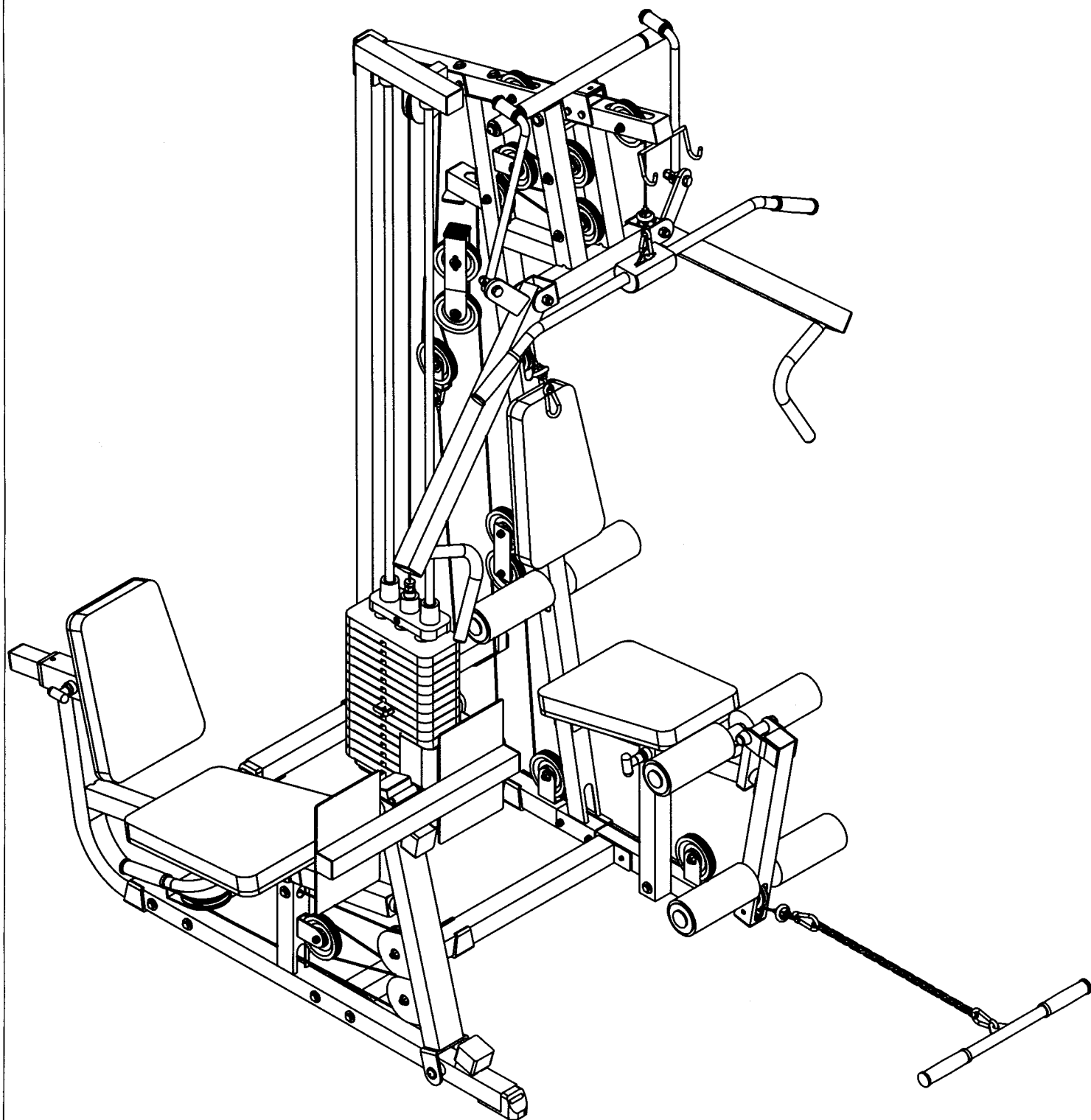


EXM-1550.1

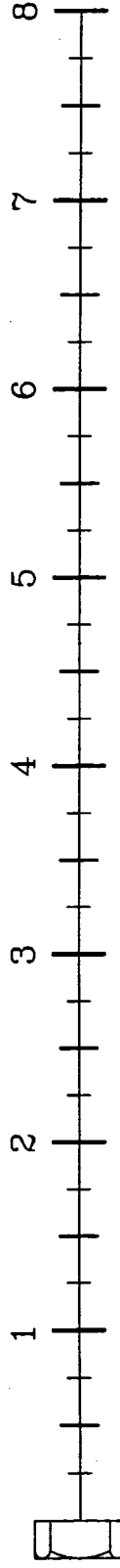
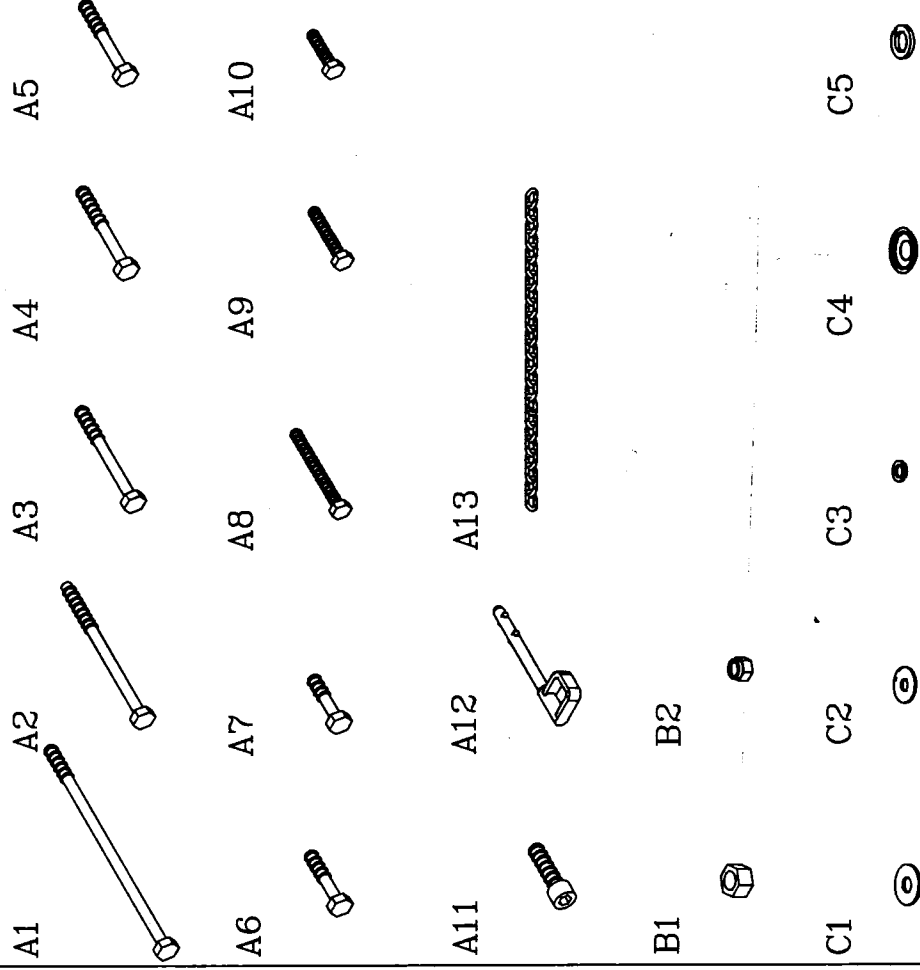


VERSION 0208

# EXM-1550.1 HARDWARE ILLUSTRATION SHEET

Qty.

