

*Body-Solid*<sup>®</sup>  
Built for Life

# PRODUCT CATALOG



The background of the page is a faded, grayscale image of a gym. In the foreground, a person is seated on a piece of exercise equipment, possibly a leg press or similar machine, with their feet on the pedals. Behind them, a large metal rack with various pieces of equipment is visible. The overall scene is dimly lit, creating a professional and focused atmosphere.

# Body-Solid®

## Built for Life

### **It started with an idea...**

Throughout the pages of this catalog you'll find the culmination of over 30 years of Body-Solid's dedication, innovation and product development.

Body-Solid products are developed and designed with multiple markets in mind, from personal training studios, police and fire departments and municipalities to schools, military bases, health clubs, businesses and homes. The needs of these markets are constantly changing, but through strong relationships with our customers, Body-Solid has been able to evolve and grow to meet the demands of the ever-changing fitness industry.

As a result, Body-Solid boasts the widest array of products in fitness including home and commercial multi-station gyms, free weight machines, treadmills, bikes, ellipticals, weight plates, kettlebells, dumbbells, flooring, accessories and more.

In keeping with our motto—Built for Life—Body-Solid builds products that are not only cutting-edge but reliable, durable and provide a tremendous value to consumers. Body-Solid backs each and every one of those products with the best warranty and customer service in the industry.

***Body-Solid products are Built for Life... Your Life.***



# BODY-SOLID RACKS & CAGES

Body-Solid Power Racks and Cages have a proven track record with years of reliability and innovation. User-friendly features on each Body-Solid Power Rack and Cage along with optional attachments, accessories and customizations allows users and facilities to tailor racks and cages to their exact needs.



## GPR400 PRO POWER RACK

- 1" hole spacing for safeties
- Includes premium j-cup liftoffs and pipe & pin safeties
- Integrated chin-up bar
- 53"L x 52"W x 79"H, 273 lbs.



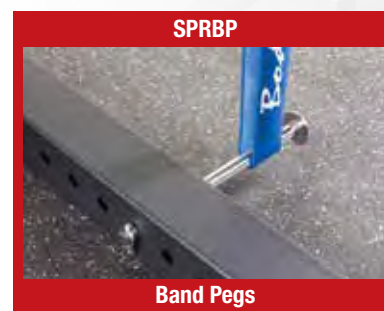
## PRO POWER RACK OPTIONS

### OPTIONS:

- |        |                                   |
|--------|-----------------------------------|
| GLA400 | Lat Attachment (shown)            |
| GPRDH  | Dip Handles (shown)               |
| GPRTBR | T-Bar Row attachment (shown)      |
| GPRUL  | U-Link (shown)                    |
| GPRWH  | Weight Horns (shown)              |
| SCB26  | Squat Calf Block (not shown)      |
| SP150  | 150 lb. Weight Stack (shown)      |
| SPRBP  | Band Pegs (not shown)             |
| SPRCUA | Multi-Chin Attachment (not shown) |
| SPRHT  | Hip Thruster (not shown)          |
| SPRJC  | J-Cup Liftoffs (shown)            |
| SPRLFT | Monolift Arms (not shown)         |



## GPR400 OPTIONAL ATTACHMENTS





## **GROW** **ROWER ATTACHMENT**

Add indoor rower to most home gym, pulley or cable machine

- Installs on low pulley station
- Low-impact total body workouts
- Cardio workouts with weight machines
- 66"L x 20"W x 12"H, 43 lbs.



## **GLA400** **LAT ATTACHMENT**

Transform the Body-Solid GPR400 Power Rack into a complete home gym with the GLA400 Lat Attachment.

- High and Low Pulley with no cable change design
- Includes lat bar and low row bar
- Optional 150 lb weight stack, SP150
- 80"L x 52"W x 80"H, 85lbs.



## **GPRFT** **FUNCTIONAL TRAINER ATTACHMENT**

The GRPFT adds fully adjustable functional pulleys on the front of the GPR400 and a dual lat pulldown/low pulley in the middle of the rack.

- Plate loaded or Selectorized
- Fully adjustable dual front swiveling pulleys
- Dual pulley lat pulldown and low row
- Includes: 2 x nylon cable handles, lat bar, low row bar



## **GPR370** **MULTI-PRESS RACK**

- 14 position ¼" solid steel gunracks
- 7° reverse pitch for biomechanically correct lifting paths
- 45"L x 64"W x 74"H, 140 lbs.



## **GPR378** **POWER RACK**

- 3" hole spacing
- 3" x 3", 11-gauge steel frame
- 50"L x 46"W x 80"H, 229 lbs.

### **OPTIONS:**

- GLA378 Lat Attachment (shown)
- SP200 200 lb. Weight Stack (shown)
- DR378 Dip Station
- LO378 Bar Lift Offs
- SCB26 Squat Calf Block

## **GPR378 OPTIONAL ATTACHMENTS**





**GS348Q**  
**SERIES 7 SMITH MACHINE**

- Large diameter, 25 lb. Smith Bar
- For smith and freeweight barbell exercises
- 56"L x 70"W x 83"H, 276 lbs.

*\*Shown with optional GPU348 Pull-Up Bar*



**GS348QP4**  
**SERIES 7 SMITH PACKAGE**

- Complete Smith Gym System
- 98"L x 70"W x 83"H, 724 lbs.

**INCLUDES:**

- |          |                                |
|----------|--------------------------------|
| GS348Q   | Smith Machine                  |
| GLA348QS | 210 lb. Lat Attachment         |
| GPA3     | Pec Attachment                 |
| GFID71   | Flat / Incline / Decline Bench |
| GLDA3    | Leg Developer (not shown)      |
| GPCA1    | Preacher Curl (not shown)      |

**GS348Q OPTIONAL ATTACHMENTS**





# BODY-SOLID STRENGTH

Body-Solid produces more benches and all-purpose strength equipment than any other manufacturer. Our wide array of products are designed to be versatile enough to cover the entire body while also maximizing results.



## **GFB350** **FLAT BENCH**

- Transport wheels for easy movement
- 49"L x 23"W x 19"H, 42 lbs.



## **GFI21** **FLAT / INCLINE BENCH**

- Independent back (glide and lock pull pin) and seat pad (pull pin) adjustments
- Transport wheels for easy movement
- 52"L x 21"W x 17"H, 57 lbs.



## **FID46** **FLAT / INCLINE / DECLINE BENCH**

- Synchronized seat and back pad
- Includes leg developer
- 72"L x 28" W x 31"H, 93 lbs.



### **GFID100** **FLAT / INCLINE / DECLINE BENCH**

- Independent back (ladder style) and seat pad (pull pin) adjustments
- Optional attachments: GLDA3 Leg Developer and GPCA1 Preacher Curl
- 66"L x 28"W x 19"H, 53 lbs.



### **GFID225** **FOLDING MULTI-BENCH**

- Folds flat for easy storage
- Ships fully assembled
- 57"L x 18"W x 10"H - Folded
- 60"L x 18"W x 19"H - In-Use
- 53 lbs.



### **GFID31** **FLAT / INCLINE / DECLINE BENCH**

- Independent back (ladder style) and seat pad (pull pin) adjustments
- Oversized seat adjustment for bent-knee ab crunch position
- Optional attachments: GLDA1 Leg Developer and GPCA1 Preacher Curl
- 59"L x 27"W x 22"H, 57 lbs.



### **GFID71** **FLAT / INCLINE / DECLINE BENCH**

- Independent back (ladder style) and seat pad (pull pin) adjustments
- 2" x 3" 11-gauge steel frame
- Optional attachments: GLDA3 Leg Developer, GPCA1 Preacher Curl, and GLRA81 Lat Row
- 68"L x 28"W x 19"H, 100 lbs.



## **GDIB46L** **POWERCENTER COMBO BENCH**

- Includes Leg Developer
- Flat / Incline / Decline
- 77"L x 46"W x 43"H, 110 lbs.



## **GST20** **UTILITY BENCH**

- Wide rear legs prevent rocking
- Height to seat pad: 18"
- 28"L x 28"W x 46"H, 30 lbs.



## **GRCH322** **ROMAN CHAIR**

- Works glutes, hamstrings, calves, abs, obliques and back
- Extra-wide base eliminates rocking
- 51"L x 27"W x 43"H, 70 lbs.



## **GHYP345** **45° BACK HYPEREXTENSION**

- Increase flexibility and relieve back pain
- Oversized foot plate provides easy access
- 53"L x 29"W x 36"H, 68 lbs.



## **GAB100** **HORIZONTAL AB** **CRUNCH MACHINE**

- Work upper and lower abs in one synchronized movement
- Weight posts for increased resistance or assistance
- 61"L x 33"W x 36"H, 72 lbs.



## **GAB300** **SEMI-RECUMBENT AB BENCH**

- Intense isolation of the abdominal region
- Lower abdominal counter-balance and resistance with lock-out feature
- 69"L x 34"W x 52"H, 100 lbs.



## **GAB60** **PRO-STYLE AB BOARD**

- 12 adjustment levels from 0° to 45°
- Transport wheels for easy mobility
- 66"L x 24"W x 52"H, 39 lbs.



## **GCAB360** **CAM SERIES AB & BACK**

- Isolated ab and back movements
- Easy-to-use pop-pin adjustments
- 59"L x 45"W x 43"H, 75 lbs.



## **GDIP59** **DIP STATION**

- Large diameter grips
- Dip handles taper from 21" to 19" width
- 40"L x 27"W x 53"H, 44 lbs.



## **GVKR60** **VERTICAL KNEE RAISE & DIP**

- Safe, no-slip step-up entry
- 37"L x 27"W x 60"H, 61 lbs.



## **GVKR82** **VERTICAL KNEE RAISE / DIP / PUSH-UP / CHIN-UP**

- Lat pull-up/chin-up station features easy step-up entry
- 58"L x 50"W x 82"H, 112 lbs.



## **FCD** **VERTICAL KNEE RAISE / DIP / CHIN-UP**

- Lat pull-up (wide grip)/chin-up (close grip) station features easy step-up entry
- Dip station features oversized grips for ultimate comfort
- 63"L x 42"W x 83"H, 136 lbs.



### **GPM65** **PEC DEC / REAR DELT**

- Articulating handles for unilateral and bilateral chest development
- 69"L x 39"W x 66"H, 91 lbs.



### **GSRM40** **SEATED ROW MACHINE**

- Multi-position adjustable handles
- 56"L x 43"W x 39"H, 81 lbs.



### **GPCB329** **PREACHER CURL BENCH**

- Isolate biceps with classic preacher curl movement
- Extra-wide base and bar cradle
- 34"L x 35"W x 38"H, 74 lbs.



### **GCBT380** **CAM SERIES BICEPS & TRICEPS**

- V-Bar handle to better isolate targeted muscles
- Arm pad positioned at 30° angle
- Shown with optional OA8 Olympic Adapter Sleeve
- 41"L x 45"W x 40"H, 79 lbs.



### **GLCP100** **COMPACT LEG PRESS**

- Combines leg press & calf raise in one compact machine
- Carriage with sealed linear bearings
- 67"L x 47"W x 46"H, 229 lbs.



### **GLPH1100** **LEG PRESS & HACK SQUAT**

- Quad track roller system operates smoothly and distributes weight evenly
- Flip-and-lock back pad mechanism
- 83"L x 34"W x 56"H, 340 lbs.



### **GCEC340** **CAM SERIES LEG EXT. & CURL**

- Leg extension & leg curl performed from one comfortable seated position
- Adjustable lifting arm can be positioned for both hamstring and quad isolation
- 56"L x 44"W x 37"H, 72 lbs.



### **GLCE365** **LEG EXTENSION & CURL**

- Perform leg extensions and lying supine leg curls
- Synchronized pads provide back support for leg extension exercise
- 55"L x 27"W x 48"H, 92 lbs.



### **GSCR349** **SEATED CALF RAISE**

- Isolate calves for intense calf raise workout
- Operates on a 3:1 weight ratio
- 47"L x 23"W x 39"H, 93 lbs.



## **GSCL360** **LEVERAGE SQUAT & CALF**

- Innovative rounded calf raise block provides a deep pre-stretch for maximum development
- Diamond plate foot platform is set to perfect 20° pitch for optimal develop of quads and glutes
- 62"L x 47"W x 56"H, 170 lbs.



## **GSS50** **SISSY SQUAT**

- Train abs, legs and core
- 44"L x 24"W x 19"H, 47 lbs.



## **GWS100** **WEIGHT SLED**

- Multiple handles make pushing and pulling easy and effective
- Removable posts allow workout customization
- 50"L x 31"W x 40"H, 68 lbs.



## **GBR10** **BALL REBOUNDER**

- Adjustable 30 to 60° angle
- 55"L x 48"W x 38"H, 44 lbs.





## **GINV50** **INVERSION TABLE**

- Stable extra heavy gauge steel frame
- Proprietary ankle adjustment
- 72"L x 28"W x 79"H, 53 lbs.



## **GLM83** **LAT MACHINE**

- No-cable-change design
- Includes Lat Bar and Straight Bar
- 60"L x 32"W x 82"H, 101 lbs.



## **GLGS100** **CORNER LEVERAGE GYM**

- Features Lat Pulldown, Press / Squat, Low Pulley stations.
- 69"L x 67"W x 82"H, 191 lbs.

### **OPTIONS:**

GFID100 Flat / Incline / Decline Bench



## **SBL460** **LEVERAGE GYM**

- Total body freeweight gym
- 107"L x 74"W x 83"H, 415 lbs.

### **OPTIONS:**

LSA50 Leverage Squat Attachment  
FID46 Flat / Incline / Decline Bench



## **GLGS100P4** **CORNER LEVERAGE PACKAGE**

- Total body freeweight gym
- Features Lat Pulldown, Press / Squat, Low Pulley stations.
- 95"L x 67"W x 83"H, 244 lbs.

### **INCLUDES:**

GLGS100 Corner Leverage Gym  
GFID100 Flat / Incline / Decline Bench



## **SBL460P4** **LEVERAGE GYM PACKAGE**

- Total body freeweight gym
- Three people can work out together safely
- 149"L x 100"W x 83"H, 630 lbs.

### **INCLUDES:**

SBL460 Leverage Gym  
LSA50 Leverage Squat Attachment  
FID46 Flat / Incline / Decline Bench

# BODY-SOLID FUNCTIONAL

Body-Solid functional training equipment provides unparalleled performance and value. We blend modern designs and a lifetime of knowledge to build equipment that can train multiple muscle groups, maximize sports-specific performance or fit comfortably into rehabilitation and physical therapy studios.



## **GDCC210** **COMPACT FUNCTIONAL TRAINING CENTER**

- Includes two nylon cable handles and exercise chart
- 43"L x 58"W x 84"H, 493 lbs.



## **GDCC200** **FUNCTIONAL TRAINING CENTER**

- Includes two nylon cable handles and exercise chart
- 43"L x 73"W x 84"H, 514 lbs.



## **GDCC250** **DELUXE CABLE CROSSOVER**

- Includes two nylon cable handles and exercise chart
- 164"L x 29"W x 84"H, 560 lbs.

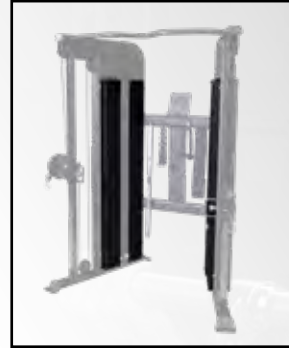


## **GFT100** **FUNCTIONAL TRAINING**

- Includes two nylon cable handles and exercise chart
- 45"L x 64"W x 83"H, 633 lbs.

