

**BSTSPBOX****Body-Solid Tools - 3-Way Soft Plyo Box (20", 24", 30")****BSTSPBOX****Body-Solid Tools 3-Way Soft Plyo Box**

Athletes of all levels use plyo boxes to boost their vertical jumping ability as well as increase foot speed, cardiovascular endurance, leg strength, health and explosiveness. Body-Solid's all-new Soft Plyo Boxes feature a unique three-sided design. It's like getting three different standard plyo boxes in one. In addition, the soft sides minimize the potential for banged shins and scrapes that can sometimes occur with standard plyo boxes.

**Special Features**

- Three diverse heights (20", 24", 30")
- The durable vinyl cover
- Reinforced soft foam

Dimensions: 30"H x 20"L x 24"W

Unit is (1) 3-Way Plyo Box. Photo above shows multiple boxes in same picture.