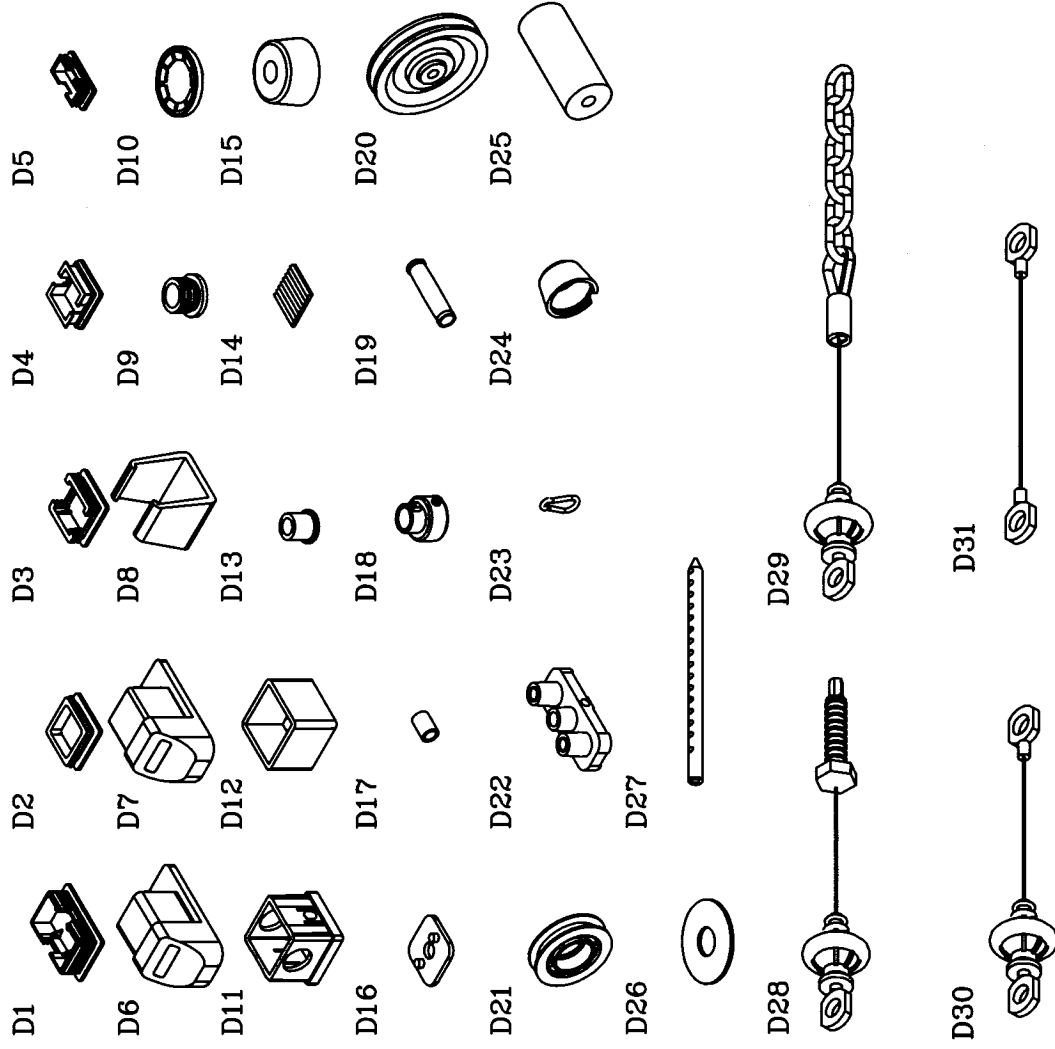
|      |              |                      |       |         |
|------|--------------|----------------------|-------|---------|
| A1.  | 3/8"X7 1/4"  | HEX HEAD BOLT        | ----- | [2PCS]  |
| A2.  | 3/8"X4 3/4"  | HEX HEAD BOLT        | ----- | [1PCS]  |
| A3.  | 3/8"X3 1/4"  | HEX HEAD BOLT        | ----- | [1PCS]  |
| A4.  | 3/8"X2 3/4"  | HEX HEAD BOLT        | ----- | [26PCS] |
| A5.  | 3/8"X2 1/2"  | HEX HEAD BOLT        | ----- | [4PCS]  |
| A6.  | 3/8"X1 3/4"  | HEX HEAD BOLT        | ----- | [2PCS]  |
| A7.  | 3/8"X1 1/2"  | HEX HEAD BOLT        | ----- | [12PCS] |
| A8.  | 5/16"X2 3/4" | HEX HEAD BOLT        | ----- | [3PCS]  |
| A9.  | 5/16"X1 3/4" | HEX HEAD BOLT        | ----- | [2PCS]  |
| A10. | 5/16X1"      | HEX HEAD BOLT        | ----- | [6PCS]  |
| A11. | 7/16"X1 1/2" | ROUND BOLT           | ----- | [1PCS]  |
| A12. | 10BL PIN     |                      | ----- | [1PCS]  |
| A13. | STEEL CHAIN  |                      | ----- | [1PCS]  |
| B1.  | 1/2"         | LOCK NUT             | ----- | [1PCS]  |
| B2.  | 3/8"         | NYLON LOCK NUT       | ----- | [44PCS] |
| C1.  | 3/8"         | (I.D)WASHER          | ----- | [22PCS] |
| C2.  | 5/16"        | (I.D)WASHER          | ----- | [11PCS] |
| C3.  | 5/16"        | SPRING WASHER        | ----- | [11PCS] |
| C4.  | 3/8"         | ROUND END CAP WASHER | ----- | [2PCS]  |
| C5.  | 1/2"         | SPRING WASHER        | ----- | [1PCS]  |



# EXM-1550.1 HARDWARE ILLUSTRATION SHEET

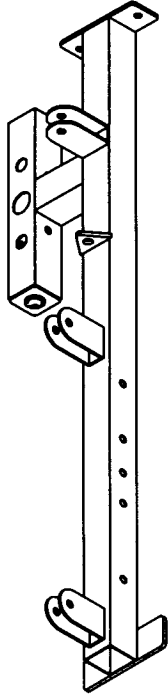
Qty.