### **OPTIONS:**

GFT100SH Weight Stack Shrouds



## **FUNCTIONAL TRAINING OPTIONS:**



**SP50**  
**50 LB. STACK**  
**UPGRADE**



**GDCCBAR**  
**DUAL PRESS BAR**



**GDCCRACK**  
**ACCESSORY**  
**RACK**

- GDCC210 & GDCC200



**MB100A**  
**ALUMINUM**  
**DOUBLE SWIVEL**  
**BAR**

## **ALL BODY-SOLID FUNCTIONAL TRAINERS FEATURE:**

- Two – 160lb weight stacks standard
- Optional – 210 lb. or 310 lb. weight stacks available
- Integrated chin-up / pull-up bar
- Pulleys swivel 180°
- 20 pulley adjustments per side
- 1/2:1 weight resistance ratio

# BODY-SOLID GYM SYSTEMS

Body-Solid gyms are designed to maximize performance and last a lifetime. Each Body-Solid gym features state-of-the-art designs and user-friendly features at an affordable price. Our industry-leading selection range from space-saving gyms to robust multi-user gyms and everything in-between.



**\$1000**

## **PRO CLUBLINE S1000 FOUR-STACK GYM**

- Four independent stations allow up to four people to workout simultaneously
- 210 lb. weight stacks standard (upgradable to 310 lb. weight stacks)
- 11-gauge steel mainframe
- Fully-shrouded weight stacks
- Full commercial rated
- Body-Solid Pro Clubline Full-Commercial Warranty
- Product Weight: 1728 lbs.
- Dimensions: 124" L x 135" W x 83"H



## **G9S** **TWO STACK GYM**

- Includes lat bar, low row bar, ankle cuff, ab/triceps strap, workout chart and dvd
- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Leg Press Station with 2:1 ratio
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- Two 210 lb. standard weight stack, optional 260 lb. available
- Optional VKR Station (not shown)
- 90"L x 73"W x 84"H, 964 lbs.
- 90"L x 104"W x 84"H, (with GKR9 option)
- 90"L x 133"W x 84"H, (with GIOT option)



## **G10B** **BI-ANGULAR TWO STACK GYM**

- Bi-Angular Chest Press, Incline Press, Shoulder Press Station
- High, Mid and Low Pulley Stations
- Pec Fly, Rear Delt Station
- Dedicated Leg Extension and Seated Leg Curl Station
- Two 210 lb. standard weight stack, optional 260 lb. available
- Optional Leg Press Station (not shown)
- 72"L x 98"W x 84"H, 929 lbs.
- 84"L x 135"W x 84"H (with Leg Press option)



## **G6BR** **BI-ANGULAR SINGLE STACK GYM**

- Bi-Angular Chest Press, Incline Press, Shoulder Press Station
- High, Mid and Low Pulley Stations
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 260 lb. available
- Optional Leg Press Station (not shown)
- 84"L x 58"W x 84"H, 547 lbs.
- 84"L x 82"W x 84"H (with Leg Press option)



## **G5S** **SINGLE STACK GYM**

- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 260 lb. available
- Optional Leg Press Station (not shown)
- 81"L x 55"W x 84"H, 511 lbs.
- 81"L x 83"W x 84"H (with Leg Press option)
- 85"L x 104"W x 84"H (with GIOT option)



## G3S SINGLE STACK GYM

- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Leg Extension and Curl Station
- 160 lb. standard weight stack, optional 210 lb. available
- Optional Leg Press Station (not shown)
- 80"L x 47"W x 84"H, 339 lbs.
- 80"L x 72"W x 84"H (with Leg Press option)
- 74"L x 100"W x 84"H (with GIOT option)
- 

\* Pictured with optional Aluminum Pulleys



## G1S SINGLE STACK GYM

- Multi-Grip Chest Press Station
- High, Mid and Low Pulley Stations
- Leg Extension and Curl Station
- 160 lb. standard weight stack
- 55"L x 47"W x 83"H, 329 lbs.

\* Floor mat not included

## G-SERIES GYM OPTIONS

Personalize your workout with the following optional attachments.



**SP50**  
50 lb. Weight Stack upgrade  
G3S, G5S, G6BR, G9S, G10B



**GIOT**  
Inner/Outer Thigh  
G3S, G5S, G6BR, G9S, G10B



**GKR**  
Vertical Knee Raise  
G9S



**GLP**  
Leg Press/Calf Press  
G3S, G5S, G6BR, G10B



**GAP**  
Aluminum Pulley  
G1S, G3S, G5S, G6BR, G9S, G10B





## F500

### FUSION 500 SINGLE STACK GYM

- Chest Press, Incline Press, Shoulder Press, Row Station
- High Pulley Station
- Adjustable Functional Pulley Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 310 lb. available
- Optional Leg Press Station (not shown)
- Optional Weight-Assisted Dip Station (not shown)
- 76"L x 48"W x 83"H, 526 lbs.
- 79"L x 80"W x 83"H (with Leg Press option)
- 76"L x 98"W x 83"H (with Assisted Chin Dip)



## F600

### FUSION 600 SINGLE STACK GYM

- Bi-Angular Chest Press, Incline Press, Shoulder Press Station
- Row Station
- High Pulley Station
- Adjustable Functional Pulley Station
- Leg Extension and Seated Curl Station
- 210 lb. standard weight stack, optional 310 lb. available
- Optional Leg Press Station (not shown)
- Optional Weight-Assisted Dip Station (not shown)
- 74"L x 51"W x 83"H, 573 lbs.
- 80"L x 80"W x 83"H (with Leg Press option)
- 76"L x 98"W x 83"H (with Assisted Chin Dip)

## FUSION GYM OPTIONS

Personalize your gym with the following optional attachments:



**FCDWA**  
Weight Assisted  
Dip/Pull-Up  
Fusion 500,  
Fusion 600



**FLP**  
Leg Press  
Fusion 500,  
Fusion 600



**FMH**  
Multi-Hip Station  
Fusion 500,  
Fusion 600



## EXM3000LPS TWO STACK GYM

- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Leg Press Station with 2:1 ratio
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- (2) 210 lb. weight stacks included
- 90"L x 82"W x 83"H, 947 lbs.
- 90"L x 104"W x 83"H (with VKR30 option)



## EXM4000 3-STACK MULTI STATION GYM

- Chest Press Station
- Pec Fly, Rear Delt Station
- Shoulder Press Station
- High Pulley Station x 2
- Mid and Low Pulley Stations
- Leg Extension and Curl Station
- Optional Leg Press Attachment (LP40S)
- (3) 210 lb. weight stacks included
- 130"L x 93"W x 83"H, 1335 lbs.
- 130"L x 133"W x 83"H, (with LP40S option)

### EXM SERIES GYM OPTIONS

Personalize your workout with the following optional attachments.



**VKR30**  
Knee Raise/  
Dip Station  
EXM3000LPS



**LP40S**  
Leg Press/  
Calf Press  
EXM4000S

### FITS ALL BODY-SOLID



**HP10**  
Premium  
Weight Stack  
Plate



**WSA**  
Weight Stack  
Adapters  
2.5 lb & 5 lb

# ENDURANCE CARDIO

Designed with small clubs, rehab facilities, hospitality and police/fire departments in-mind, Endurance by Body-Solid treadmills, bikes, ellipticals and rowers perform to the highest standards.



## CL300 CLIMBER

- Low-impact, heart-racing cardio & total body workouts
- Adjustable touchscreen display
- Padded side handrails
- Fully-adjustable resistance
- 46"L x 44"W x 88"H, 151 lbs.



## R300 ROWER

- User-controlled air resistance
- Self-generating machine eliminates power requirements
- Nickel plated chain
- Display features Track Time, Stroke, Heart Rate (with wireless Heart Rate Strap), Calories, Paddle Width, Stroke Rate, Distance, Cycle & Watts.
- 95"L x 24"W x 40"H, 82 lbs.



## **T25** **FOLDING TREADMILL**

- Quickly and easily folds for storage
- 2 HP continuous duty & 4 HP peak motor
- 1-10 mph speed range
- 0-12% elevation
- Wide 20.5" x 57" running space
- 76"L x 36"W x 57"H, 260 lbs.



## **T50** **REHAB WALKING TREADMILL**

- Designed for rehabilitation and therapy
- Full length thick handrails
- Drive Motor: High torque 1.5 HP motor
- Belt Size: 53"L x 18.9"W walking belt
- Speed Range: 0.1-5 mph
- Oversized easy-to-read display
- 77"L x 30"W x 54"H, 162 lbs.



## **T150** **COMMERCIAL TREADMILL**

- Power Source: 110v Dedicated Commercial NEMA 5-20P
- Drive Motor: 4 HP
- Incline Motor: 115 V | 0.8 A | 1/6 HP
- Belt Size: 60"L x 22"W
- Speed Range: 0.5-12.5 mph
- Incline Range: 0% to 15%
- 82"L x 35"W x 59"H, 285 lbs.



## **E300** **ELLIPTICAL**

- Natural 21" stride
- Compact and stable
- 50"L x 31"W x 66"H, 232 lbs.

*\* Floor mat not included*



## **E400** **ELLIPTICAL**

- Adjustable stride of 17" to 21"
- Wireless HRC with chest strap
- 50"L x 31"W x 66"H, 244 lbs.



## **E5000** **ELLIPTICAL**

- Natural 21" stride
- Self generated machine eliminates power requirements
- Wireless HRC with chest strap
- 68"L x 31"W x 69"H, 249 lbs.



## **B4RB** **RECUMBENT BIKE**

- 11 built-in workout programs
- 24 resistance levels Walk through design
- Transport wheels for easy mobility
- 120v Plug-in Model
- 64"L x 26"W x 49"H, 119 lbs.



## **B4UB** **UPRIGHT BIKE**

- 11 built-in workout programs
- 24 resistance levels
- Transport wheels for easy mobility
- 120v Plug-in Model
- 47"L x 22"W x 55"H, 96 lbs



## **ESB250** **INDOOR EXERCISE BIKE**

- 44-pound flywheel
- Dual sided pedals feature toe-clips and pro-style clip-less mounts
- Seat and handlebars adjust both vertically and horizontally
- Transport wheels provide easy mobility
- Quiet belt drive
- 47"L x 20"W x 46"H, 139 lbs.



## **FB300B** **FAN BIKE**

- 27" largest in class steel-resistance fan
- Best in class sealed bearings
- Seat post adjusts horizontally and vertically for ideal seat positioning
- LCD display features quick program buttons, heart rate, speed, RPM, time, watts and calories
- 49"L x 24"W x 50"H, 97 lbs.

# POWERLINE

Powerline by Body-Solid products are designed with the home user in mind featuring smart, user-friendly features, compact construction and versatile equipment. Powerline offers a wide array of benches, power racks, smith machines, home gyms, accessories and storage options.



#PPR500EXT



Rack Extension

#PLA500



Lat Attachment



#PPR1000EXT



Rack Extension

#PLA1000



Lat Attachment



## PPR500 HALF RACK

- Includes J-cups and safety spotter arms
- Customize and expand with attachments
- 50"L x 51"W x 83"H, 113 lbs.

## PPR500EXT RACK EXTENSION

- 50"L x 51"W x 83"H, 39 lbs.

## PLA500 LAT ATTACHMENT

- 71"L x 51"W x 83"H, 59 lbs.



## PPR1000 POWER RACK

- 2" hole spacing for j-cups and pin and pipe safeties
- Includes J-cups and pipe & pin safeties
- 54"L x 51"W x 83"H, 168 lbs.

## PPR1000EXT RACK EXTENSION

- 70"L x 51"W x 83"H, 49 lbs.

## PLA1000 LAT ATTACHMENT

- 65"L x 51"W x 83"H, 59 lbs.

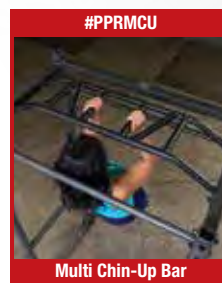
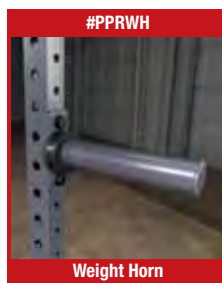
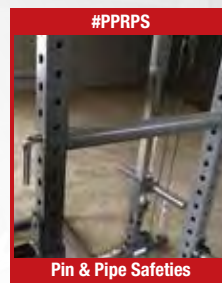


**PPR500**



**PPR1000**

**PPR OPTIONAL ATTACHMENTS**







## **PPR200X** **POWER RACK**

- 18 adjustment levels
- 45"L x 47"W x 82"H, 133 lbs.

### **OPTIONS:**

PLA200X Lat Attachment  
DR100 Dip Bar Attachment  
BC2 Bar Catches  
SCB26 Squat Calf Block



## **PMP150** **MULTI-PRESS RACK**

- Includes J-cup liftoffs, safeties, and plate storage horns
- 7 degree reverse pitch for biomechanically correct lifting patterns
- 46"L x 60"W x 71"H, 88 lbs.



## **PSS60X** **SQUAT RACK**

- 2" x 2" mainframe design
- Adjusts from 30"H to 60"H
- 36"L x 46"W x 60"H, 51 lbs.



## **PSM144X** **SMITH MACHINE**

- 14 lockout positions and adjustable safeties
- Deeply knurled single pivot sleeve
- 45"L X 76"W X 80"H, 159 lbs.



## **PSM144XS** **SMITH MACHINE PACKAGE**

Package Includes:

PSM144X Smith Machine, PFID130X Flat / Incline / Decline Bench, PLA144X Lat Station, SP150 150 lb. Weight Stack, PPA13X Pec Station, GPCA1 Preacher Curl Attachment, GLDA1 Leg Developer Attachment



## **PSM200** **SMITH MACHINE**

- Lift safely without the need for a spotter
- Effectiveness of free weight workouts with the safety of a machine
- 18 lockout points
- Weight Capacity: 400 lbs.
- 47"L x 66"W x 79"H, 63 lbs.



## **PFT100** **FUNCTIONAL TRAINERS**

- Includes two 160 lb. weight stack (two 210 lb. weight stacks available)
- Traveling pulleys swivel smoothly through 180-degree range of motion
- 42"L x 63"W x 83"H, 476 lbs.



## **PFT50** **FUNCTIONAL TRAINER**

- Includes one 210 lb weight stack (310 lb. weight stack available)
- Traveling pulleys swivel smoothly through 180-degree range of motion
- 55"L x 61"W x 84"H, 329 lbs.



## **PCC090X** **CABLE CROSSOVER**

- Includes 2 cable handles and 1 ankle strap
- 37"L x 113"W x 83"H, 108 lbs.

### **OPTIONS:**

- OAS14 14" Olympic Adapter Sleeve
- GCA2 Chin-Up Handles



## **PHG1000X** **HOME GYM**

- Bench Press and Pec Fly Station
- High and Low Pulley Station
- Leg Extension and Curl Station
- Lat Bar and Low Row Bar Included
- 61"L x 42"W x 84"H, 118 lbs.

### **OPTIONS:**

SP150 150 lb. Weight Stack



## **BSG10X** **EASY ASSEMBLY HOME GYM**

- 20 Minute Assembly Gym
- Bench, Incline and Shoulder Press Station
- High, Mid, and Low Pulley Stations
- Leg Extension and Curl Station
- Lat Bar, Low Row Bar and Ab/Tricep Strap Included
- 160lb standard weight stack
- 66"L x 47"W x 80"H, 316 lbs.

### **OPTIONS:**

BSGLPX Leg Press Attachment



## **P2X** **HOME GYM**

- Bench, Incline and Shoulder Press Station
- Functional Pulley Station
- High, Mid, and Low Pulley Stations
- Leg Extension and Curl Station
- Lat Bar, Low Row Bar and Ab/Tricep Strap
- 160lb standard weight stack
- 71"L x 50"W x 83"H, 381 lbs.
- 75"L x 72"W x 83"H, (with PLPX option)

### **OPTIONS:**

PLPX Leg Press Attachment  
SP50 50 lb. Weight Stack Upgrade

*Shown with Optional Weight Stack Shroud*



### **PAB139X** **AB BOARD**

- Isolates abdominal region
- Foot hold allows full range of motion
- 40"L x 20"W x 24"H, 35 lbs.



