: 25.50 mm
- (ID) Collars: 31.5"
- Sleeve Length: 7"
- 47"L, 17 lbs.



OB47B
OLYMPIC CURL BAR (BLACK)

- Bar Dia: 25.50 mm
- (ID) Collars: 31.5"
- Sleeve Length: 7"
- 47"L, 17 lbs.



OB48
OLYMPIC COMBO BAR (CHROME)

- Bar Dia: 25.50 mm
- (ID) Collars: 33.75"
- Sleeve Length: 7"
- 48"L, 20 lbs.



OMG86
OLYMPIC MULTI-GRIP BAR (BLACK)

- Bar Dia: 25.50 mm
- (ID) Collars: 52.5"
- Sleeve Length: 16.5"
- 86"L, 45 lbs.



BSTFWH
FARMERS WALK BARS

- Sold in pairs
- Bar Dia: 2"
- (ID) Collars: 35 3/8"
- Sleeve Length: 12"
- 60"L, 18 lbs.



OTB50 & OTB50RH
OLYMPIC SHRUG BARS

- Bar Dia: 25.50 mm
- (ID) Collars: 24" Handle
- Sleeve Length: 9.75"
- Weight Capacity: 600 lbs.
- 56"L, OTB50 - 45 lbs. | OTB50RH - 50 lbs.



OC06PR
OLYMPIC SPRING COLLARS

- Sold in pairs
- Simple and effective spring tension design



OC04
OLYMPIC TRAINING COLLARS

- Sold individually
- Classic old school style for quick changes



BSTLJ02
LOCK JAW OLY 2 COLLARS

- Sold in pairs
- Uni-body construction for heavy usage
- Durable and secure lever design
- Quick and easy to use
- Elastomer pads protect bar finish



BSTLJHX
LOCK JAW HEX COLLARS

- Sold in pairs
- Quick and easy to use
- Elastomer pads protect bar finish



TBR10
T-BAR ROW
PLATFORM

- 11"L x 5"W x 6"H
- 7 lbs.



TBR20
DUAL PIVOT
T-BAR ROW
PLATFORM

- 11"L x 5"W x 6"H
- 7 lbs.



BSTOBJ
OLYMPIC
BAR JACK

- Sold individually
- 20"L x 5"W x 13"H
- 9 lbs.



BSTOLP
PLATE LOAD PIN

- 12"L x 4"W x 4"H
- 2 lbs.



LBB28
LAT BLASTER BAR

- 31"L x 5"W x 1"H
- 5 lbs.



TBR50
HOME PLATE
LANDMINE

- 23"L x 15"W x 5"H
- 31 lbs.



BSTOBS
OLYMPIC
BAR STANDS

- Sold individually
- 2"L x 17"W x 12"H
- 7 lbs.



BSTCH44
LIFTING CHAINS

- Zinc-coated
- 5' Length
- 22 lbs. each



LMSE
LANDMINE
SINGLE EYELET

- 13"L x 5"W x 2"H
- 3 lbs.



LMPP
LANDMINE
PLATE PIVOT

- 10"L x 10"W x 2.5"H
- 5 lbs.



BSTOPW
PLATE WEDGE

- Sold individually
- 9"L x 2"W x 1"H
- .5 lbs.



MA105
BAR PAD

- 16"L x 4"W x 4"H
- 1 lb.



LMMG
LANDMINE
MULTI-GRIP

- 44"L x 9"W x 8"H
- 8 lbs.



LMCG
LANDMINE
CLUBGRIP

- 24"L x 5"W x 3"H
- 7 lbs.



MR136
MANTA RAY

- 12"L x 3"W x 8"H
- 1 lb.



BSTBPAD
PREMIUM
BAR PAD

- 18"L x 4"W x 4"H
- 1 lb.



RB72
6' STANDARD BAR (CHROME)

- Bar Dia: 25.4 mm
- (ID) Collars: 41"
- Collar Length: 15"
- 72"L, 18 lbs.

RB84
7' STANDARD BAR (CHROME)

- Bar Dia: 25.4 mm
- (ID) Collars: 51.0"
- Collar Length: 16"
- 84"L, 20 lbs.

RB47
STANDARD CURL BAR (CHROME)

- Bar Dia: 25.4 mm
- (ID) Collars: 30.5"
- Collar Length: 7.875"
- 47"L, 11 lbs.

RB48
STANDARD COMBO BAR (CHROME)

- Bar Dia: 25.4 mm
- (ID) Collars: 30.5"
- Collar Length: 7.875"
- 48"L, 16 lbs.