|                                          |      |         |
|------------------------------------------|------|---------|
| D1. 50X75 END CAP (9211-012)             | ---- | [1PCS]  |
| D2. 2"X2" END CAP (9211-005)             | ---- | [13PCS] |
| D3. 2"X2"X2.5t END CAP (9211-006)        | ---- | [2PCS]  |
| D4. 1 3/4"X1 3/4" END CAP (9211-004)     | ---- | [1PCS]  |
| D5. 1"X2" END CAP (9211-009)             | ---- | [3PCS]  |
| D6. 50X50X1.8 FOOT CAP (9211-024)        | ---- | [2PCS]  |
| D7. 50X50X2.5 FOOT CAP (9211-025)        | ---- | [1PCS]  |
| D8. 2"X2" RUBBER DOUNT (9212-010)        | ---- | [4PCS]  |
| D9. ø1" ROUND END CAP (9211-016)         | ---- | [2PCS]  |
| D10. ø1" ROUND END CAP (8341-033)        | ---- | [6PCS]  |
| D11. 60X45 NYLON BUSHING (9211-032)      | ---- | [2PCS]  |
| D12. 2"X2" RUBBER DOUNT (9310-020)       | ---- | [2PCS]  |
| D13. ø10.5 STEEL BUSHING (8530-009)      | ---- | [10PCS] |
| D14. 38X38mm RUBBER PAD (9310-001)       | ---- | [1PCS]  |
| D15. ø55 RUBBER DOUNT (9310-027)         | ---- | [2PCS]  |
| D16. 2"X2" RUBBER CANE CAP (9214-002)    | ---- | [2PCS]  |
| D17. ø5/8" STEEL BUSHING (8110-011)      | ---- | [4PCS]  |
| D18. ø3/4" SHAFT COLLAR (9211-046)       | ---- | [2PCS]  |
| D19. 6" RUBBER GRIP (9212-016)           | ---- | [6PCS]  |
| D20. ø110 PULLEY (9213-002)              | ---- | [19PCS] |
| D21. ø3" PULLEY (9213-006)               | ---- | [2PCS]  |
| D22. TOP PLATE (8400-004)                | ---- | [1PCS]  |
| D23. ø8 SPRING SNAP LINK (8810-001)      | ---- | [5PCS]  |
| D24. ROUND END CAP                       | ---- | [2PCS]  |
| D25. 3 1/2"X23X8" FOAM ROLLER (9161-007) | ---- | [6PCS]  |
| D26. ø3" NYLON WASHER (9214-008)         | ---- | [6PCS]  |
| D27. WEIGHT SELECTOR BAR (8220-061)      | ---- | [1PCS]  |
| D28. 4055mm STEEL CABLE                  | ---- | [1PCS]  |
| D29. 2895mm STEEL CABLE                  | ---- | [1PCS]  |
| D30. 1905mm STEEL CABLE                  | ---- | [1PCS]  |
| D31. 3600mm STEEL CABLE                  | ---- | [1PCS]  |



# EXM-1550.1 PARTS ILLUSTRATION SHEET

A [1PCS]



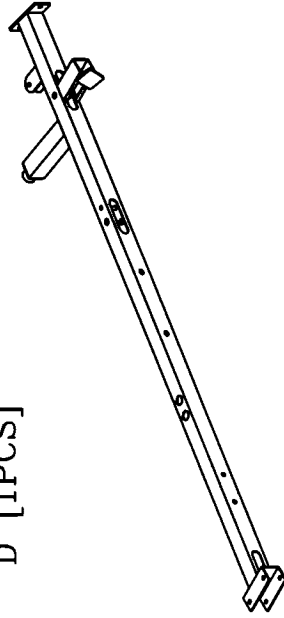
B [1PCS]



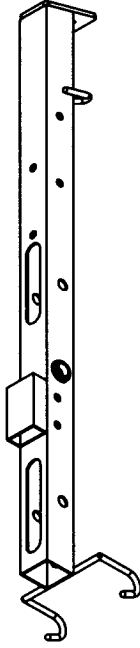
C [1PCS]



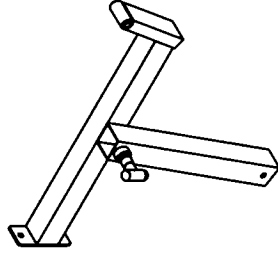
D [1PCS]



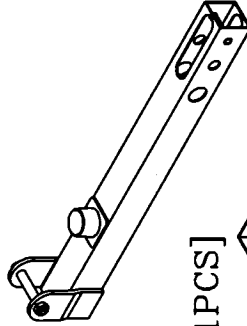
E [1PCS]



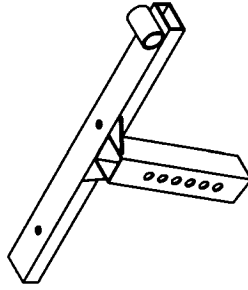
F [1PCS]



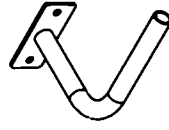
G [1PCS]



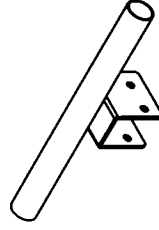
H1 [1PCS]



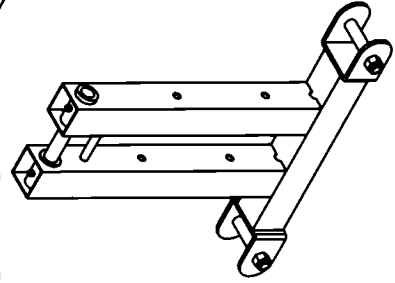
I [2PCS]



J [1PCS]



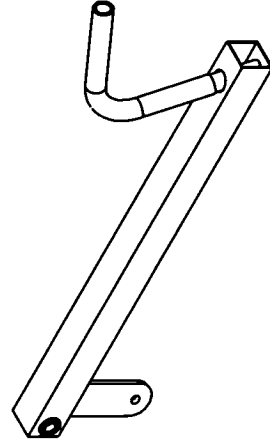
K [1PCS]



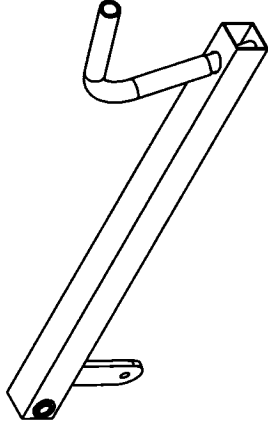
L [2PCS]