### **PHYP200X** **45° BACK HYPEREXTENSION**

- Increase flexibility and relieve back pain
- Easy to use design (feet stay on the ground)
- 42"L x 27"W x 31"H, 43 lbs.



### **PCH24X** **ROMAN CHAIR / BACK HYPER**

- Extra-wide base eliminates rocking
- Works glutes, hamstrings, calves, abs, obliques and back
- 46"L x 24"W x 38"H, 40 lbs.



### **PAB21X** **AB BENCH**

- Full range abdominal crunch
- Great for tricep extensions
- Tricep/ab strap included
- 40"L x 18"W x 38"H, 31 lbs.



### **PDR282X** **DUMBBELL RACK**

- Holds one (1) pair each of 5-30 lb. Hex Dumbbells.
- 14"L x 33"W x 23"H, 32 lbs.



## **PLM180X** **LAT MACHINE**

- 1" dia. weight posts
- Lat Bar and Low Row Bar included
- 48"L x 43"W x 81"H, 69 lbs.



## **PSC43X** **SEATED CALF RAISE**

- Operates on a 3:1 weight ratio
- Isolates calf muscles
- 47"L x 21"W x 32"H, 44 lbs.



## **PLCE165X** **LEG EXTENSION & LEG CURL**

- Leg extensions and curls in one machine
- Prone leg curl isolates hamstrings
- 62"L x 25"W x 27"H, 44 lbs.



## **PGM200X** **GLUTE MAX**

- Works each leg individually for maximum isolation of the gluteus muscles.
- Adjustable forearm pads slide forward and backward to accommodate users of any height.
- 66"L x 26"W x 60"H, 67 lbs.



## **PVLP156X** **VERTICAL LEG PRESS**

- Three 1" dia. weight posts for even resistance distribution
- Nylon busings for smooth, consistent motion
- Thick back and neck pads for comfort and support
- 45"L x 47"W x 55"H, 77 lbs.





### **PFI150** **FLAT / INCLINE BENCH**

- Independent back and seat pad adjustments (ladder style)
- 55"L x 24"W x 18"H, 53 lbs.



### **PFID125X** **MULTI-BENCH**

- Fold flat for easy storage
- Ships fully assembled
- 59"L x 19"W x 17"H, 45 lbs.



### **PFID130X** **FLAT / INCLINE / DECLINE BENCH**

- Independent back (ladder style) and seat pad (pin) adjustments
- 55"L x 26"W x 21"H, 48 lbs.

#### **OPTIONS:**

- GLDA1 Leg Developer Attachment
- GPCA1 Preacher Curl Attachment



### **PPB32X** **PREACHER CURL BENCH**

- Angled arm pad isolates bicep muscles
- Cradle fit curl bars perfectly
- 34"L x 35"W x 37"H, 42 lbs.



### **PVKC83X** **VERTICAL KNEE RAISE / DIP / PUSH-UP / CHIN-UP**

- Lat pull-up / chin-up station features easy step-up entry.
- 35"L x 42"W x 83"H, 64 lbs.

# BEST FITNESS

With value at top of mind, the Body-Solid Best Fitness product line is ideal for entry-level home users looking to bring their workouts home. Featuring cardio pieces, free weight machines, free weight rack systems/benches as well as home gyms, Best Fitness has something for everybody.



## **BFUB1** **UPRIGHT BIKE**

- Eight levels of magnetic resistance
- Contact HR readout
- Five panel feedback LCD display
- Transport wheels
- 41"L x 20"W x 55"H, 72 lbs.



## **BFRB1** **RECUMBENT BIKE**

- Eight levels of magnetic resistance
- Five panel feedback LCD display
- Contact HR readout
- Transport wheels
- 51"L x 25"W x 40"H, 67 lbs.



## **BFSB5** **INDOOR TRAINING CYCLE**

- 40 lb. flywheel
- Chain drive system
- Transport wheels
- 44"L x 20"W x 44"H, 101 lbs.



## **BFCT1** **CROSS TRAINER ELLIPTICAL**

- Eight levels of magnetic resistance
- Contact HR readout
- Five panel feedback LCD display
- 45"L x 26"W x 66"H, 97 lbs.



## **BFE2** **CENTER DRIVE ELLIPTICAL**

- 21" natural stride
- Contact heart rate
- Close pedal spacing eliminates hip fatigue
- 5" digital display
- 48"L x 30"W x 66"H, 182 lbs.



## **BFMC10** **MOUNTAIN CLIMBER**

- Lower body stepper and upper body climber in one machine
- Easy to store / folds for storage
- Low impact workout
- 9"L x 25"W x 77"H (folded)
- 37"L x 25"W x 85"H, 49 lbs.



## **BFT25** **FOLDING TREADMILL**

- Folds for easy storage
- 0.6-10 mph speed
- 15 different incline levels
- 18x54" rubber-cushioned running surface
- 71"L x 32"W x 55"H, 163 lbs.





## **BFAB10** **AB BOARD**

- 3 starting positions (15, 20 or 25 degrees)  
No assembly required.
- 37"L x 18"W x 10"H (folded)
- 49"L x 18"W x 27"H, 23 lbs.



## **BFAB20** **SEMI-RECUMBENT AB BENCH**

- Seat angles- 45-degree start w/ 2 additional 5-degree reclining positions.
- 64"L x 22"W x 46"H, 61 lbs.



## **BFHYP10** **AB BOARD / HYPEREXTENSION**

- 3 starting positions: 15, 20 and 25 degrees.
- Folds for storage
- 37"L x 29"W x 11"H (folded)
- 50"L x 29"W x 32"H, 30 lbs.



## **BFVK10** **VERTICAL KNEE RAISE / DIP / PUSH-UP / CHIN-UP**

- Lat pull-up / chin-up station features easy step-up entry.
- 39"L x 27"W x 83"H, 69 lbs.



## **BFINVER10** **INVERSION TABLE**

- Simple, 2-pin collapse-and-fold design that allows for fast storage in any closet.
- Fits users from 4'10" to 6' 6"
- 47"L x 30"W x 60"H, 46 lbs.



## **BFFID10** **FLAT / INCLINE / DECLINE BENCH**

- No assembly required
- 42"L x 18"W x 10"H (folded)
- 58"L x 18"W x 19"H, 34 lbs.

### **OPTIONS:**

**BFPL10** Preacher Curl / Leg Station



## **BFFID25** **FLAT / INCLINE BENCH**

- Fully assembled out of the box
- Ladder-style back pad adjustments
- Backpad angles: 0°, 15°, 30°, 45°, 60°, 80°
- Folds for easy storage (8.7" H)
- 68" L x 41" W x 58" H, 33.5 lbs.



## **BFWT5** **STANDARD WEIGHT TREE**

- Three weight posts
- Designed for 1" standard weight plates
- Side Horns Length: 9"
- Top Horn Length: 6"
- 20" L x 32" W x 25" H, 20 lbs.



## **BFWT10** **OLYMPIC WEIGHT TREE**

- Six 9" Olympic size weight horns
- Two Olympic bar holders
- Perfect for Olympic bumper plates and traditional Olympic plates
- 24"L x 25"W x 53"H, 40 lbs.



## **BFDR10** **MULTI-STATION GYM**

- Keep workout areas clean and organized
- Three-tier dumbbell rack
- Holds 10 pairs of hex dumbbells (5-50 lbs.)
- 41.7" L x 22.8" W x 30" H, 46 lbs.



## **BFOB10** **FOLDING OLYMPIC BENCH**

- Adjustable uprights
- Includes leg developer
- 25"L x 42"W x 72"H (folded)
- 68"L x 42"W x 57"H, 71 lbs.



## **BFFT10** **FUNCTIONAL TRAINER**

- Integrated chinning bar allows for pull-ups
- Adjustable swiveling pulleys
- Two nylon cable handles included
- Includes a single 190 lb. weight stack
- 55"L x 61"W x 84"H, 309 lbs.



## **BFPR100** **POWER RACK**

- Includes bar catches and safeties
- 46"L x 47"W x 83"H, 107 lbs.

### **OPTIONS:**

BFLA100 Lat Attachment

DR100 Dip Bar Attachment



## **BFCCO10** **FOLDING OLYMPIC BENCH**

- No cable change design
- 180-degree swiveling pulleys
- Nylon bushings & chrome guide rods
- Sturdy frame constructions
- 37" L x 110" W x 83" H, 102 lbs.



## **BFMG20** **SPORTSMAN GYM**

- Bench Press and Pec Fly Station
- High and Low Pulley Station
- Leg Extension and Curl Station
- Lat Bar and Low Row Bar Included
- 150lb weight stack
- 64"L x 47"W x 78"H, 276 lbs.



## **BFMG30** **MULTI-STATION GYM**

- Multi-Press and Pec Fly Station
- High and Low Pulley Station
- Ab / Mid-Pulley Station
- Leg Extension and Curl Station
- Lat Bar and Low Row Bar Included
- 145lb weight stack
- 72"L x 47"W x 83"H, 337 lbs.



## **BFSM250** **SMITH MACHINE**

- Lift safely without a spotter
- 20 lockout points
- Solid-steel knurled Olympic barbell
- Weight Capacity: 300 lbs.
- 50"L x 66"W x 79"H, 114 lbs.



## **BFLA250** **LAT ATTACHMENT**

- Add workout variety to BFSM250 Smith Machine
- High and low pulley with a no-cable change design
- Includes lat bar and low row bar
- Weight Capacity: 200 lbs.
- Dimensions: 59"L x 66"W x 82"H, 52 lbs.

# BODY-SOLID TOOLS

The Body-Solid Tools line of accessories is designed with all users in mind. From medicine balls and slam balls to plyo boxes, pull-up bars and training ropes, Body-Solid Tools accessories cover every facet of fitness and provide gyms and facilities with everything they need for a complete user experience.



## **BSTSB(SIZE)** **STABILITY BALLS**

- Durable, latex-free, anti-burst construction
- Available in 45, 55, 65, and 75 cm diameter



## **BSTTT(WEIGHT)** **TIRE TREAD SLAM BALLS**

- Thick durable rubber shell
- Non bouncing, non rolling design
- Aggressive tire tread surface for superior grip
- Available in 10, 15, and 20 lb.



## **BSTHB(WEIGHT)** **SLAM BALLS**

- Thick durable rubber shell
- Non bouncing, non rolling design
- Textured surface for superior grip
- Available in 10, 15, 20, 25, and 30 lb.



## **BSTSMB(WEIGHT)** **SOFT MEDICINE BALLS**

- Easy to catch, impact-absorbing design
- Each medicine ball features a 14" diameter
- Available in 6, 8, 10, 12, 14, 16, 18, 20, 25, and 30 lb.



## **BSTDMB(WEIGHT)** **DUAL GRIP MEDICINE BALLS**

- Durable rubber, easy-grip handles
- Available in 6, 8, 10, 12, 14, 16, 18, and 20 lb.



## **BSTMB(WEIGHT)** **PREMIUM MEDICINE BALLS**

- Textured grip for superior handling
- Durable rubber construction
- Large, easy-to-identify weight identifiers and color-coding
- Available in 2, 4, 6, 8, 10, 12, 14, 16, 20, 25, and 30 lb.



## **BSTDYN(WEIGHT)** **DYNAMAX MEDICINE BALLS**

- Soft-shell design is scuff-resistance and designed to hold shape
- Heavy-duty, vinyl-coated nylon cover
- 14" diameter
- Available in 4, 6, 8, 10, 12, 14, 16, 18, 20, 25, and 30 lb.



## **BSTHRB(WEIGHT)** **HEAVY RUBBER BALLS**

- Heavy-rubber construction for significantly longer life
- Durable rubber construction
- Consistent center of gravity
- Available in 20, 30, 40, 50, 60, and 70 lbs.



## **BSTFB(WEIGHT)** **FITNESS BARS**

- Weight designations permanently stamped into color-coordinated rubber end caps
- Available in 6, 9, 12, 15, 18, 24, 30, and 36 lb.



## **GFR500 FITNESS BAR RACK**

- 24"L x 29"W x 43"H, 37 lbs.
- Holds up to 30 bars



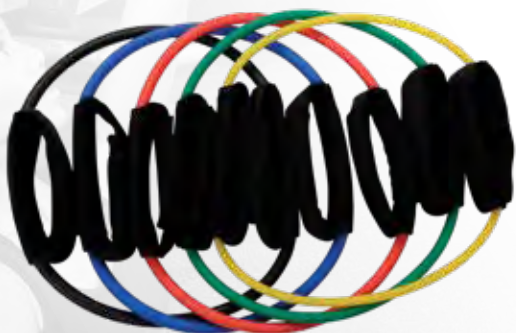
## **BSTB(WEIGHT) LIFTING BANDS**

BSTB1	ORANGE	VERY LIGHT
BSTB2	GREEN	LIGHT
BSTB3	RED	MEDIUM
BSTB4	BLUE	HEAVY
BSTB5	PURPLE	VERY HEAVY



## **BSTBM(WEIGHT) MINI RESISTANCE BANDS**

BSTBM1	YELLOW	VERY LIGHT
BSTBM2	GREEN	LIGHT
BSTBM3	RED	MEDIUM
BSTBM4	BLUE	HEAVY
BSTBM5	BLACK	VERY HEAVY



## **BSTART(WEIGHT) ANKLE RESISTANCE TUBES**

BSTART1	YELLOW	VERY LIGHT
BSTART2	GREEN	LIGHT
BSTART3	RED	MEDIUM
BSTART4	BLUE	HEAVY
BSTART5	BLACK	VERY HEAVY



## **BSTRT(WEIGHT) RESISTANCE TUBES**

BSTRT1	YELLOW	VERY LIGHT
BSTRT2	GREEN	LIGHT
BSTRT3	RED	MEDIUM
BSTRT4	BLUE	HEAVY
BSTRT5	BLACK	VERY HEAVY

## **BSTRTDA RESISTANCE TUBE DOOR ATTACHMENT**

- Anchor resistance tubes in door frame
- 8.5" L x 1.5" W

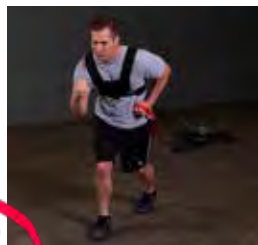


## **GCRPACK CARDIO BAR PACK**

- 35"L x 36"W x 50"H, 505 lbs.

### PACK INCLUDES:

1 GCR100	RACK
10 RBCW	55" STRAIGHT BARS
20 RCCW	SPRING COLLARS
20 RPCW2-5	2.5 lb. PLATES
20 RPCW5	5 lb. PLATES
20 RPCW10	10 lb. PLATES



## **BSTPB(HEIGHT)** **STACKABLE METAL PLYO BOXES**

BSTPB6	H 6"	BSTPB30	H 30"
BSTPB12	H 12"	BSTPB36	H 36"
BSTPB18	H 18"	BSTPB42	H 42"
BSTPB24	H 24"		

## **BSTSPBOX + BSTWPBOX** **3-IN-1 PLYO BOXES**

BSTSPBOX - SOFT PLYO BOX  
20" x 24" x 30"

BSTWPBOX - WOODEN PLYO BOX  
20" x 24" x 30"

## **BSTAW(WEIGHT)** **ADJUSTABLE ANKLE WEIGHTS**

- Sold in pairs
- Adjustable in 1 lb. increments

BSTAW10	10 lb.
BSTAW20	20 lb.

## **BSTWVP(WEIGHT)** **WEIGHTED VESTS**

- Dual velcro straps for secure fit
- Individual 1.25 lb. sandbags for easy adjustments

BSTWVP20	20 lb.
BSTWVP40	40 lb.