SDA14
STANDARD DUMBBELL HANDLES

- Sold individually
- Bar Dia: 25.4 mm
- (ID) Collars: 4.5"
- Collar Length: 4.5"
- 14"L, 3.5 lbs. (ea.)

SDA14T
STANDARD THREADED DUMBBELL HANDLES

- Sold individually
- Bar Dia: 25.4 mm
- (ID) Collars: 5"
- Collar Length: 4"
- 14"L, 5 lbs. (ea.)



RC0616
STANDARD SPRING COLLARS

- Sold in pairs
- Classic design for quick-changes



RC03
STANDARD 1/2 LB COLLARS

- Sold individually
- 1/5 lb. cast iron



RC02
STANDARD 1 LB. COLLARS

- Sold individually
- 1lb. cast iron



OA8
8" OLYMPIC ADAPTER

- Sold individually
- Converts 1" dia. posts to 2" Olympic posts
- Heavy-Duty nylon
- Lock-down allen hex bolt



OAS14
14" OLYMPIC ADAPTER

- Sold individually
- Converts 1" dia. posts to 2" Olympic posts
- Heavy-Duty nylon
- Lock-down allen hex bolt

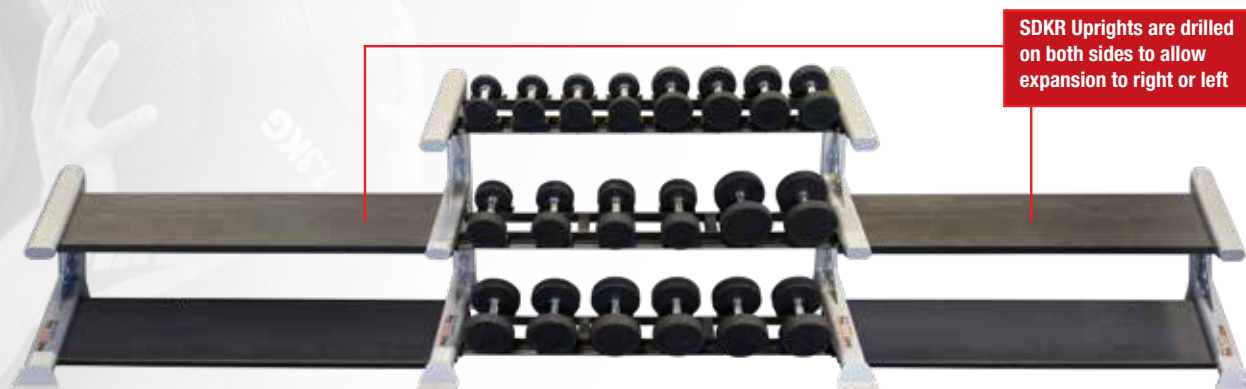
STORAGE

Body-Solid is an industry leader in equipment storage and organization with modular and customizable storage solutions to help keep facilities clean, organized and safe.



SDKR EXPANDABLE STORAGE SYSTEM

- Modular storage rack for dumbbells, kettlebells and medicine balls
- Mix and match tiers for combination storage
- Your choice of dumbbell, kettlebell or medicine ball storage tiers
- Expandable rack system for any size facility



The SDKR1000 storage rack offers unparalleled flexibility for storage of Dumbbells, Kettlebells and Medicine Balls.

2-Tier or 3-Tier uprights available

6 different shelves for customization



SDKRUP2
2-TIER UPRIGHT

SDKRUP3
3-TIER UPRIGHT



SDKRKB
KETTLEBELL SHELF



SDKRMB
MEDICINE BALL SHELF



SDKRDBS
DUMBBELL SHELF



SDKRSD6
6 SADDLE DUMBBELL SHELF



SDKRDBL
LARGE DUMBBELL SHELF



SDKRSD8
8 SADDLE DUMBBELL SHELF



SDKRDB DUMBBELL RACK

SDKR500DB 32"L x 70"W x 28"H Two tier rack
SDKR1000DB 32"L x 70"W x 43"H Three tier rack



SDKRSD SADDLE DUMBBELL RACK

SDKR500SD 32"L x 70"W x 28"H Two tier rack
SDKR1000SD 32"L x 70"W x 43"H Three tier rack



SDKRMB MEDICINE BALL RACK

SDKR500MB 32"L x 70"W x 28"H Two tier rack
SDKR1000MB 32"L x 70"W x 43"H Three tier rack



SDKRKB KETTLEBELL RACK

SDKR500KB 32"L x 70"W x 28"H Two tier rack
SDKR1000KB 32"L x 70"W x 43"H Three tier rack



GDR60 DUMBBELL RACK & STORAGE SYSTEM

- Designed to hold one (1) pair each of 5-50 lb. hex dumbbells
- Features optional third-tier design so you can add another dumbbell, kettlebell, or medicine ball shelf
- Expand and chain together with optional GDR60UP Upright
- Offset tiers for easy access
- 23"L x 63"W x 32"H, 79 lbs.