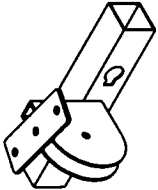
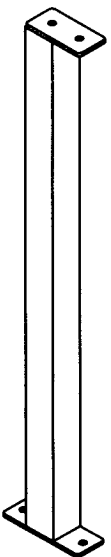
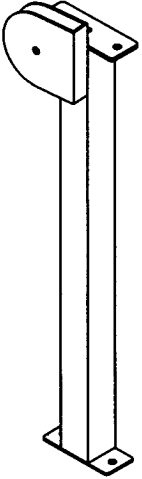
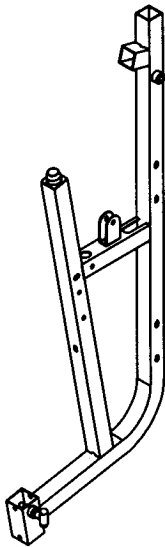
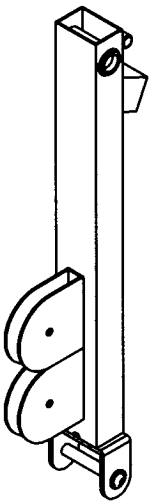
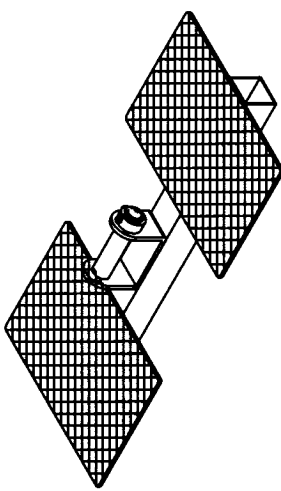
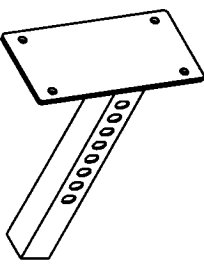
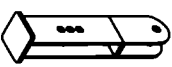
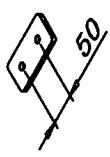
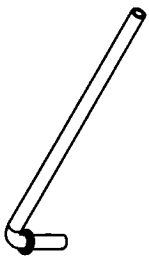
M [1PCS]



N [1PCS]

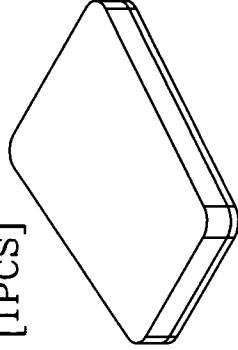


EXM-1550.1 PARTS ILLUSTRATION SHEET

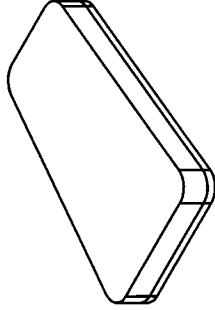
|                                                                                       |  |                                                                                       |  |                                                                                     |  |
|---------------------------------------------------------------------------------------|--|---------------------------------------------------------------------------------------|--|-------------------------------------------------------------------------------------|--|
| O [1PCS]                                                                              |  | P [1PCS]                                                                              |  | Q [1PCS]                                                                            |  |
|    |  |    |  |    |  |
| R-1 [1PCS]                                                                            |  | S-1 [1PCS]                                                                            |  | T [1PCS]                                                                            |  |
|    |  |     |  |    |  |
| U [1PCS]                                                                              |  | V [2PCS]<br>ø3/4"X1.6X1970L                                                           |  | W [1PCS]                                                                            |  |
|   |  |    |  |   |  |
| Z [2PCS]<br>D30475                                                                    |  | AA [1PCS]<br>D30483                                                                   |  | X [2PCS]<br>D30484                                                                  |  |
|  |  |  |  |   |  |
| Y [1PCS]                                                                              |  | AB [1PCS]<br>D30066                                                                   |  | AD [3PCS]<br>ø1"X1.6X475L                                                           |  |
|     |  |  |  |  |  |

EXM-1550.1      PARTS ILLUSTRATION SHEET

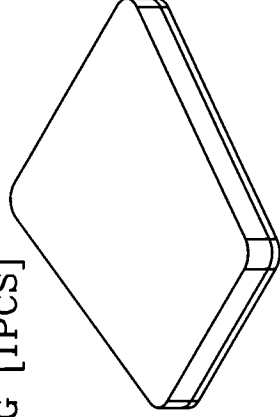
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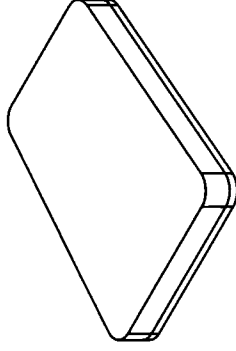
AF [1PCS]



AG [1PCS]



AH [1PCS]



AI [1PCS]

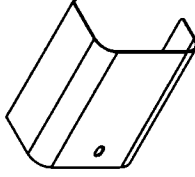


AJ [1PCS]