## **BSTSH** **SLED HARNESS**

- Fully adjustable fit
- Quick release strap
- For use with weight sleds and parachutes





## **BSTFR** **FOAM ROLLERS**

BSTFR36F	36"L x 6"W x 6"H	FULL
BSTFR36H	36"L x 6"W x 3"H	HALF



## **BSTFRP** **PREMIUM FOAM ROLLERS**

BSTFRP36F	36"L x 6"W x 6"H	FULL
BSTFRP18F	18"L x 6"W x 6"H	SHORT



## **BSTYM** **YOGA MATS**

BSTYM3	72"L x 24"W x 3mm	BLUE
BSTYM5	72"L x 24"W x 5mm	RED
BSTYM10	72"L x 24"W x 6mm	GREEN



## **BSTYB10** **PREMIUM FOAM YOGA BLOCK**

- Lightweight, high-density and sturdy for long-lasting durability
- Beveled edges provide soft, stable grip
- 9"L x 4"W x 6"H, .5 lb.



### **BSTFM10** **FOAM EXERCISE MAT**

- Contoured bottom to minimize slippage
- Carrying strap & hand-hold
- 48"L x 20"W x .5"H, 2 lbs.



### **BSTFM20** **HANGING FOAM EXERCISE MAT**

- Reinforced eyelets to hang on wall or door
- Water-resistant, non-slip surface
- 71"L x 23"W x .5"H, 2 lbs.

### **BSTFMH** **FOAM MAT HANGER**

21"L x 7"W" x 2"H, 1 lbs.



### **BSTDH** **DUMBBELL HOOKS**

- Connect & hang dumbbells to barbells
- Eliminate the need for kicking dumbbells into position
- Velcro strap to keep hook secure during lifts
- Fits dumbbell handles up to 1-3/8" diameter & 5" length
- 10"L x 5"W x 4"H, 2 lbs.



### **PUB34** **CHIN-UP BAR**

- Easily removes from door frame brackets when not in use
- Extends up and out from door frame increasing range of motion
- 37"L x 16"W x 7"H, 9 lbs.



### **PUB30** **PULL-UP/PUSH-UP BAR**

- No mounting hardware required
- Fits doorways 27.5" to 30"W
- 37"L x 16"W x 7"H, 4 lbs.



**MB501**  
STIRRUP HANDLE



**MB501RG**  
PRO-GRIP  
STIRRUP HANDLE



**TR20**  
TRICEP ROPE



**MB503RG**  
PRO-GRIP  
MULTI BAR



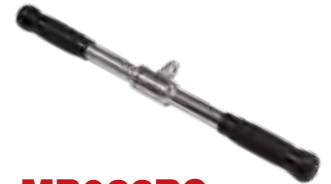
**MB502**  
SEATED ROW /  
CHIN BAR



**MB502RG**  
PRO-GRIP  
SEATED ROW /  
CHIN BAR



**MB022**  
REVOLVING  
STRAIGHT BAR



**MB022RG**  
PRO-GRIP  
REVOLVING  
STRAIGHT BAR



**MB022A**  
ALUMINUM  
REVOLVING  
STRAIGHT BAR



**MB229A**  
ALUMINUM  
REVOLVING  
CURL BAR



**MB148A**  
ALUMINUM  
LAT BAR



**MB100A**  
ALUMINUM  
DOUBLE SWIVEL  
BAR



**MB229**  
REVOLVING  
CURL BAR



**MB229RG**  
PRO-GRIP  
REVOLVING  
CURL BAR



**MB148RG**  
PRO-GRIP  
PRO-STYLE  
LAT BAR



**MB438RG**  
PRO-GRIP  
MULTI-GRIP  
LAT BAR



**MB148**  
LAT BAR



**MB504**  
TRICEP PRESS-DOWN BAR



**MB504RG**  
PRO-GRIP TRICEP PRESS-DOWN BAR



**MB507RG**  
PRO-GRIP V-BAR



**NTS10**  
TRICEP STRAP



**NB59**  
ADJUSTABLE NYLON HANDLE



**NB59A**  
ALUMINUM NYLON HANDLE



**NB51**  
NYLON WRIST STRAPS



**NB52**  
LIFTING STRAPS



**ACH18**  
AB CRUNCH HARNESS



**NB55**  
NYLON DIPPING STRAP



**NB56**  
NYLON DIPPING BELT



**NAS3**  
NYLON ANKLE STRAP



**MA307N**  
NYLON HEAD HARNESS



**BSTGT**  
GRIP TRAINER



**BSTCB**  
CANNONBALL  
GRIPS



**BSTNG**  
NUN-CHUCK  
GRIPS



**BSTDB**  
DOG BONE  
GRIP



**AAB2**  
GUT BLASTER  
AB SLINGS



**STT45**  
WEIGHT PLATE  
CLOCK



**BSTAB1**  
AB WHEEL



**PG2**  
PRO POWER  
GRIPS



**BSTJR1**  
JUMP ROPE



**BSTSR1**  
CABLE SPEED  
ROPE



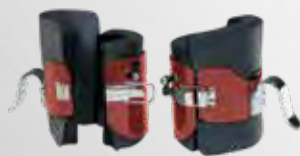
**BSTSR10**  
PREMIUM  
SPEED ROPE



**BSTRINGS**  
RINGS



**BB23**  
BICEPS BOMBER



**GIB2R**  
INVERSION  
BOOTS



**PUB2**  
CHROME  
PUSH-UP BARS



**PUB5**  
PREMIUM  
PUSH-UP BARS



## **BSTBR**

### **FITNESS TRAINING ROPES**

- BSTBR1530 1.5" DIA x 30' LONG
- BSTBR1540 1.5" DIA x 40' LONG
- BSTBR2030 2.0" DIA x 30' LONG
- BSTBR2040 2.0" DIA x 40' LONG



## **RF546**

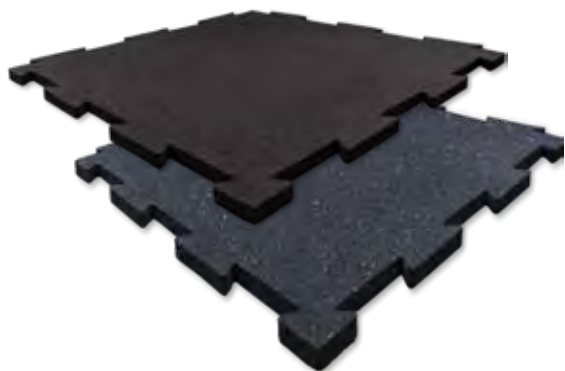
### **RUBBER FLOORING**

- 72"L x 48"W x 1/2"H

## **RFHU463/4ECO**

### **RUBBER FLOORING**

- 72"L x 48"W x 3/4"H



## **RFBST4PB | RFBST4PS**

### **INTERLOCKING RUBBER FLOORING**

RFBST4PB (box of 4 pcs) - BLACK

- 19.75"L x 19.75"W x 7/16"H

RFBST4PS (box of 4 pcs) - GRAY SPECK

- 19.75"L x 19.75"W x 7/16"H



## **RF36T | RF34B | RF38R**

### **CARDIO MATS**

- RF36T 78"L x 36"W x 1/8"H
- RF34B 48"L x 36"W x 1/8"H
- RF38R 102"L x 36"W x 1/8"H

# WEIGHTS & BARS

Body-Solid offers one of the largest selections of free weights and bars in the industry. Each Body-Solid weight plate, Olympic bar, kettlebell and dumbbell is meticulously designed and constructed to perform its best every time.



## OPB CAST IRON OLYMPIC PLATES

- OPB2-5** 2.5 lb.
- OPB5** 5 lb.
- OPB10** 10 lb.
- OPB25** 25 lb.
- OPB35** 35 lb.
- OPB45** 45 lb.
- OPB100** 100 lb.

## SETS

- OSB255** - (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
- OSB355** - (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
- OSB455** - (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
- OSC300S** - (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
- OSC400S** - (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
- OSC500S** - (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars



## SETS W/ BLACK BAR

- OSB300S** - (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06 Spring Collars
- OSB400S** - (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06 Spring Collars
- OSB500S** - (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06 Spring Collars



## OPT CAST IRON GRIP OLYMPIC PLATES

- OPT2-5** 2.5 lb.
- OPT5** 5 lb.
- OPT10** 10 lb.
- OPT25** 25 lb.
- OPT35** 35 lb.
- OPT45** 45 lb.

## SETS

- OST255** - (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
- OST355** - (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
- OST455** - (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
- OST300S** - (2) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
- OST400S** - (4) 45 lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
- OST500S** - (6) 45 lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars



## ORT RUBBER GRIP OLYMPIC PLATES

- ORT2-5** 2.5 lb.
- ORT5** 5 lb.
- ORT10** 10 lb.
- ORT25** 25 lb.
- ORT35** 35 lb.
- ORT45** 45 lb.
- ORT100** 100 lb.

## SETS

- ORST255** - (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
- ORST355** - (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
- ORST455** - (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
- OSR300S** - (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
- OSR400S** - (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
- OSR500S** - (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.  
(1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars



## ORC COLOR RUBBER GRIP OLYMPIC PLATES SETS

<b>ORC2-5</b>	2.5 lb.	<b>ORCT255</b>	- (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb.
<b>ORC5</b>	5 lb.	<b>ORCT355</b>	- (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb.
<b>ORC10</b>	10 lb.	<b>ORCT455</b>	- (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb.
<b>ORC25</b>	25 lb.	<b>ORC300</b>	- (2) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 Lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
<b>ORC35</b>	35 lb.	<b>ORC400</b>	- (4) 45lb. (2) 35lb. (2) 25lb. (2) 10lb. (6) 5lb. (2) 2.5 lb. (1) 44 Lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars
<b>ORC45</b>	45 lb.	<b>ORC500</b>	- (6) 45lb. (2) 35lb. (2) 25lb. (4) 10lb. (4) 5lb. (2) 2.5 lb. (1) 44 Lb. Olympic Bar #OB86 (chrome) (2) #OC06 Spring Collars



## OBPH PREMIUM BUMPER PLATES

<b>OBPH10</b>	10 lb.	<ul style="list-style-type: none"> <li>Made in the USA</li> <li>2" Stainless steel center bushing protects the rubber material</li> <li>Rubber made from recycled rubber</li> </ul>
<b>OBPH15</b>	15 lb.	
<b>OBPH25</b>	25 lb.	<ul style="list-style-type: none"> <li>Dimensions- each plate is 17.7" round regardless of weight</li> <li>1 Year Commercial Warranty</li> </ul>
<b>OBPH35</b>	35 lb.	
<b>OBPH45</b>	45 lb.	



## OBPX CHICAGO EXTREME BUMPER PLATES

<b>OBPX10</b>	10 lb.	<ul style="list-style-type: none"> <li>Diameter 450mm (17.72"), IWF Standard</li> <li>Collar Opening 50.8mm (2")</li> <li>Smooth Black Finish</li> </ul>
<b>OBPX15</b>	15 lb.	
<b>OBPX25</b>	25 lb.	<ul style="list-style-type: none"> <li>1 Year Commercial Warranty for 10 lb. and 15 lb.</li> <li>3 Year Commercial Warranty for 25 lb., 35 lb. and 45 lb.</li> </ul>
<b>OBPX35</b>	35 lb.	
<b>OBPX45</b>	45 lb.	



## OBPXC CHICAGO EXTREME COLOR BUMPER PLATES

<b>OBPXC10</b>	10 lb.	<ul style="list-style-type: none"> <li>Diameter 450mm (17.72"), IWF Standard</li> <li>Collar Opening 50.8mm (2")</li> <li>Smooth Finish</li> </ul>
<b>OBPXC15</b>	15 lb.	
<b>OBPXC25</b>	25 lb.	<ul style="list-style-type: none"> <li>1 Year Commercial Warranty for 10 lb. and 15 lb.</li> <li>3 Year Commercial Warranty for 25 lb., 35 lb. and 45 lb.</li> </ul>
<b>OBPXC35</b>	35 lb.	
<b>OBPXC45</b>	45 lb.	



## RPB CAST IRON STANDARD PLATES

<b>RPB1-5</b>	1.5 lb.	<b>RPB12-5</b>	12.5 lb.
<b>RPB2-5</b>	2.5 lb.	<b>RPB20</b>	20 lb.
<b>RPB5</b>	5 lb.	<b>RPB25</b>	25 lb.
<b>RPB7-5</b>	7.5 lb.	<b>RPB50</b>	50 lb.
<b>RPB10</b>	10 lb.		





### **BSTVD(WEIGHT) & BSTND(WEIGHT) VINYL & NEOPRENE DUMBBELL**

- Durable vinyl or neoprene finish
- Color-coded by weight
- Available in 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 12, and 15 lb.



### **SDX(WEIGHT) CAST IRON HEX DUMBBELLS**

- Straight handles
- Available in 2, 3, 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, and 100 lb.



### **SDR(WEIGHT) RUBBER HEX DUMBBELLS**

- Contoured, knurled, chrome handles
- Available in 3, 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, and 120 lb.



### **SDP(WEIGHT) PREMIUM ROUND RUBBER DUMBBELLS**

- Straight, knurled, chrome handles
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, and 100 lb.



### **SBB(WEIGHT) & SBZ(WEIGHT) FIXED WEIGHT BARBELLS**

- Knurled chrome handles for secure grip
- Straight or ez-curl bar design
- 1.26" grip diameter
- Available in 20, 30, 40, 50, 60, 70, 80, 90, 100, and 110 lb.



### **KBR(WEIGHT)** **CAST IRON KETTLEBELLS**

- Powder Coated finish
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, and 100 lb.



### **KBV(WEIGHT)** **VINYL DIPPED KETTLEBELLS**

- Durable vinyl coating is color-coded by weight
- Available in 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, and 50 lb.



### **KBC(WEIGHT)** **PREMIUM KETTLEBELLS**

- Durable rubber coating with premium, chrome handles
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, and 80 lb.



### **KBX(WEIGHT)** **TRAINING KETTLEBELLS**

- Durable powder-coat finish
- Gravity cast
- Available in 4 kg (8.8 lb), 6 kg (13.2 lb), 8 kg (17.6 lb), 10 kg (22.0 lb), 12 kg (26.4 lb), 14 kg (30.8 lb), 16 kg (35.2 lb), 18 kg (39.7 lb), 20 kg (44.1 lb), 22 kg (48.5 lb), 24 kg (52.9 lb), 28 kg (61.7 lb), 32 kg (70.5 lb), and 36 kg (79.4 lb)



### **OB60B** **5' OLYMPIC BAR (BLACK)**

- Bar Dia: 30.00 mm
- (ID) Collars: 36.5"
- Sleeve Length: 9.75"
- Weight Capacity: 600 lbs.
- 60"L, 30 lbs.



### **OB72A15** **6' OLYMPIC BAR (ALUMINUM)**

- Bar Dia: 28.50 mm
- (ID) Collars: 51.5"
- Sleeve Length: 9.25"
- Weight Capacity: 300 lbs.
- 72"L, 15 lbs.



### **OB72B** **6' OLYMPIC BAR (BLACK)**

- Bar Dia: 30.00 mm
- (ID) Collars: 46.0"
- Sleeve Length: 11.25"
- Weight Capacity: 600 lbs.
- 72"L, 40 lbs.



### **OB79EXT** **WOMEN'S OLYMPIC BAR**

- Bar Dia: 25.00 mm
- (ID) Collars: 51.5"
- Sleeve Length: 12.5"
- Weight Capacity: 1000 lbs.
- 78"L, 33 lbs.



### **OB86B** **7' OLYMPIC BAR (BLACK)**

- Bar Dia: 30.00 mm
- (ID) Collars: 51.50"
- Sleeve Length: 15.75"
- Weight Capacity: 600 lbs.
- 86"L, 44 lbs.



### **OB86** 7' OLYMPIC BAR (CHROME)

- Bar Dia: 30.00 mm
- (ID) Collars: 51.50"
- Sleeve Length: 15.75"
- Weight Capacity: 600 lbs.
- 86"L, 44 lbs.



### **OB86P1000** 7' OLYMPIC POWER BAR (CHROME)

- Bar Dia: 30.00 mm
- (ID) Collars: 52.75"
- Sleeve Length: 15.25"
- Weight Capacity: 1000 lbs.
- 86"L, 44 lbs.