Customize the GDR60 for a perfect fit in your facility



GDR60
Dumbbell Rack

GDRT6
Dumbbell Shelf

GDR6UP
Single Upright

GKRT6
Kettlebell Shelf

GMRT6
Medicine Ball Shelf

GMRT6 OPTIONAL MEDICINE BALL SHELF

- 56"L x 9"W

GKRT6 OPTIONAL KETTLEBELL SHELF

- 56"L x 12"W

GDRT6 OPTIONAL DUMBBELL SHELF

- 56"L x 12"W

GDR60UP SINGLE UPRIGHT

- Expand and chain together multiple racks
- Mix-n-match dumbbell, kettlebell, and medicine ball shelves
- Customized storage solutions
- 22"L x 2"W x 34"H



GDKR100 45" KETTLEBELL / DUMBBELL RACK

- Reversible tiers for kettlebells or dumbbells
- 23"L x 45"W x 33"H, 79 lbs.

GDR363 40" 3-TIER DUMBBELL RACK

- Designed to hold one pair of 5lb-50lb hex dumbbells
- 20"L x 40"W x 30"H, 44 lbs.

GDR48 48" 3-TIER DUMBBELL RACK

- Designed to hold one pair of 5-55 lb. hex dumbbells
- Offset tiers for easy access
- 23" L x 48" W x 30" H, 62 lbs.

GDR44 VERTICAL DUMBBELL RACK

- Designed to hold one pair of 5-30 lb. hex dumbbells
- 23"L x 25"W x 45"H, 44 lbs.



GDR80 VERTICAL DUMBBELL RACK

- Designed to hold one pair of 5-50 lb. hex dumbbells
- Top tray can be used for medicine ball storage
- 24"L x 22"W x 41"H, 58 lbs.





GWT56 OLYMPIC WEIGHT TREE

- Six 9" weight posts, perfect for bumper plates
- Two Olympic bar holders
- 30"L x 30"W x 53"H, 51 lbs.



GWT66 OLYMPIC WEIGHT TREE

- Eight 9" weight posts, perfect for bumper plates
- 26"L x 43"W x 33"H, 59 lbs.



- *Customize with*
- *8 or 10 posts*



GWT76 HIGH CAPACITY OLYMPIC BUMPER PLATE RACK

- Customize with either 8 or 10 weight horn pattern
- Each weight horn features 8-1/4" capacity
- 41"L x 36"W x 66"H, 108 lbs.



GSWT STANDARD PLATE TREE & BAR HOLDER

- Two standard bar holders included
- 20"L x 23"W x 40"H, 24 lbs.



WT46 OLYMPIC PLATE TREE & BAR HOLDER

- Two Olympic bar holders included
- Chrome weight posts
- 22"L x 20"W x 40"H, 34 lbs.



OWT24 OLYMPIC WEIGHT TREE

- 27"L x 16"W x 24"H, 24 lbs.



SWT14 STANDARD WEIGHT TREE

- 27"L x 16"W x 24"H, 17 lbs.



GBPR10 BUMPER PLATE RACK

- 4" gaps in each of the 8 plate slots
- 43"L x 13"W x 9"H, 22 lbs.



SBS100 HORIZONTAL BAR RACK

- Convenient and portable barbell storage
- Holds 10 barbells
- 24"L x 45"W x 72"H, 85 lbs.



GOBH5 **OLYMPIC BAR HOLDER**

- Holds 5 Olympic bars
- 12"L x 12"W x 9"H, 22 lbs.



VDRA30 **ACCESSORY STAND**

- For use with accessory bars, ropes, straps, dumbbells and more
- 14"L x 14"W x 36"H, 70 lbs.



GAR100 **ACCESSORY RACK**

- Storage for medicine balls, stability balls, workout mats and more
- Transport wheels for convenient mobility
- 32"L x 36"W x 74"H, 71 lbs.



GAR250 **ACCESSORY TOWER**

- Multi-use storage tower for dumbbells, kettlebells, medicine balls, stability balls and mats
- Transport wheels for convenient mobility
- 32"L x 79"W x 87"H, 156 lbs.