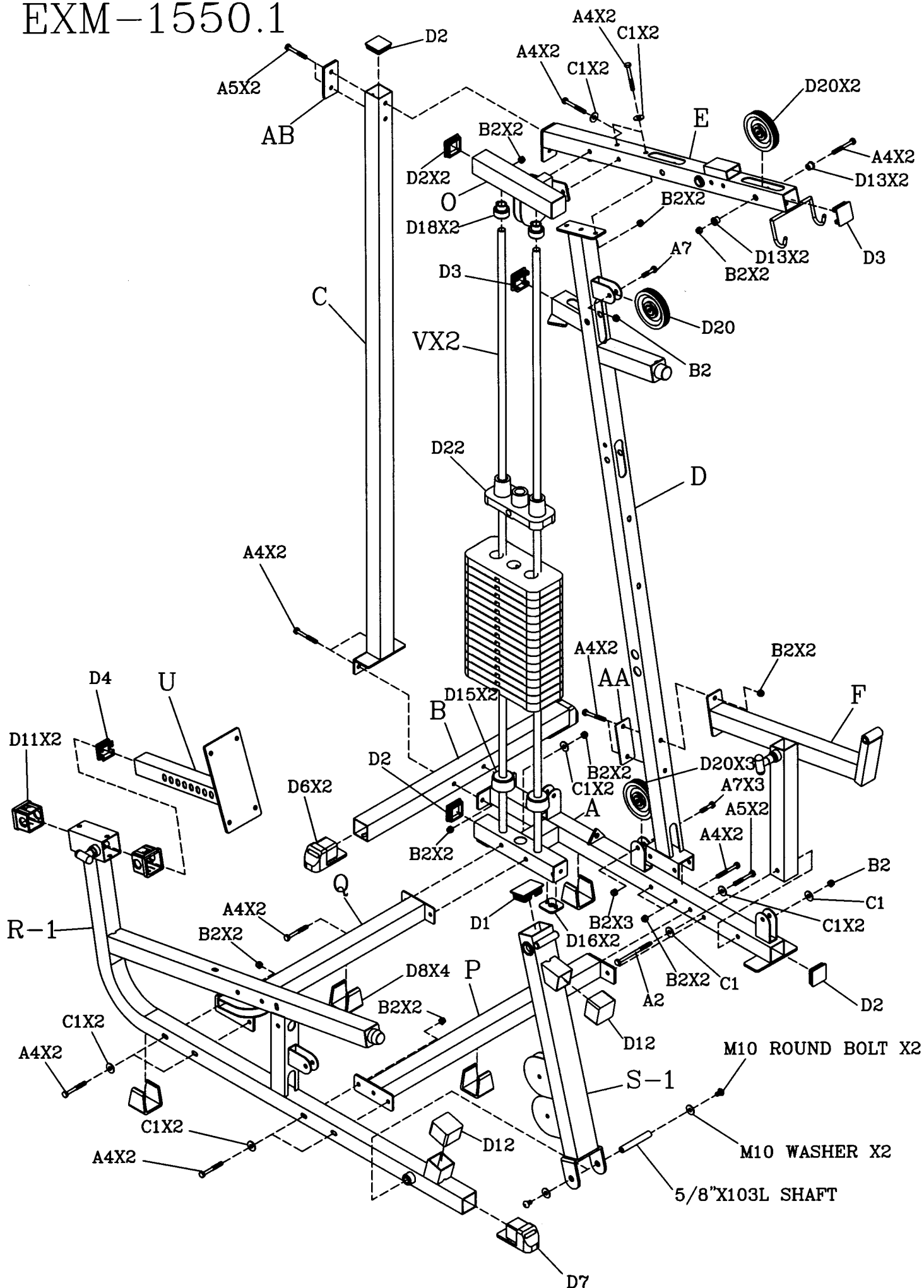


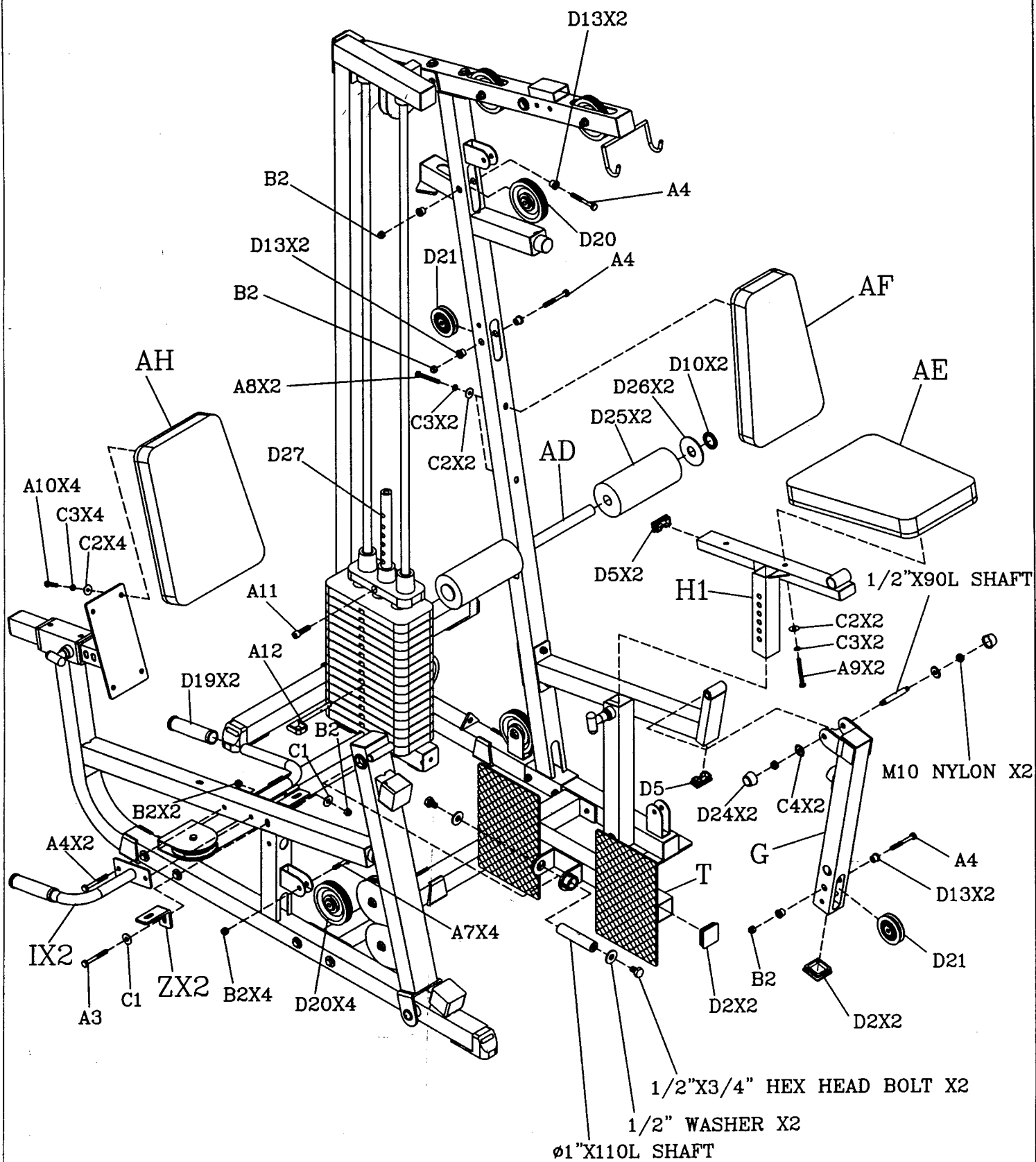
AK [1PCS]