### **OB86LPB** 7' OLYMPIC POWER BAR (ZINC)

- Bar Dia: 28.50 mm
- (ID) Collars: 52.75"
- Sleeve Length: 15.75"
- Weight Capacity: 1000 lbs.
- 86"L, 44 lbs.



### **OB86EXT** EXTREME OLYMPIC BAR

- Bar Dia: 28.75 mm
- (ID) Collars: 52.00"
- Sleeve Length: 16.25"
- Weight Capacity: 1500 lbs.
- 86"L, 44 lbs.



### **OB864STAR** 4STAR POWER BAR (BLACK)

- Bar Dia: 28.50 mm
- (ID) Collars: 52.00"
- Sleeve Length: 16.50"
- Weight Capacity: 1500 lbs.
- 86"L, 44 lbs.



## **OB20** OLYMPIC DUMBBELL HANDLES

- Sold Individually
- Knurled grip
- 20"L, 20 lbs.



## **OB34C** OLYMPIC TRICEPS BAR

- Bar Dia: 25.50 mm
- (ID) Collars: 18.5"
- Sleeve Length: 7"
- 34"L, 22 lbs.



## **OB47C** OLYMPIC CURL BAR (CHROME)

- Bar Dia: 25.50 mm
- (ID) Collars: 31.5"
- Sleeve Length: 7"
- 47"L, 17 lbs.



## **OB47B** OLYMPIC CURL BAR (BLACK)

- Bar Dia: 25.50 mm
- (ID) Collars: 31.5"
- Sleeve Length: 7"
- 47"L, 17 lbs.



## **OB48** OLYMPIC COMBO BAR (CHROME)

- Bar Dia: 25.50 mm
- (ID) Collars: 33.75"
- Sleeve Length: 7"
- 48"L, 20 lbs.



## **OB48F** FAT CURL BAR (BLACK)

- 2" grip diameter for extra emphasis on forearms/grip strength
- 11-gauge steel
- 2" diameter sleeves for use with Oly weights
- 48"L x 5"W x 3"H, 12 lbs.



## **OMG47** OLYMPIC MULTI-GRIP CURL BAR

- Three separate neutral grips to enhance muscle recruitment
- Knurled handles for comfortable and secure lifts
- 2" sleeve diameter for use with Oly weights
- 48"L x 8"W x 3"H, 12 lbs.



## **OMG86** OLYMPIC MULTI-GRIP BAR (BLACK)

- Bar Dia: 25.50 mm
- (ID) Collars: 52.5"
- Sleeve Length: 16.5"
- 86"L, 45 lbs.



## **OBSS50** SAFETY SQUAT BAR

- Redistribute weight during squats and lunges
- Extra thick pad to prevent sliding & movement during lifts
- Heavy-duty & comfortable vinyl pads
- 2" diameter sleeves for use with Oly weights
- 16"L x 87"W x 4"H, 47 lbs..



## **BSTFWH** FARMERS WALK BARS

- Sold in pairs
- Bar Dia: 25.50 mm
- (ID) Collars: 35.625"
- Sleeve Length: 12"
- 60"L, 18 lbs.



## **OTB50 & OTB50RH** OLYMPIC TRAP BARS

- Bar Dia: 25.50 mm
- (ID) Collars: 24" Handle
- Sleeve Length: 9.75"
- 56"L, OTB50 - 45 lbs. | OTB50RH - 50 lbs.



## **OTB100** OPEN TRAP BAR

- Perfect for deadlifts, shrugs, lunges & more
- Dual high & low ergonomic handles
- Built-in bar jack
- 16.25" 2" diameter plate sleeves
- 26"L x 73"H x 8"H, 58 lbs



### **OC06PR** **OLYMPIC SPRING COLLARS**

- Sold in pairs
- Simple and effective spring tension design



### **OC04** **OLYMPIC TRAINING COLLARS**

- Sold individually
- Classic old school style for quick changes



### **BSTLJ02** **LOCK JAW OLY 2 COLLARS**

- Sold in pairs
- Uni-body construction for heavy usage
- Durable and secure lever design
- Quick and easy to use
- Elastomer pads protect bar finish



### **BSTLJHX** **LOCK JAW HEX COLLARS**

- Sold in pairs
- Quick and easy to use
- Elastomer pads protect bar finish



**TBR10**  
T-BAR ROW  
PLATFORM

- 11"L x 5"W x 6"H
- 7 lbs.



**TBR20**  
DUAL PIVOT  
T-BAR ROW  
PLATFORM

- 11"L x 5"W x 6"H
- 7 lbs.



**LBB28**  
LAT BLASTER BAR

- 31"L x 5"W x 1"H
- 5 lbs.



**TBR50**  
HOME PLATE  
T-BAR ROW  
LANDMINE

- 23"L x 15"W x 5"H
- 31 lbs.



**LMSE**  
LANDMINE  
SINGLE EYELET

- 13"L x 5"W x 2"H
- 3 lbs.



**LMPP**  
LANDMINE  
PLATE PIVOT

- 10"L x 10"W x 2.5"H
- 5 lbs.



**LMMG**  
LANDMINE  
MULTI-GRIP

- 44"L x 9"W x 8"H
- 8 lbs.



**LMCG**  
LANDMINE  
CLUBGRIP

- 24"L x 5"W x 3"H
- 7 lbs.





### **BSTOBJ OLYMPIC BAR JACK**

- Sold individually
- 20"L x 5"W x 13"H
- 9 lbs.



### **BSTOLP PLATE LOAD PIN**

- 12"L x 4"W x 4"H
- 2 lbs.



### **BSTOBS OLYMPIC BAR STANDS**

- Sold individually
- 2"L x 17"W x 12"H
- 7 lbs.



### **BSTCH44 LIFTING CHAINS**

- Zinc-coated
- 5' Length
- 22 lbs. each



### **BSTOPW PLATE WEDGE**

- Sold individually
- 9"L x 2"W x 1"H
- .5 lbs.



### **MA105 BAR PAD**

- 16"L x 4"W x 4"H
- 1 lb.



### **MR136 MANTA RAY**

- 12"L x 3"W x 8"H
- 1 lb.



### **BSTBPAD PREMIUM BAR PAD**

- 18"L x 4"W x 4"H
- 1 lb.

## **RB72**

### **6' STANDARD BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 41"
- Collar Length: 15"
- 72"L, 18 lbs.

## **RB84**

### **7' STANDARD BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 51.0"
- Collar Length: 16"
- 84"L, 20 lbs.

## **RB47**

### **STANDARD CURL BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 30.5"
- Collar Length: 7.875"
- 47"L, 11 lbs.

## **RB48**

### **STANDARD COMBO BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 30.5
- Collar Length: 7.875"
- 48"L, 16 lbs.

## **SDA14**

### **STANDARD DUMBBELL HANDLES**

- Sold individually
- Bar Dia: 25.4 mm
- (ID) Collars: 4.5"
- Collar Length: 4.5"
- 14"L, 3.5 lbs. (ea.)

## **SDA14T**

### **STANDARD THREADED DUMBBELL HANDLES**

- Sold individually
- Bar Dia: 25.4 mm
- (ID) Collars: 5"
- Collar Length: 4"
- 14"L, 5 lbs. (ea.)



### **RC0616** **STANDARD SPRING COLLARS**

- Sold in pairs
- Classic design for quick-changes



### **RC03** **STANDARD 1/2 LB COLLARS**

- Sold individually
- 1/2 lb. cast iron



### **RC02** **STANDARD 1 LB. COLLARS**

- Sold individually
- 1lb. cast iron



### **BSTLJ1** **1" STANDARD COLLARS**

- Sold in pairs
- Quick and easy to use
- Elastomer pads protect bar finish



### **OAS8 + OAS14** **8" or 14" OLYMPIC ADAPTER SLEEVES**

- Sold individually
- Converts 1" dia. posts to 2" Olympic posts
- Heavy-Duty nylon
- Lock-down allen hex bolt
- Available in either 8" or 14" length

# STORAGE

Body-Solid is an industry leader in equipment storage and organization with modular and customizable storage solutions to help keep facilities clean, organized and safe.



## SDKR EXPANDABLE STORAGE SYSTEM

- Modular storage rack for dumbbells, kettlebells and medicine balls
- Mix and match tiers for combination storage
- Your choice of dumbbell, kettlebell or medicine ball storage tiers
- Expandable rack system for any size facility



SDKR Uprights are drilled on both sides to allow expansion to right or left

The SDKR1000 storage rack offers unparalleled flexibility for storage of Dumbbells, Kettlebells and Medicine Balls.

2-Tier or 3-Tier uprights available

6 different shelves for customization



**SDKRUP2**  
2-TIER UPRIGHT

**SDKRUP**  
3-TIER UPRIGHT



**SDKRKB**  
KETTLEBELL SHELF



**SDKRMB**  
MEDICINE BALL SHELF



**SDKRDBS**  
SMALL DUMBBELL SHELF



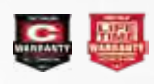
**SDKRSD6**  
6 SADDLE DUMBBELL SHELF



**SDKRDBL**  
LARGE DUMBBELL SHELF

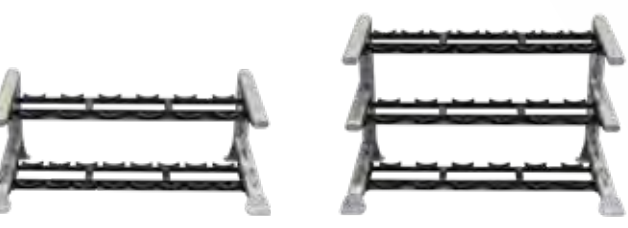


**SDKRSD8**  
8 SADDLE DUMBBELL SHELF



### **SDKRDB DUMBBELL RACK**

SDKR500DB 32"L x 70"W x 28"H Two tier rack  
 SDKR1000DB 32"L x 70"W x 43"H Three tier rack



### **SDKRSD SADDLE DUMBBELL RACK**

SDKR500SD 32"L x 70"W x 28"H Two tier rack  
 SDKR1000SD 32"L x 70"W x 43"H Three tier rack



### **SDKRMB MEDICINE BALL RACK**

SDKR500MB 32"L x 70"W x 28"H Two tier rack  
 SDKR1000MB 32"L x 70"W x 43"H Three tier rack



### **SDKRKB KETTLEBELL RACK**

SDKR500KB 32"L x 70"W x 28"H Two tier rack  
 SDKR1000KB 32"L x 70"W x 43"H Three tier rack



## **GDR60** DUMBBELL RACK & STORAGE SYSTEM

- Designed to hold one (1) pair each of 5-50 lb. hex dumbbells
- Features optional third-tier design so you can add another dumbbell, kettlebell, or medicine ball shelf
- Expand and chain together with optional GDR60UP Upright
- Offset tiers for easy access
- 23"L x 63"W x 32"H, 79 lbs.

### Customize the GDR60 for a perfect fit



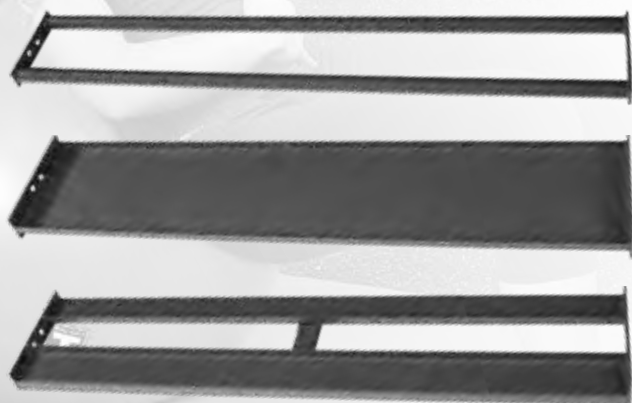
**GDR60**  
Dumbbell Rack

**GDRT6**  
Dumbbell Shelf

**GDR6UP**  
Single Upright

**GKRT6**  
Kettlebell Shelf

**GMRT6**  
Medicine Ball Shelf



## **GMRT6** OPTIONAL MEDICINE BALL SHELF

- 56"L x 9"W

## **GKRT6** OPTIONAL KETTLEBELL SHELF

- 56"L x 12"W

## **GDRT6** OPTIONAL DUMBBELL SHELF

- 56"L x 12"W

## **GDR60UP** SINGLE UPRIGHT

- Expand and chain together multiple racks
- Mix-n-match dumbbell, kettlebell, and medicine ball shelves
- Customized storage solutions
- 22"L x 2"W x 34"H





### **GDR363**

#### **40" 3-TIER DUMBBELL RACK**

- Designed to hold one pair of 5lb-50lb hex dumbbells
- 20"L x 40"W x 30"H, 44 lbs.



### **GDR48**

#### **48" 3-TIER DUMBBELL RACK**

- Designed to hold one pair of 5-55 lb. hex dumbbells
- Offset tiers for easy access
- 23" L x 48" W x 30" H, 62 lbs.



### **GDR44**

#### **VERTICAL DUMBBELL RACK**

- Designed to hold one pair of 5-30 lb. hex dumbbells
- 23"L x 25"W x 45"H, 44 lbs.



### **GDR80**

#### **VERTICAL DUMBBELL RACK**

- Designed to hold one pair of 5-50 lb. hex dumbbells
- Top tray can be used for medicine ball storage
- 24"L x 22"W x 41"H, 58 lbs.



### **GDR10**

#### **DUMBBELL RACK**

- Designed to hold 3 pairs of vinyl or neoprene dumbbells, 1lbs to 15lbs
- 15"L x 9"W x 18"H, 5 lbs.



### **GDR24** **DUMBBELL RACK**

- Designed to hold 12 pairs of vinyl or neoprene dumbbells, 1lbs to 15lbs
- 31"L x 25"W x 52"H, 34 lbs.



### **GDR34** **34" 3-TIER DUMBBELL RACK**

- Storage for 12 pairs of vinyl or neoprene dumbbells (1-15 lbs.)
- Solid steel construction
- 14"L x 34"W x 24"H, 51 lbs.



### **GDR500** **DUMBBELL RACK**

- Designed to hold vinyl or neoprene dumbbells, 1lbs to 15lbs
- Features locking caster wheels
- 27"L x 44"W x 46"H, 85 lbs.



### **GDKR100** **45" KETTLEBELL / DUMBBELL RACK**

- Reversible tiers for kettlebells or dumbbells
- 23"L x 45"W x 33"H, 79 lbs.



### **GDKR50** **KETTLEBELL RACK**

- Designed to hold 6 kettlebells
- 19"L x 16"W x 21"H, 19 lbs.







## **OWT24** **OLYMPIC WEIGHT TREE**

- 27"L x 16"W x 24"H, 24 lbs.



## **WT46** **OLYMPIC PLATE TREE & BAR HOLDER**

- Two Olympic bar holders included
- Chrome weight posts
- 22"L x 20"W x 40"H, 34 lbs.



## **GWT56** **OLYMPIC WEIGHT TREE**

- Six 9" weight posts, perfect for bumper plates
- Two Olympic bar holders
- 30"L x 30"W x 53"H, 51 lbs.



## **GWT66** **OLYMPIC WEIGHT TREE**

- Eight 9" weight posts, perfect for bumper plates
- 26"L x 43"W x 33"H, 59 lbs.



- *Customize with 8 or 10 posts*



## **GWT76** **HIGH CAPACITY OLYMPIC BUMPER PLATE RACK**

- Customize with either 8 or 10 weight horn pattern
- Each weight horn features 8-¼" capacity
- 41"L x 36"W x 66"H, 108 lbs.



### **GWT86** **VERTICAL OLYMPIC WEIGHT TREE**

- Keep workout spaces clean & organized
- Designed for use with Olympic bumper plates
- Four castor wheels for easy movement
- 24"L x 24"W x 45"H, 17 lbs.