GSR10 **STABILITY BALL RACK**

- Easy access storage for stability balls
- 36"L x 36"W x 73"H, 31 lbs.



GMR10 **MEDICINE BALL RACK**

- Holds up to six medicine balls
- 20"L x 21"W x 63"H, 29 lbs.



GMR5 **MEDICINE BALL RACK**

- Holds up to four medicine balls
- 22"L x 22"W x 33"H, 14 lbs.



GDR10 **DUMBBELL RACK**

- Designed to hold 3 pairs of vinyl or neoprene dumbbells, 1lbs to 15lbs
- 15"L x 9"W x 18"H, 5 lbs.



ENDURANCE CARDIO

Designed with small clubs, rehab facilities, hospitality and police/fire departments in-mind, Endurance by Body-Solid treadmills, bikes, ellipticals and rowers perform to the highest standards.



GDR24 DUMBBELL RACK

- Designed to hold 12 pairs of vinyl or neoprene dumbbells, 1lbs to 15lbs
- 31"L x 25"W x 52"H, 34 lbs.



GDR500 DUMBBELL RACK

- Designed to hold vinyl or neoprene dumbbells, 1lbs to 15lbs
- Features locking caster wheels
- 27"L x 44"W x 46"H, 85 lbs.



GDKR50 KETTLEBELL RACK

- Designed to hold 6 kettlebells
- 19"L x 16"W x 21"H, 19 lbs.



GYR500 FOAM ROLLER & YOGA MAT RACK

- Holds 12 Foam Rollers or Yoga Mats
- Features locking caster wheels
- 32"L x 21"W x 37"H, 38 lbs.



T50 REHAB WALKING TREADMILL

- Designed for rehabilitation and physical therapy
- Full length thick handrails
- Drive Motor: High torque 1.5 HP motor
- Belt Size: 53"L x 18.9"W walking belt
- Speed Range: 0.1-5 mph
- Oversized easy-to-read display
- 77"L x 30"W x 54"H, 162 lbs.



T150 COMMERCIAL TREADMILL

- Power Source: 110v Dedicated Commercial NEMA 5-20P
- Drive Motor: 4 HP
- Incline Motor: 115 V | 0.8 A | 1/6 HP
- Belt Size: 60"L x 22"W
- Speed Range: 0.5-12.5 mph
- Incline Range: 0% to 15%
- 82"L x 35"W x 62"H, 285 lbs.





E5000 **ELLIPTICAL**

- Natural 21" stride
- Self generated machine eliminates power requirements
- Wireless HRC with chest strap
- 68"L x 31"W x 69"H, 249 lbs.



R300 **ROWER**

- User-controlled air resistance
- Self-generating machine eliminates power requirements
- Nickel plated chain
- Display features Track Time, Stroke, Heart Rate (with wireless Heart Rate Strap), Calories, Paddle Width, Stroke Rate, Distance, Cycle & Watts.
- 95"L x 24"W x 40"H, 82 lbs.



FB300B **FAN BIKE**

- 27" largest in class steel-resistance fan
- Best in class sealed bearings
- Seat post adjusts horizontally and vertically for ideal seat positioning
- LCD display features quick program buttons, heart rate, speed, RPM, time, watts and calories
- 49"L x 24"W x 50"H, 97 lbs.



B4RB **RECUMBENT BIKE**

- 11 built-in workout programs
- 24 resistance levels
- Walk through design
- Transport wheels for easy mobility
- 120v Plug-in Model
- 64"L x 26"W x 49"H, 119 lbs.



B4UB **UPRIGHT BIKE**

- 11 built-in workout programs
- 24 resistance levels
- Transport wheels for easy mobility
- 120v Plug-in Model
- 47"L x 22"W x 55"H, 96 lbs.



ESB150 **INDOOR EXERCISE BIKE**

- 40 lb. flywheel
- Seat and handlebars adjust both vertically and horizontally
- Quiet belt drive
- 43"L x 20"W x 48"H, 117 lbs.



ESB250 **INDOOR EXERCISE BIKE**

- 44-pound flywheel
- Dual sided pedals feature toe-clips and pro-style clip-less mounts
- Seat and handlebars adjust both vertically and horizontally
- Transport wheels provide easy mobility
- Quiet belt drive
- 47"L x 20"W x 46"H, 139 lbs.



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Body-Solid®

1900 S. Des Plaines Ave.
Forest Park, IL 60130 USA

Toll Free: 800.833.1227
Local: 708.427.3555
Fax: 708.427.3556

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