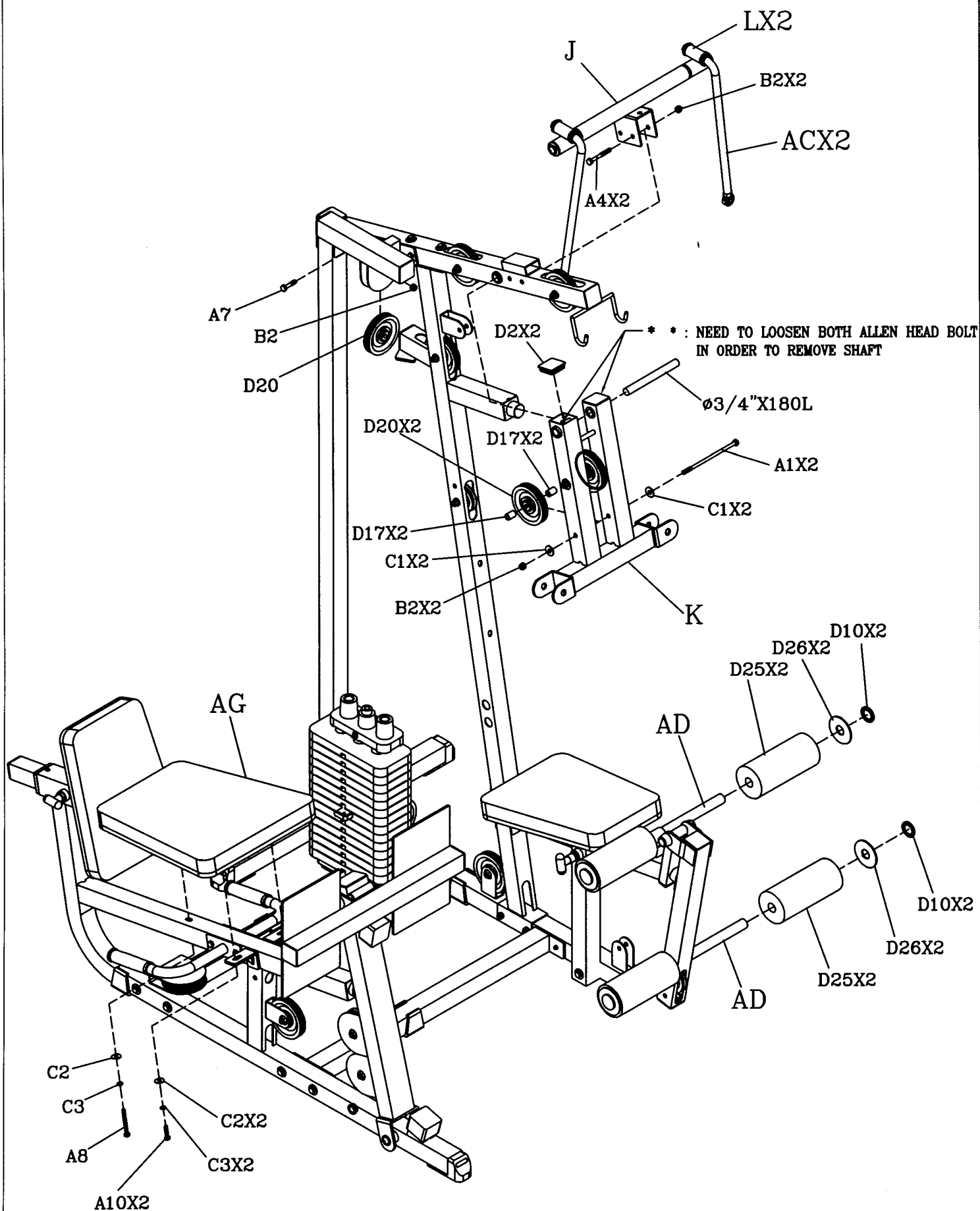
E10195



## EXM-1550.1





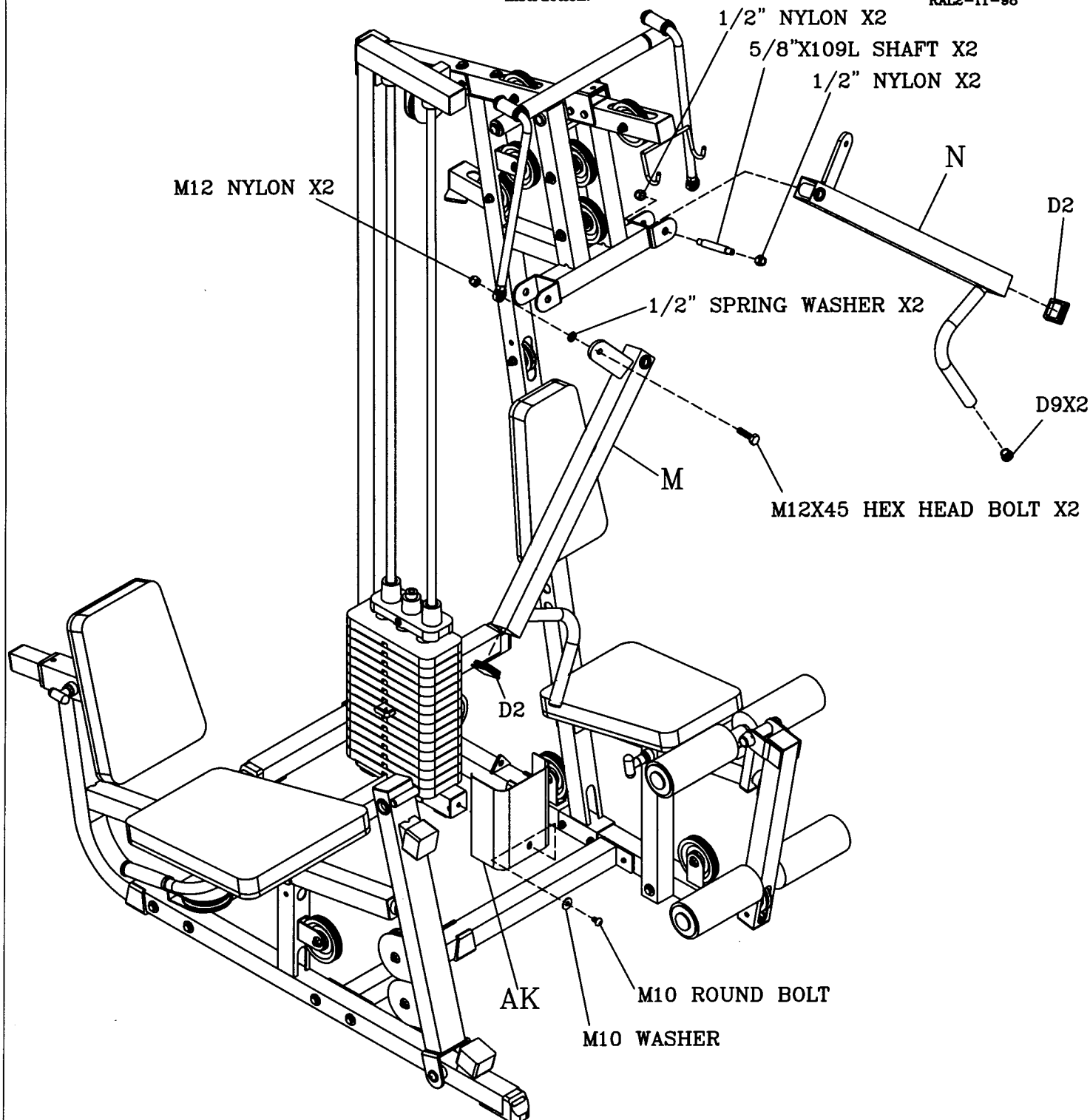


# EXM-1550.1

THERE IS A RISK ASSUMED BY INDIVIDUALS WHO USE THIS TYPE OF EQUIPMENT. TO MINIMIZE RISK, YOU MUST FOLLOW THESE RULES:

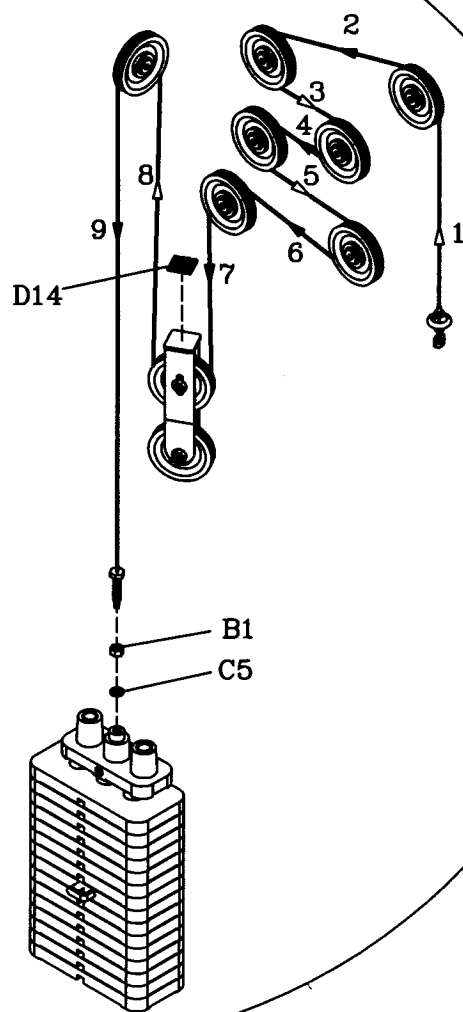
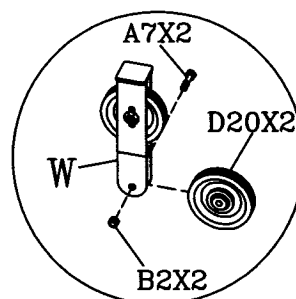
1. Inspect equipment before each workout. Check that all nuts, bolts, screws and pop pins are in place and fully tightened. Also, before use, check cables for signs of wear. Replace all worn parts immediately. Never use machine if any parts are damaged or missing. Failure to follow these rules may result in serious injury.
2. Keep clear of the cables and all moving parts when the machine is in use.
3. Always make sure all Snap Links are closed when doing any cable/pulley exercises.
4. Exercise with care. Perform your exercises at a smooth moderate pace; never perform jerky or uncoordinated movements that may cause injury.
5. It is recommended that you should workout with a training partner.
6. Do not allow children or minors to play on or around this equipment.
7. If unsure of proper use of equipment, call your local Body-Solid distributor or the Body-Solid customer service department at 1-800-556-3113.
8. **WARNING:** Consult your physician before starting your exercise program. For your own safety, do not begin any exercise program without proper instruction.