### **GBPR10** **BUMPER PLATE RACK**

- 4" gaps in each of the 8 plate slots
- 43"L x 13"W x 9"H, 22 lbs.



### **SWT14** **STANDARD WEIGHT TREE**

- 27"L x 16"W x 24"H, 17 lbs.



### **GSWT** **STANDARD PLATE TREE & BAR HOLDER**

- Two standard bar holders included
- 20"L x 23"W x 40"H, 24 lbs.



### **GYR500** **FOAM ROLLER & YOGA MAT RACK**

- Holds 12 Foam Rollers or Yoga Mats
- Features locking castor wheels
- 32"L x 21"W x 37"H, 38 lbs.

\* Accessories not included



## **SBS100** **HORIZONTAL BAR RACK**

- Convenient and portable barbell storage
- Holds 10 barbells
- 24"L x 45"W x 72"H, 85 lbs.



## **SBBR100** **FIXED WEIGHT BARBELL RACK**

- Easy access storage for up to 10 Fixed Weight Barbells
- Composite lining protects bar finish
- 40"L x 37"W x 62"H, 139 lbs.



## **GOBH5** **OLYMPIC BAR HOLDER**

- Holds 5 Olympic bars
- 12"L x 12"W x 9"H, 22 lbs.



## **GAR100** **ACCESSORY RACK**

- Storage for medicine balls, stability balls, workout mats and more
- Transport wheels for convenient mobility
- 32"L x 36"W x 74"H, 71 lbs.

\* Accessories not included



## **GAR250** **ACCESSORY TOWER**

- Multi-use storage tower for dumbbells, kettlebells, medicine balls, stability balls and mats
- Transport wheels for convenient mobility
- 32"L x 79"W x 87"H, 156 lbs.

\* Accessories not included



## **GSR10** **STABILITY BALL RACK**

- Easy access storage for stability balls
- 36"L x 36"W x 73"H, 31 lbs.



## **SSBR100 & SSBR200** **PVC STABILITY BALL RACKS**

- Storage of eight or 12, 45cm to 75cm stability balls
- SSBR100: 17"L x 55"W x 89"H, 34 lbs.
- SSBR200: 17"L x 108"W x 89"H, 63 lbs.



## **GMR10** **MEDICINE BALL RACK**

- Holds up to six medicine balls
- 20"L x 21"W x 63"H, 29 lbs.



## **GMR5** **MEDICINE BALL RACK**

- Holds up to four medicine balls
- 22"L x 22"W x 33"H, 14 lbs.



## **VDRA30** **ACCESSORY STAND**

- For use with accessory bars, ropes, straps, dumbbells and more
- 14"L x 14"W x 36"H, 70 lbs.

# BODY-SOLID PRO SELECT

Body-Solid's Pro-Select product line consists of seven multi-function selectorized stations, perfect for light commercial, training studio and home workout applications. Body-Solid Pro-Select selectorized machines offer great function with a high degree of safety and are one of the industry's most affordable commercial fitness equipment lines.



## GCAB-STK AB & BACK

- 55"L x 50"W x 71"H
- 399 lbs.



## GMFP-STK MULTI-PRESS

- 76"L x 50"W x 71"H
- 330 lbs.



## GCBT-STK BICEPS & TRICEPS

- 52"L x 36"W x 71"H
- 395 lbs.



## GLP-STK LEG & CALF PRESS

- 65"L x 64"W x 71"H
- 441 lbs.



## GCEC-STK LEG EXTENSION & CURL

- 54"L x 54"W x 71"H
- 412 lbs.



## FCD-STK WEIGHT ASSISTED CHIN / DIP

- 63"L x 58"W x 83"H
- 468 lbs.



## GIOT-STK INNER / OUTER THIGH

- 63"L x 65"W x 71"H
- 411 lbs.

All Body-Solid Pro-Select  
are available with 210 lb.  
or 310 lb. weight stacks

# PRO CLUBLINE STRENGTH

Body-Solid Pro ClubLine Strength equipment is top-of-the-line premium equipment designed for heavy-use facilities. Each Pro ClubLine Strength equipment carries a full commercial rating and offers state-of-the-art features and construction.



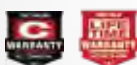
## SFB125 FLAT BENCH

- 63"L x 25"W x 17"H
- 58 lbs.



## SAB500 AB BENCH

- 70"L x 27"W x 49"H
- 125 lbs.



## SFID325 ADJUSTABLE BENCH

- 58"L x 25"W x 18"H
- 75 lbs.



## SGH500 GLUTE & HAM MACHINE

- 77"L x 33"W x 50"H
- 136 lbs.

\* Floor Mat not included



## SFID325B ADJUSTABLE BENCH

- 58"L x 25"W x 18"H
- 75 lbs.



## STBR500 T-BAR ROW MACHINE

- 78" L x 43" W x 18" H
- 163 lbs.



## SFID425 FLAT / INCLINE / DECLINE BENCH

- 66"L x 25"W x 18"H
- 90 lbs.



## SVKR1000 VERTICAL KNEE RAISE & DIP

- 62"L x 47"W x 103"H
- 373 lbs.

# PRO CLUBLINE STRENGTH

Body-Solid Pro ClubLine Racks & Cages are built for facilities with strong freeweight training clientele. Body-Solid Pro ClubLine Racks, Cages and Benches are built tough using the finest materials to assure years of maintenance-free usage from powerlifters and iron warriors.



## **SODB250** **DECLINE BENCH**

- 58"L x 50"W x 54"H
- 148 lbs.



## **SCB1000** **COUNTER-BALANCED** **SMITH MACHINE**

- 50"L x 86"W x 84"H
- 543 lbs.



## **SOFB250** **FLAT BENCH**

- 72"L x 50"W x 51"H
- 152 lbs.



## **SDIB370** **BENCH RACK** **COMBO**

- 78"L x 65"W x 74"H
  - 215 lbs.
- \* Weights not included*



## **SOIB250** **INCLINE BENCH**

- 74"L x 50"W x 63"H
- 174 lbs.



## **SOSB250** **SHOULDER** **PRESS BENCH**

- 50"L x 50"W x 72"H
- 271 lbs.



## **SPR1000** **POWER RACK**

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPR1000SS
- 81"L x 53"W x 90"H, 350 lbs.



## **SPR1000BACK** **EXTENDED POWER RACK**

- Rear Extension includes 6 x SPRWPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPR1000SSBACK
- 93"L x 81"W x 90"H, 494 lbs.



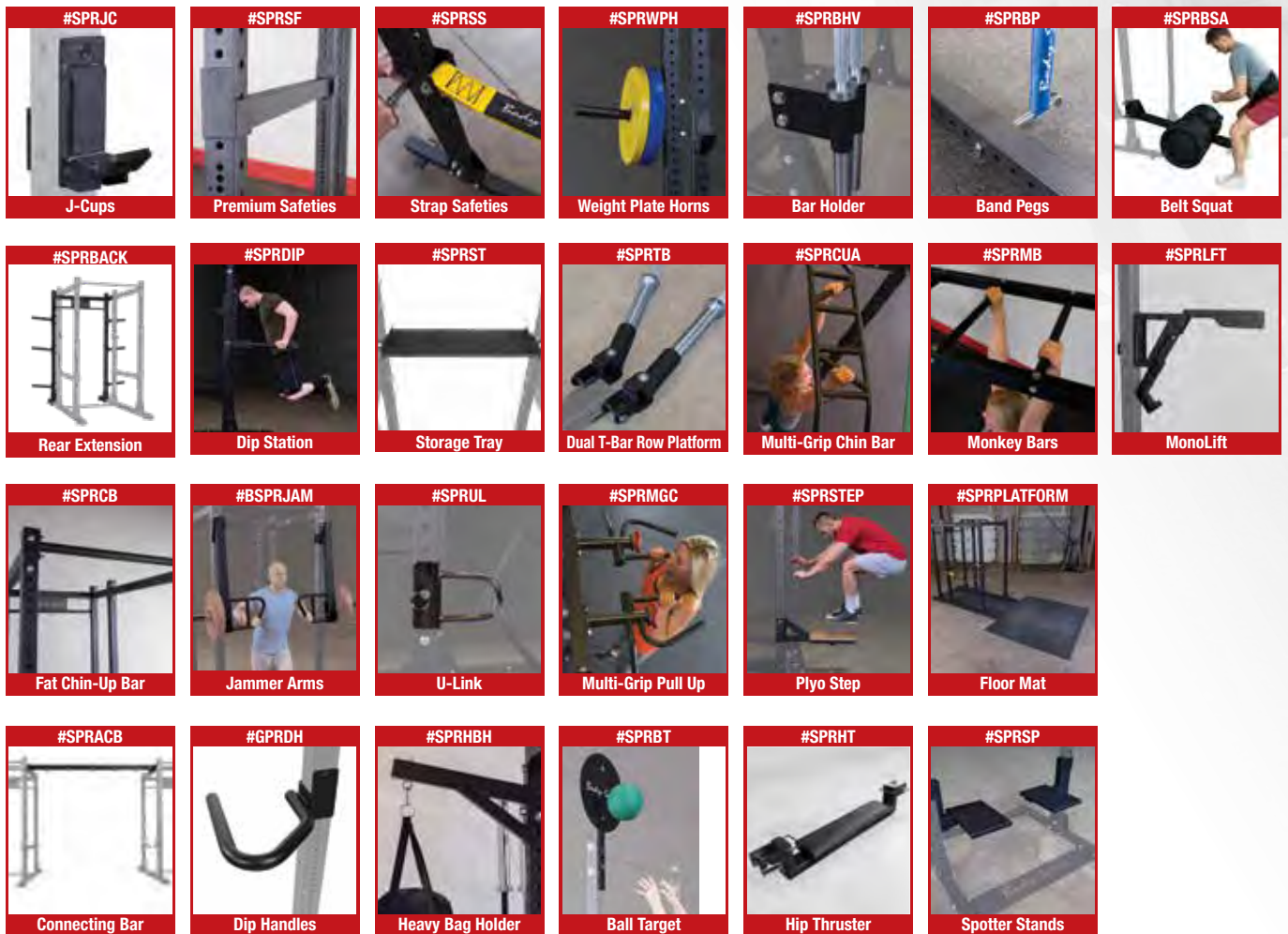
## **SPR1000DBBACK** **DOUBLE EXTENDED POWER RACK**

- Includes 2 x SPR1000BACK Extended Power Racks
- Includes SPRMB Monkey Bar Connector
- Available as SPR1000DB, Double Rack no Rear Extensions
- Packages Available with Strap Safeties, SPR1000SSDB, SPR1000SSDBBACK
- 93"L x 225"W x 94"H, 1066 lbs.





## SPR1000 OPTIONAL ATTACHMENTS





## **SPR500** **HALF RACK**

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50" L x 53" W x 89" H, 208 lbs.



## **SPR500BACK** **EXTENDED HALF RACK**

- Rear Extension includes 4 x SPRWPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50" L x 81" W x 89" H, 339 lbs.



## **SPR500DBL** **DOUBLE HALF RACK**

- Two functional Half Rack in the space of a single Power Rack
- Laser-cut numbers
- 3"x3" 11-gauge steel mainframe
- Includes four j-cup liftoffs, four safety spotter arms, two chinning bars, six weight horns
- 101"L x 85"W x 89"H, 583 lbs.

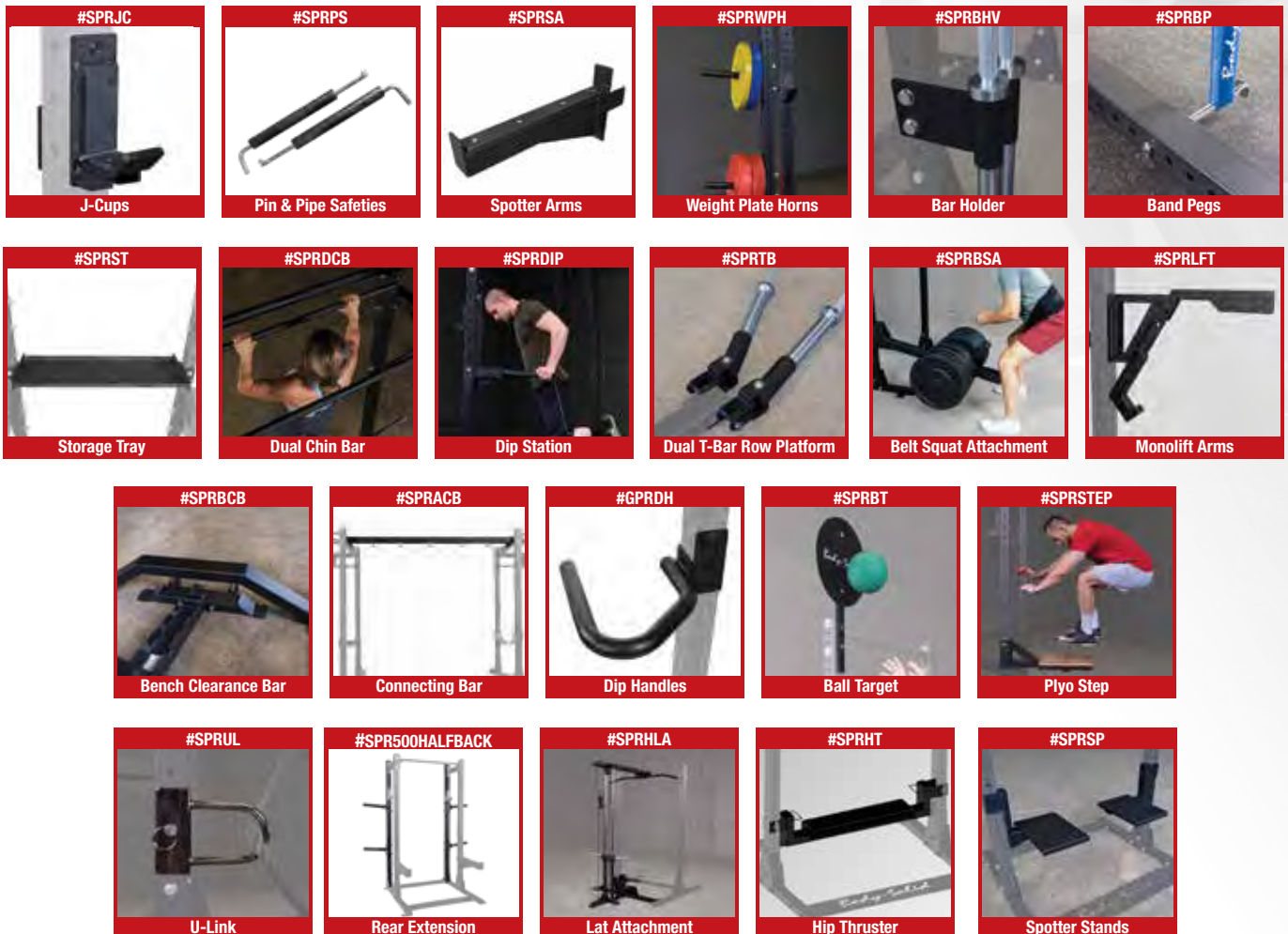


## **SPR250** **SQUAT STAND**

- Includes 2 x SPRJC J-cup lift offs
- Optional SPRSA Safety Spotter Arms
- 1" Hole Spacing for Spotters
- Upright width can be customized to fit 5', 6' or 7' Olympic Bars
- 51"L x 59"W x 73"H, 141 lbs.



## SPR500 OPTIONAL ATTACHMENTS



# PRO CLUBLINE SERIES II

Comprised of 17 single and dual function stations, Body-Solid's Pro ClubLine Series II offers a complete circuit, providing facilities with strength stations specifically targeting muscle groups throughout the entire body. Each Pro ClubLine Series II station is designed to be biomechanically correct with multiple adjustments providing quality movements for users of all shapes and sizes.



## **S2CC** **CABLE COLUMN**

- 36 starting positions
- Includes: nylon cable handle, ankle strap and straight bar
- Standard weight stack 160 lbs. with optional 210 lb. or 310 lb. available
- 53"L x 58"W x 99"H, 468 lbs.



