



PUB2

Body-Solid Tools - Push-Up Bars



PUB2 Push-Up Bars

By using your body weight as resistance, these push-up bars will dramatically increase your strength as well as range-of-motion and turn ordinary push-ups into an explosive new workout routine. Uniquely designed to alleviate stress on your wrists and hands, the comfort-grip handles offer an infinite number of angles to blast your chest, shoulder and triceps muscles for maximum size and strength gains. With the turn of a lever they fold-down flat so you can pack them in your luggage. Simple to use, strong, sturdy and durable—they're built to last a lifetime!

Special Features

- Increases range of motion for deeper push-ups
- Comfortable anti-slip grips
- Quick disassembly for easy storage