

GDCCBAR

Body-Solid - Dual Press Bar



GDCCBAR **Dual Press Bar**

Now you can take full advantage your Body-Solid functional training center's dual weight stacks with the GDCC Dual Press Bar. By connecting the GDCC to both racks of the Body-Solid GDCC210, you can use both stacks simultaneously for a smooth, unilateral movement.

Dimensions: 42"L, 1.5" Diameter

Special Features

- Attaches to the weight stacks for press exercises including:
 - Bench press
 - Incline press
 - Decline press
 - Shoulder press
 - Squats