## **S2FT** **FUNCTIONAL TRAINER**

- 34 starting positions
- Includes 43" revolving straight bar, 20" straight bar, ankle strap, 2 nylon cable handles, and 14" athletic bar
- Standard weight stacks 160 lbs. with optional 210 lb. or 310 lb. available
- 54"L x 79"W x 99"H, 829 lbs.



## **S2CCO** **CABLE CROSSOVER**

- 36 starting positions
- Includes: 2 nylon cable handles, ankle strap and revolving straight bar
- Standard weight stacks 160 lbs. with optional 210 lb. or 310 lb. available
- 191"L x 58"W x 99"H, 963 lbs.

Body-Solid  
Built for Life



## **S2LAT** **LAT PULLDOWN & SEATED ROW**

- Independent lat pull-down movements for symmetrical strength development
- Traditional lat bar included
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 88"L x 34"W x 87"H, 405 lbs.



## **S2BTP** **BICEPS & TRICEPS**

- Includes Tricep Rope and revolving straight bar
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 52"L x 43"W x 84"H, 400 lbs.



## **S2LEC** **LEG EXTENSION & LEG CURL**

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 54"L x 52" W x 57"H, 467 lbs.



## **S2LEX** **LEG EXTENSION**

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 47"L x 52"W x 57"H, 409 lbs.



## **S2SLC** **SEATED LEG CURL**

- Standard weight stack 160 lbs. with optional 235 lbs. available
- 57"L x 52"W x 57"H, 424 lbs.



## **S2LPC** **LEG & CALF PRESS**

- Standard weight stack 210 lbs. (2:1 ratio) with optional 310 lbs. available
- 83"L x 47"W x 69"H, 481 lbs.



## **S2IOT** **INNER & OUTER THIGH**

- Standard weight stack 160 lbs. with optional 235 lbs. available
- 77"L x 37"W x 57" H, 385 lbs.



## **S2ACD** **ASSISTED CHIN & DIP**

- 235 lb. weight stack
- 63"L x 44"W x 88"H, 606 lbs.



## **S2MP** **MULTI-PRESS**

- Standard weight stack 210 lbs. with optional 310 lbs. available
- 72"L x 54"W x 57"H, 463 lbs.

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Built for Life



## **S2SP** **SHOULDER PRESS**

- Standard weight stack 210 lbs. with optional 310 lbs. available
- 55"L x 55"W x 57"H, 400 lbs.



## **S2CP** **CHEST PRESS**

- Standard weight stack 210 lbs. with optional 310 lbs. available
- 44"L x 55 "W x 69"H, 450 lbs.



## **S2ABB** **AB & BACK**

- Standard weight stack 160 lbs. with optional 235 lbs. available
- 59"L x 49"W x 57"H, 351 lbs.



## **S2AC** **ARM CURL**

- Standard weight stack 160 lbs with optional 235 lbs. available
- 41"L x 51"W x 57"H, 380 lbs.



## **S2PEC** **PEC FLY & REAR DELT**

- Standard weight stack 160 lbs. with optional 235 lbs. available
- 58"L x 59"W x 72"H, 422 lbs.

# PRO CLUBLINE PRO•DUAL

Developed specifically to address the needs of facilities with limited space options such as hotels, fire stations, office buildings and residential complexes. Ideal for smaller workout environments, the Pro•Dual line includes 10 function-specific dual machines that can stand alone or be combined in a three-stack or four-stack multi-function gym. The modular flexibility of our Pro•Dual line allows facilities to create a customized series of workout stations, even in small spaces.



## **DABB-SF** **AB & BACK**

- 48"L x 48"W x 62"H
- 476 lbs.



## **DBTC-SF** **BICEPS & TRICEPS**

- 53"L x 40"W x 62"H
- 503 lbs.



## **DCLP-SF** **LEG & CALF PRESS**

- 37"L x 82"W x 77"H
- 549 lbs.



## **DIOT-SF** **INNER & OUTER THIGH**

- 76"L x 36"W x 62"H
- 475 lbs.



## **DLAT-SF** **LAT PULLDOWN & MID ROW**

- 77"L x 47"W x 83"H
- 529 lbs.



## **DLEC-SF** **LEG EXTENSION & CURL**

- 46"L x 66"W x 62"H
- 506 lbs.

\* Floor Mat not included





### **DPCC-SF CABLE COLUMN**

- 43"L x 34"W x 83"H
- 443 lbs.



### **DPEC-SF PEC & REAR DELT**

- 54"L x 38"W x 69"H
- 502 lbs.



### **DPLS-SF VERTICAL PRESS & LAT**

- 67"L x 47"W x 83"H
- 543 lbs.



### **DPRS-SF MULTI-PRESS**

- 56"L x 85"W x 62"H
- 558 lbs.

*\* Floor Mat not included*



This Pro Dual DGYM is shown with:

- DGYM BASE STATION**
- DPLS-S VERTICAL PRESS / LAT**
- DPCC-S CABLE COLUMN**
- DLEC-S LEG EXT. / LEG CURL**
- DPEC-S PEC DEC / REAR DELT**

- AVAILABLE UPGRADES:
- HP200: 200 lb. red weight stack
- WSP200: 200 lb. premium black weight stack
- SP300: 300 lb. weight stack

**All Pro•Dual machines  
are available with 210 lb.  
or 310 lb. weight stacks**

**Pro•Dual Machines can also be added in combination with the DGYM  
Mix and match any 3 or 4 stations to customize your Pro•Dual DGYM**

# PRO CLUBLINE LEVERAGE

Body-Solid's Pro ClubLine Leverage series is built for users that want the feeling of freeweight workouts in a safe, controlled environment. Designed to mimic popular weight lifting movements, Body-Solid's Pro ClubLine Leverage equipment is ideal for group training facilities, athletic training facilities and more.



## LVLA LEVERAGE LAT PULLDOWN

- 76"L x 49"W x 84"H
- 183 lbs.



## LVLC LEVERAGE LEG CURL

- 74"L x 46"W x 26"H
- 165 lbs



## LVLE LEVERAGE LEG EXTENSION

- 68"L x 47"W x 40"H
- 157 lbs.



## LVLP LEVERAGE LEG PRESS

- 87"L x 61"W x 56"H
- 513 lbs.



## LVSR LEVERAGE SEATED ROW

- 65"L x 35"W x 44"H
- 158 lbs.



## LVSP LEVERAGE SHOULDER PRESS

- 49"L x 53"W x 52"H
- 171 lbs.



## LVBP LEVERAGE BENCH PRESS

- 69"L x 53"W x 30"H
- 169 lbs.



## LVIP LEVERAGE INCLINE PRESS

- 71"L x 53"W x 41"H
- 167 lbs.



## SLS500 LEVERAGE SQUAT

- 74"L x 61"W x 67"H
- 397 lbs.

\* Weights not included

# PRO CLUBLINE CLASSIC

The Body-Solid Pro ClubLine Classic product line is built to address the specific needs of facilities that require durable machines at affordable prices. Straight-forward, traditional designs and easy adjustments provide a safe and familiar workout environment for users of all experience levels.



## SCC1200G CABLE CROSSOVER

- 35"L x 158"W x 91"H
- 671 lbs.



## SDC2000G DUAL CABLE COLUMN

- 44"L x 46"W x 82.5"H
- 674 lbs.



## SLM300G LAT MID ROW

- 64"L x 46"W x 83"H
- 444 lbs.



## SLC400G LEG CURL

- 39"L x 66"W x 62"H
- 438 lbs.



## SLE200G LEG EXTENSION

- 40"L x 48"W x 72"H
- 436 lbs.



## SLP500G LEG PRESS

- 40"L x 80"W x 72"H
- 555 lbs.

All Pro ClubLine Classic machines are available with 210 lb. or 310 lb. weight stacks

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BSTFRP	PREMIUM FOAM ROLLER	49	EXM4000	THREE STACK MULTI-STATION GYM	26	GFID100	FLAT INCLINE DECLINE BENCH	10,18
BSTFWH	FARMERS WALK BARS	62	F500	FUSION 500 SINGLE STACK GYM	25	GFID225	FOLDING MUTLI BENCH	10
BSTGT	GRIP TRAINERS	53	F600	FUSION 600 SINGLE STACK GYM	25	GFID31	FLAT INCLINE DECLINE BENCH	10

GFID71	FLAT INCLINE DECLINE BENCH	8,10	GWS100	WEIGHT SLED	16	NB59	ADJUSTABLE NYLON HANDLE	52
GFR500	FITNESS BAR RACK	46	GWT56	OLY. WEIGHT TREE	73	NB59A	ALUMINUM NYLON HANDLE	52
GFT100	FUNCTIONAL TRAINER	20	GWT66	OLY. WEIGHT TREE	73	NTS10	TRICEP STRAP	52
GHYP345	45° BACK/HYPER EXTENSION	11	GWT76	BUMPER PLATE RACK	73	OA8	8" OLY. ADAPTER	67
GIB2R	INVERSION BOOTS	53	GWT86	VERTICAL OLYMPIC WEIGHT TREE	74	OAS14	14" OLY. ADAPTER SLEEVE	34,67
GINV50	INVERSION TABLE	17	GYR500	FOAM ROLLER AND YOGA MAT RACK	74	OB20	OLY. DUMBBELL HANDLE	61
GIOT	INNER/OUTER THIGH	24	HP10	PREMIUM WEIGHT STACK PLATE	26	OB34C	OLY. TRICEP BAR	61
GIOT-STK	PRO SELECT INNER/OUTER THIGH	77	HP200	200 LB. RED WEIGHT STACK	89	OB47B	OLY. CURL BAR	61
GKRT6	KETTLEBELL SHELF	70	KBR	CAST IRON KETTLEBELLS	58	OB47C	OLY. CURL BAR	61
GKR	VERT. KNEE RAISE	23	KBC	PREMIUM KETTLEBELLS	58	OB48	OLY. COMBO BAR	61
GLA348QS	210 LB. LAT ATTACHMENT	8	KBV	VINYL DIPPED KETTLEBELLS	58	OB48F	FAT CURL BAR	61
GLA378	LAT ATTACHMENT	7	KBX	EXTREME KETTLEBELLS	58	OB60B	5' OLY. BAR	59
GLA400	LAT ATTACHMENT	4,6	LBB28	LAT BLASTER BAR	64	OB72A15	6' OLY. BAR	59
GLCP100	COMPACT LEG PRESS	15	LMCG	LANDMINE CLUBGRIP	64	OB72B	6' OLY. BAR	59
GLCE365	LEG EXTENSION/LEG CURL	15	LMMG	LANDMINE MULTI GRIP	64	OB79EXT	WOMENS OLY. BAR	59
GLDA1	LEG DEVELOPER ATTACHMENT	33,38	LMPP	LANDMINE PLATE PIVOT	64	OB864STAR	4-STAR POWER BAR	60
GLDA3	LEG DEVELOPER	8	LMSE	LANDMINE SINGLE EYE	64	OB86B	7' OLY. BAR	59
GLGS100	CORNER LEVERAGE GYM	17	LO378	BAR LIFT OFFS	7	OB86	7' OLY. BAR	60
GLGS100P4	CORNER LEVERAGE GYM PACKAGE	18	LP40S	LEG PRESS/CALF PRESS	26	OB86EXT	EXTREME OLY. BAR	60
GLM83	LAT MACHINE	17	LSA50	LEVERAGE SQUAT ATTACHMENT	17,18	OB86LPB	7' OLY. POWER BAR	60
GLP	LEG PRESS/CALF PRESS	24	LVBP	LEVERAGE BENCH PRESS	90	OB86P1000	7' OLY. POWER BAR	60
GLP-STK	PRO SELECT LEG/CALF PRESS	77	LVIP	LEVERAGE INCLINE PRESS	90	OBPH	PREMIUM BUMPER PLATES	56
GLPH1100	LEG PRESS/HACK SQUAT	15	LVLA	LEVERAGE LAT PULLDOWN	90	OBPX	CHICAGO EXTREME BUMPER PLATES	56
GMFP-STK	PRO SELECT MULTI-PRESS	77	LVLC	LEVERAGE LEG CURL	90	OBPXC	CHICAGO EXTREME CLR BUMPER PLATES	56
GMR10	MEDICINE BALL RACK	76	LVLE	LEVERAGE LEG EXTENSION	90	OBSS50	SAFETY SQUAT BAR	62
GMR5	MEDICINE BALL RACK	76	LVLP	LEVERAGE LEG PRESS	90	OC04	OLY. TRAINING COLLARS	63
GMRT6	MEDICINE BALL SHELF	70	LVSP	LEVERAGE SHOULDER PRESS	90	OC06	OLY. SPRING COLLARS	63
GOBH5	OLY. BAR HOLDER	75	LVSR	LEVERAGE SEATED ROW	90	OMG47	OLY. MULTI GRIP CURL BAR	61
GPA3	PEC ATTACHMENT	8	MA105	BAR PAD	64	OMG86	OLY. MULTI GRIP BAR	62
GPCA1	PREACHER CURL ATTACHMENT	8,33,38	MA307N	NYLON HEAD HARNESS	52	OPB	CAST IRON OLY. PLATES	55
GPCB329	PREACHER CURL BENCH	14	MB022	REVOLVING STRAIGHT BAR	51	OPT	CAST IRON GRIP OLY. PLATES	55
GPM65	PEC DECK REAR DELT	14	MB022A	ALUMINUM REVOLVING STRAIGHT BAR	51	ORC	COLOR RUBBER GRIP OLY. PLATES	56
GPR370	MULTI-PRESS RACK	7	MB022RG	PROGRIP REVOLVING STRAIGHT BAR	51	ORT	RUBBER GRIP OLY. PLATES	55
GPR378	POWER RACK	7	MB100A	ALUMINUM DOUBLE SWIVEL BAR	20,51	OTB50	OLY. SHRUG BAR	62
GPR400	POWER RACK	4	MB148	LAT BAR	51	OTB100	OPEN TRAP BAR	62
GPR400FT	FUNCTIONAL TRAINER	6	MB148A	ALUMINUM LAT BAR	51	OTB50RH	OLY. SHRUG BAR RAISED HANDLES	62
GPRDH	DIP HANDLES	4,81,83	MB148RG	PROGRIP PRO STYLE LAT BAR	51	OWT24	OLY. WEIGHT TREE	73
GPRTBR	T-BAR ROW	4,5	MB229	REVOLVING CURL BAR	51	P2X	HOME GYM	35
GPRUL	U-LINK	4,5	MB229A	ALUMINUM REVOLVING CURL BAR	51	PAB139X	AB BOARD	36
GPRSF	SAFETIES	5	MB229RG	PROGRIP REVOLVING CURL BAR	51	PAB21X	AB BENCH	36
GPRWH	WEIGHT HORNS	4,5	MB438RG	PRO GRIP MULTI GRIP LAT BAR	51	PCC090X	CABLE CROSSOVER	34
GPU348	PULL-UP BAR	8	MB501	STIRRUP HANDLE	51	PCH24	ROMAN CHAIR/BACK HYPER	36
GRCH322	ROMAN CHAIR	11	MB501RG	PRO GRIP STIRRUP HANDLE	51	PDR282X	DUMBBELL RACK	36
GROW	ROWER ATTACHME	6	MB502	SEATED ROW/CHIN BAR	51	PFID125X	MULTI BENCH	38
GS348Q	SERIES 7 SMITH MACHINE	8	MB502RG	RG PROGRIP SEATED ROW/CHIN BAR	51	PFID130X	FLAT INCLINE DECLINE BENCH	33,38
GS348QP4	SERIES 7 SMITH PACKAGE	8	MB503RG	PROGRIP MULTI-BAR	51	PF1150	FLAT INCLINE BENCH	38
GSCL360	LEVERAGE SQUAT AND CALF	16	MB504	TRICEP PRESSDOWN BAR	52	PFT50	FUNCTIONAL TRAINER	34
GSCR349	SEATED CALF RAISE	15	MB504RG	PROGRIP TRICEP PRESSDOWN BAR	52	PFT100	FUNCTIONAL TRAINER	34
GSR10	STABILITY BALL RACK	76	MB507RG	PROGRIP V-BAR	52	PG2	PRO POWER GRIPS	53
GSRM40	SEATED ROW MACHINE	14	MR136	MANTA RAY	65	PGM200X	GLUTE MAX	37
GSS50	SISSY SQUAT	16	NAS3	NYLON ANKLE STRAP	52	PHG1000X	HOME GYM	35
GST20	UTILITY BENCH	11	NB51	NYLON WRIST STRAPS	52	PHYP200X	45° BACK/HYPEREXTENSION	36
GSWT	STD. PLATE TREE AND BAR HOLDER	74	NB52	LIFTING STRAPS	52	PLA144X	LAT STATION	33
GVKR60	VERT. KNEE RAISE AND DIP	13	NB55	NYLON DIPPING STRAP	52	PLA200X	LAT ATTACHMENT	33
GVKR82	VERT. KNEE RAISE/DIP/PUSHUP/CHINUP	13	NB56	NYLON DIPPING BELT	52	PLA500	LAT ATTACHMENT	31