RAL2-11-98

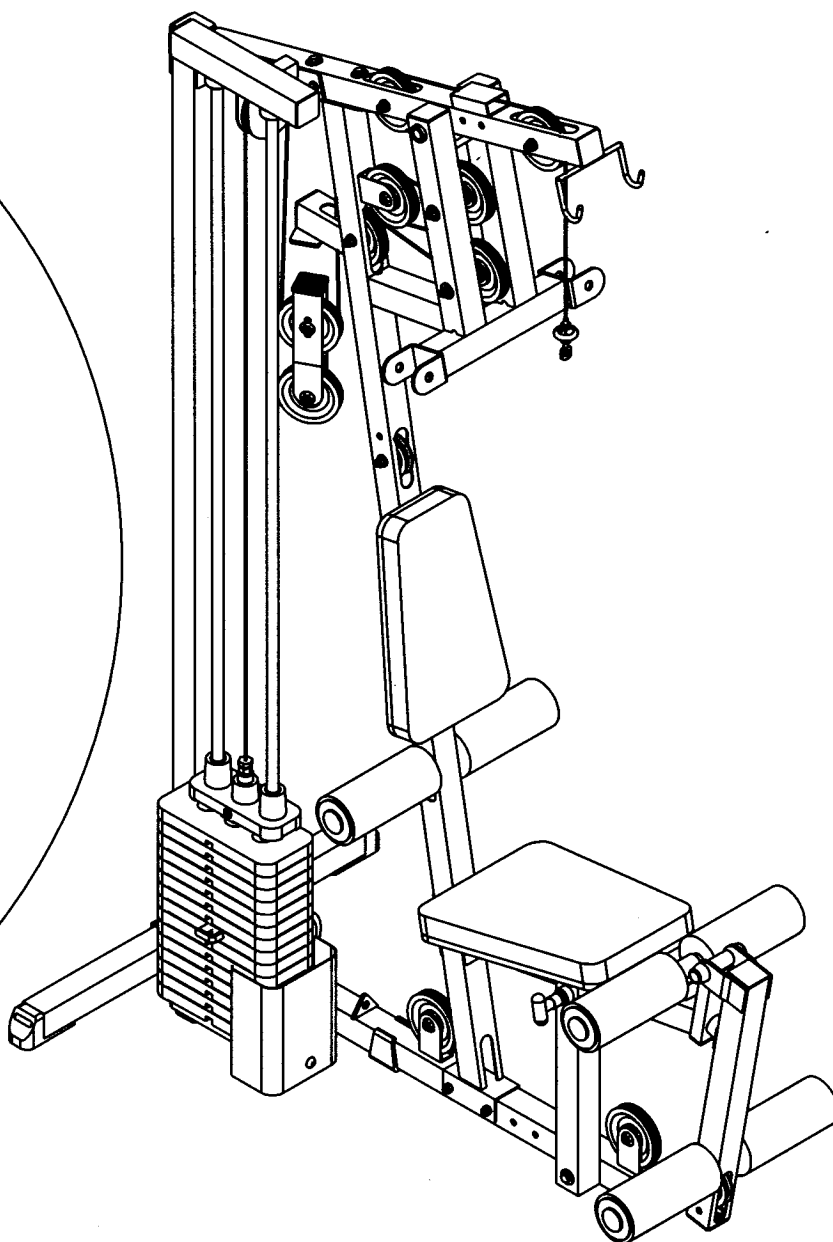


# EXM-1550.1

D28 

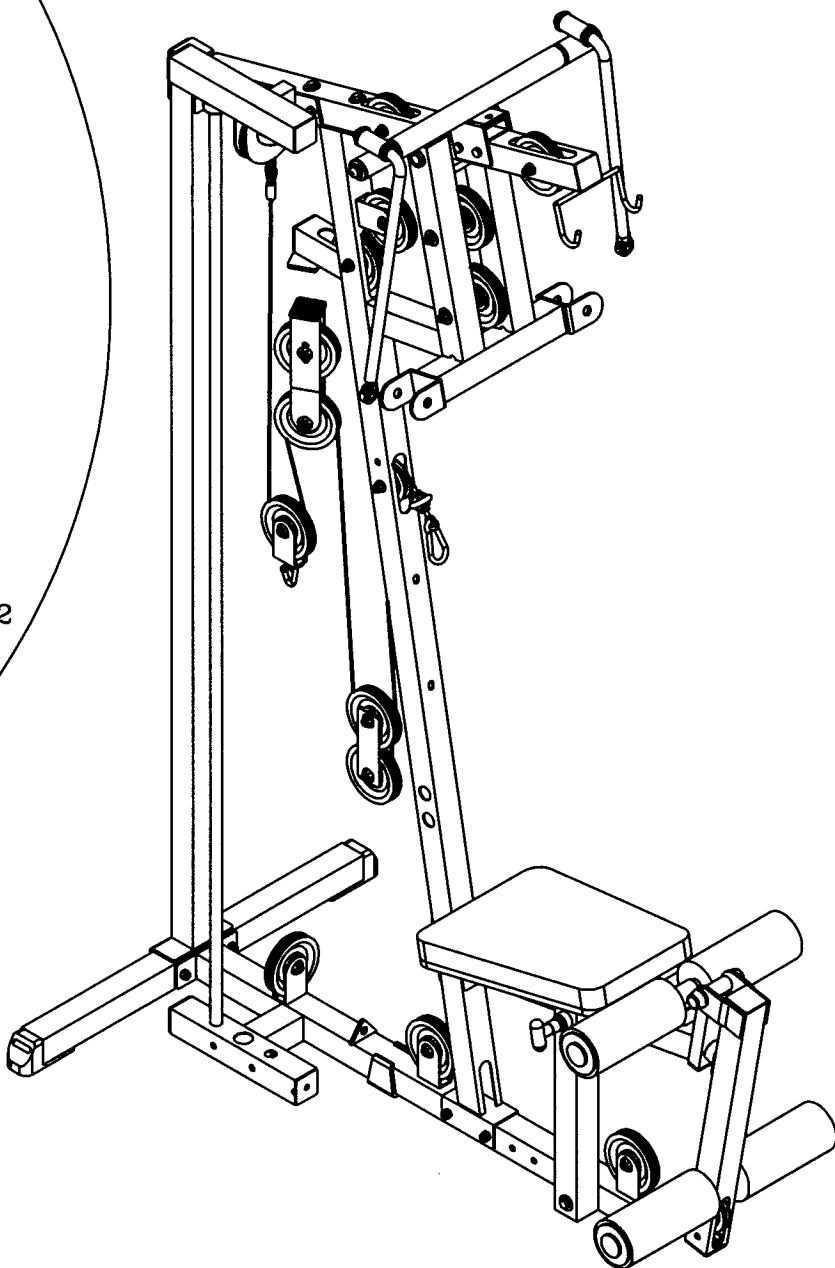
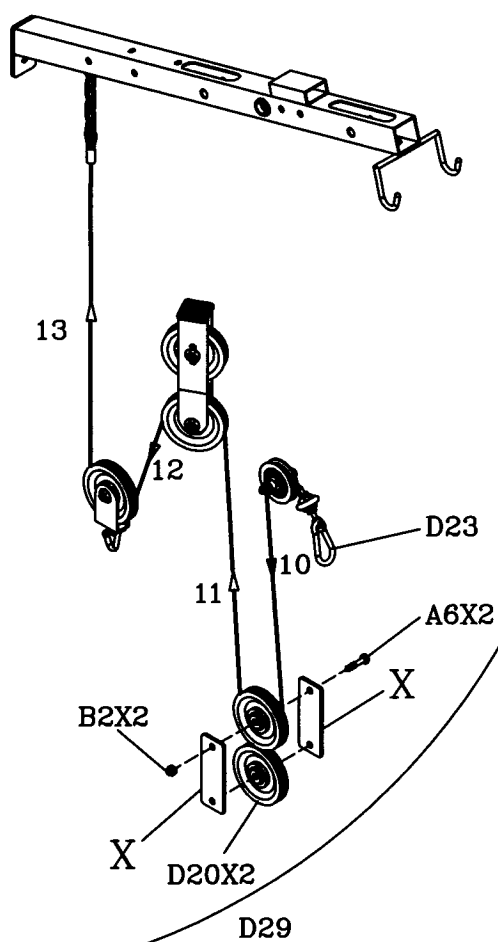
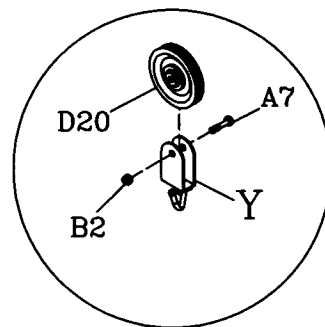