PLA1000	LAT ATTACHMENT	31	S2MP	MUTLI-PRESS	86	SPR250	SQUAT STAND	82
PLCE165X	LEG EXTENSION/LEG CURL	37	S2PEC	PEC FLY/REAR DELT	87	SPR500	HALF RACK	82
PLM180X	LAT MACHINE	37	S2SLC	SEATED LEG CURL	86	SPR500BACK	EXTENDED HALF RACK	82
PLPX	LEG PRESS ATTACHMENT	35	S2SP	SHOULDER PRESS	87	SPR500DBL	DOUBLE HALF RACK	82
PMP150	MULTI-PRESS RACK	33	SAB500	AB BENCH	78	SPRACB	CONNECTING BAR	81,83
PPA13X	PEC STATION	33	SBB	FIXED WEIGHT STRAIGHT BARBELL	57	SPRBACK	REAR EXTENSION	81
PPB32X	PREACHER CURL BENCH	38	SBBR100	FIXED WEIGHT BARBELL RACK	75	SPRBCB	BENCH CLEARANCE BAR	83
PPR1000	POWER RACK	31	SBL460	LEVERAGE GYM	17	SPRBHV	BAR HOLDER - VERT.	81,83
PPR1000EXT	RACK EXTENSION	31	SBL460P4	LEVERAGE GYM PACKAGE	18	SPRBP	BAND PEGS	4,81,83
PPR200X	POWER RACK	33	SBS100	HORIZONTAL BAR RACK	75	SPRBSA	BELT SQUAT ATTACHMENT	81,83
PPR500	HALF RACK	31	SBZ	FIXED WEIGHT CURL BARBELL	57	SPRBT	BALL TARGET	81,83
PPR500EXT	RACK EXTENSION	31	SCB1000	COUNTER-BALANCED SMITH MACHINE	79	SPRCB	FAT CHIN-UP BAR	81
PPRBP	BAND PEGS	32	SCB26	SQUAT CALF BLOCK	4,7	SPRCUA	MULTI-GRIP CHIN ATTACHMENT	4,81
PPRMCU	MULTI CHIN UP BAR	32	SCC1200G	CABLE CROSSOVER	91	SPRDCB	DUAL CHI BAR	83
PPRPS	PIN & PIPE SAFETIES	32	SDA14	STD DUMBBELL HANDLES	66	SPRDIP	DIP STATION	81,83
PPRTB	T-BAR ROW	32	SDA14T	STD THREADED DBELL HANDLES	66	SPRHBH	HEAVY BAG HOLDER	81
PPRUL	U-LINK	32	SDC2000G	DUAL CABLE COLUMN	91	SPRHLA	LAT ATTACHMENT	83
PPRWH	WEIGHT HORNS	32	SDIB370	BENCH/RACK COMBO	79	SPRHT	HIP THRUSTER ATTACHMENT	4,81,83
PSC43X	SEATED CALF RAISE	37	SDKR	EXPANDABLE STORAGE SYSTEM	68	SPRLFT	MONOLIFT ARMS	4,81,83
PSM144X	SMITH MACHINE	33	SDKR1000DB	3-TIER DUMBBELL RACK	69	SPRJAM	JAMMER ARMS	81
PSM144XS	SMITH MACHINE PACKAGE	33	SDKR1000KB	3-TIER KETTLEBELL RACK	69	SPRJC	J-CUPS	4,81,83
PSM200	SMITH MACHINE	34	SDKR1000MB	3-TIER MEDICINE BALL RACK	69	SPRMB	MONKEY BARS	81
PSS60X	SQUAT RACK	33	SDKR1000SD	3-TIER SADDLE DUMBBELL RACK	69	SPRMGC	MULTI GRIP PULL-UP	81
PUB2	CHROME PUSH UP BARS	53	SDKR500DB	2-TIER DUMBBELL RACK	69	SPRPS	PIN & PIPE SAFETIES	83
PUB30	PULLUP/PUSHUP BAR	50	SDKR500KB	2-TIER KETTLEBELL RACK	69	SPRSA	SPOTTER ARMS	83
PUB34	CHINUP BAR	50	SDKR500MB	2-TIER MEDICINE BALL RACK	69	SPRSF	PREMIUM SAFETIES	81
PUB5	PREMIUM PUSH UP BARS	53	SDKR500SD	2-TIER SADDLE DUMBBELL RACK	69	SPRSP	SPOTTER STANDS	81,83
PVKC83X	VERT. KNEE RAISE/DIP/PUSHUP/CHINUP	38	SDKRDBL	LARGE DUMBBELL SHELF	68	SPRSS	STRAP SAFETIES	81
PVLP156X	VERTICAL LEG PRESS	37	SDKRDBS	DUMBBELL SHELF	68	SPRST	STORAGE TRAY	81,83
R300	ROWER	27	SDKRKB	KETTLEBELL SHELF	68	SPRTB	DUAL T-BAR ROW PLATFORM	81,83
RB47	STANDARD CURL BAR	66	SDKRMB	MEDICINE BALL SHELF	68	SPRSTEP	PLYO STEP	81,83
RB48	STANDARD COMBO BAR	66	SDKRSD6	6-SADDLE DUMBBELL SHELF	68	SPRUL	U-LINK	81,83
RB72	6' STANDARD BAR	66	SDKRSD8	8-SADDLE DUMBBELL SHELF	68	SPRWPH	WEIGHT PLATE HORNS	81,83
RB84	7' STANDARD BAR	66	SDKRUP	3-TIER UPRIGHT	68	SRPPLATFORM	FLOOR MAT	81
RC02	STANDARD 1 LB. COLLARS	67	SDKRUP2	2-TIER UPRIGHT	68	SSBR100	PVC STABILITY BALL RACK	76
RC03	STANDARD 0.5 LB. COLLARS	67	SDP	PREMIUM ROUND RUBBER DBELLS	57	SSBR200	PVC STABILITY BALL RACK	76
RC0616	STANDARD SPRING COLLARS	67	SDR	RUBBER HEX DUMBBELLS	57	STBR500	T-BAR ROW MACHINE	78
RF34B	BIKE CARDIO MAT	54	SDX	CAST IRON HEX DUMBBELLS	57	STT45	WEIGHT PLATE CLOCK	53
RF36T	TREADMILL CARDIO MAT	54	SFB125	FLAT BENCH	78	SVKR1000	VERT. KNEE RAISE AND DIP	78
RF38R	ROWER CARDIO MAT	54	SFID325	FLAT/INCLINE BENCH	78	SWT14	STANDARD WEIGHT TREE	74
RF546	RUBBER FLOORING	54	SFID325B	FLAT/INCLINE BENCH	78	T150	COMMERCIAL TREADMILL	28
RFBST4PB	INTERLOCKING RUBBER FLOOR-BLK	54	SFID425	FLAT/INCLINE/DECLINE BENCH	78	T25	FOLDING TREADMILL	28
RFBST4PS	INTERLOCKING RUBBER FLOOR-GRY	54	SGH500	GLUTE/HAM MACHINE	78	T50	REHAB WALKING TREADMILL	28
RFHU463/4ECO	RUBBER FLOORING	54	SLC400G	LEG CURL	91	TBR10	T-BAR ROW PLATFORM	64
RPB	CAST IRON STANDARD PLATES	56	SLE200G	LEG EXTENSION	91	TBR20	DUAL PIVOT T-BAR ROW PLATFORM	64
S1000	4 STACK GYM	21	SLM300G	LAT MID ROW	91	TBR50	HOME PLATE T-BAR ROW LANDMINE	64
S2ABB	AB/BACK	87	SLP500G	LEG PRESS	91	TR20	TRICEP ROPE	51
S2ACD	ASSISTED CHIN/DIP	86	SLS500	LEVERAGE SQUAT	90	VDRA30	ACCESSORY STAND	76
S2AC	ARM CURL	87	SODB250	DECLINE BENCH	79	VKR30	KNEE RAISE DIP STATION	26
S2BTP	BICEPS & TRICEPS	85	SOFB250	FLAT BENCH	79	WSA	WEIGHT STACK ADAPTERS	26
S2CC	CABLE COLUMN	84	SOIB250	INCLINE BENCH	79	WSP200	200LB. PREMIUM WEIGHT STACK	89
S2CCO	CABLE CROSSOVER	84	SOSB250	SHOULDER PRESS BENCH	79	WT46	OLY. PLATE TREE AND BAR HOLDER	73
S2CP	CHEST PRESS	87	SP150	150 LB. WEIGHT STACK	4,33,35			
S2FT	FUNCTIONAL TRAINER	84	SP200	200 LB. WEIGHT TACK	7			
S2IOT	INNER/OUTER THIGH	86	SP300	300 LB. WEIGHT STACK	89			
S2LAT	LAT PULLDOWN & SEATED ROW	85	SP50	50 LB. WEIGHT STACK	20,24,35			
S2LEC	LEG EXTENSION/LEG CURL	85	SPR1000	POWER RACK	80			
S2LEX	LEG EXTENSION	85	SPR1000BACK	EXTENDED POWER RACK	80			
S2LPC	LEG/CALF PRESS	86	SPR1000DBBACK	DOUBLE EXTENDED POWER RACK	80			

## THE STRONGEST INDUSTRY WARRANTIES

Body-Solid products feature the strongest warranties in the industry, guaranteed. All Body-Solid commercial equipment is covered by our industry-leading lifetime commercial warranty. No other company protects its customers or products like we do.

**Body-Solid**  
Built for Life



### Body-Solid In-Home Lifetime Warranty

Lifetime on Pads, pulleys, cables, frames and everything else. Period.



### Body-Solid Commercial Warranty:

LIFETIME: Frame & Welds. 3 Years: Pulleys, Bushings, Bearings, Hardware, Plates, Guide Rods. 1 Year: Cables, Upholstery, Grips (Normal Wear).



### Pro ClubLine Full Commercial Warranty:

LIFETIME: Frame & Welds. 3 Years: Pulleys, Bushings, Bearings, Hardware, Plates, Guide Rods. 1 Year: Cables, Upholstery, Grips (Normal Wear).

**ENDURANCE**  
by Body-Solid



### ENDURANCE by Body-Solid In-Home Warranty:

Lifetime: Frame. 5 Years: Parts. 2 Years: Electronics. 1 Year: Labor.  
6 Months: Wear Items



### ENDURANCE by Body-Solid Commercial:

15 Years: Frame. 3 Years: Parts. 2 Years: Electronics (Excludes Batteries).  
6 Months: Wear Items. 1 Year : Labor.

**POWERLINE**  
USA<sup>®</sup>  
by Body-Solid



### POWERLINE 10 Year Warranty:

10 Years: All Frames 1 Year: All other parts.

**BEST FITNESS**  
EQUIPMENT



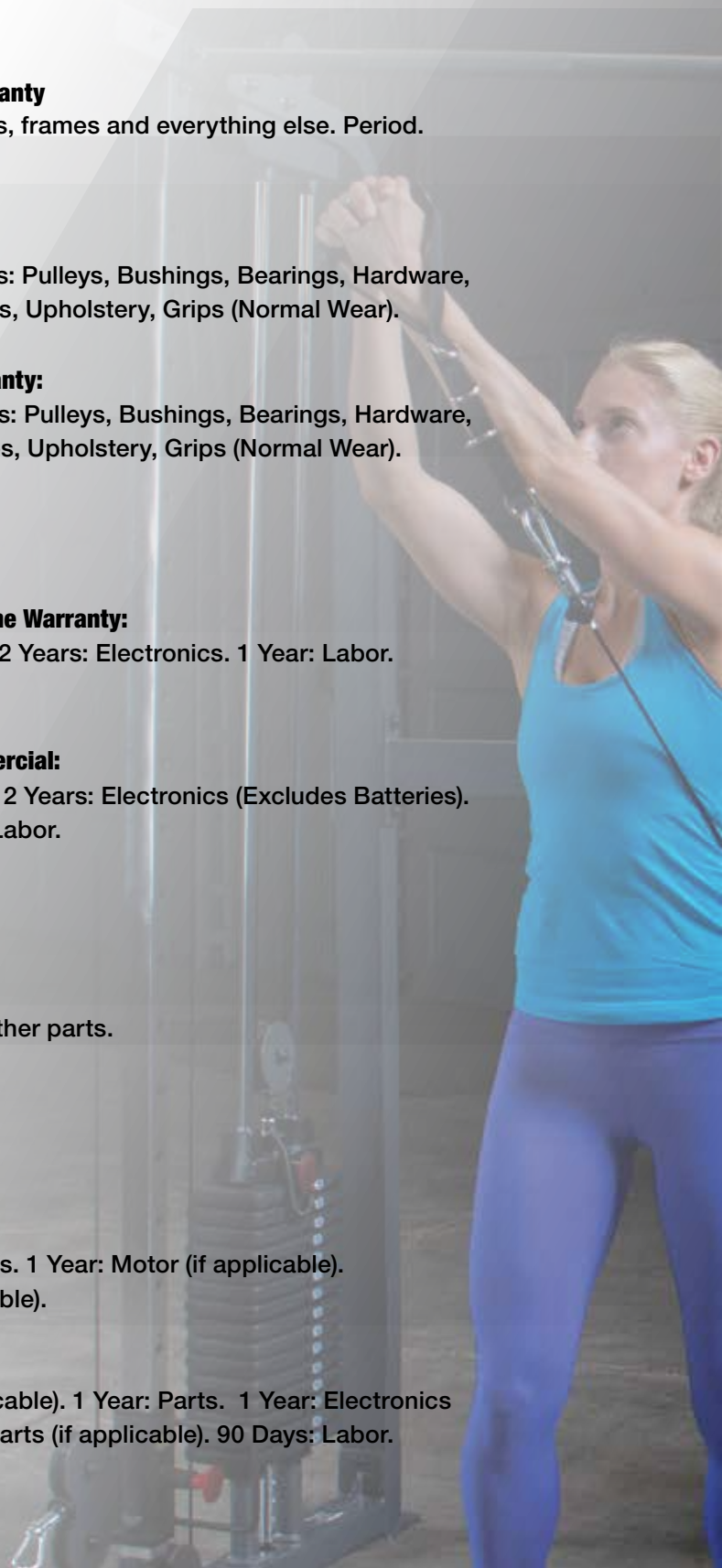
### Best Fitness 3 Year Warranty:

3 Years: Frame. 1 Year: ALL parts. 1 Year: Motor (if applicable).  
3 Months: Electronics (if applicable).



### Best Fitness 5 Year Warranty:

5 Years: Frame & Motor (if applicable). 1 Year: Parts. 1 Year: Electronics (if applicable). 3 Months: Wear parts (if applicable). 90 Days: Labor.





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