D28



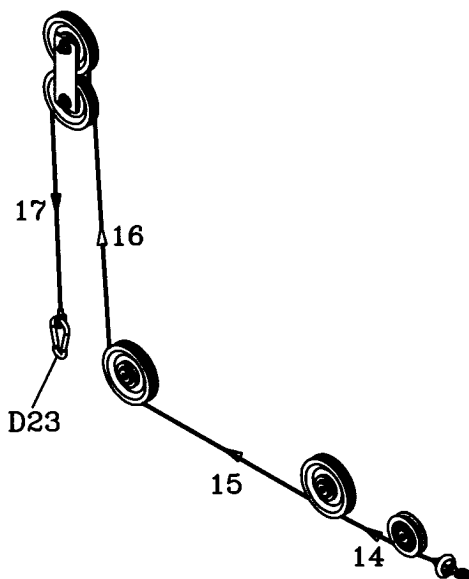
# EXM-1550.1

D29 

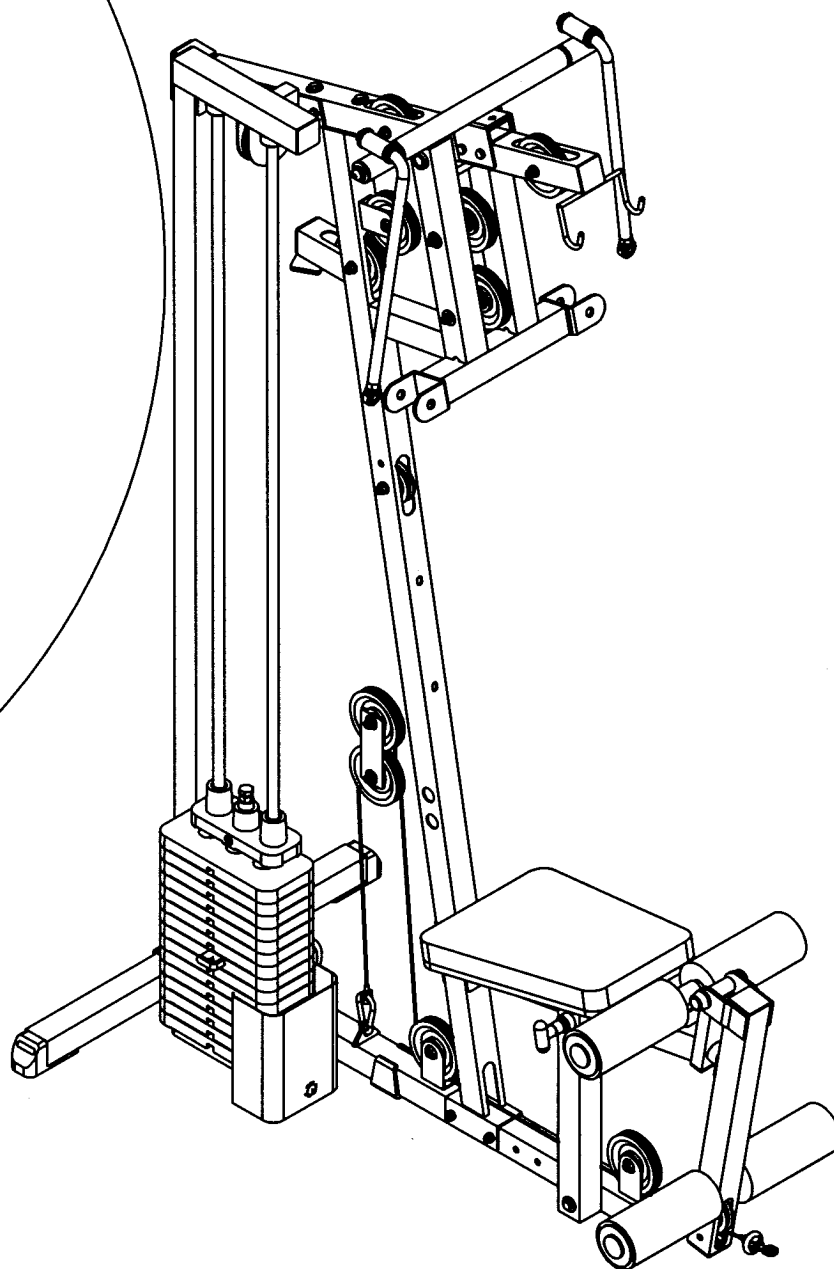


# EXM-1550.1

D30 



D30



D31

