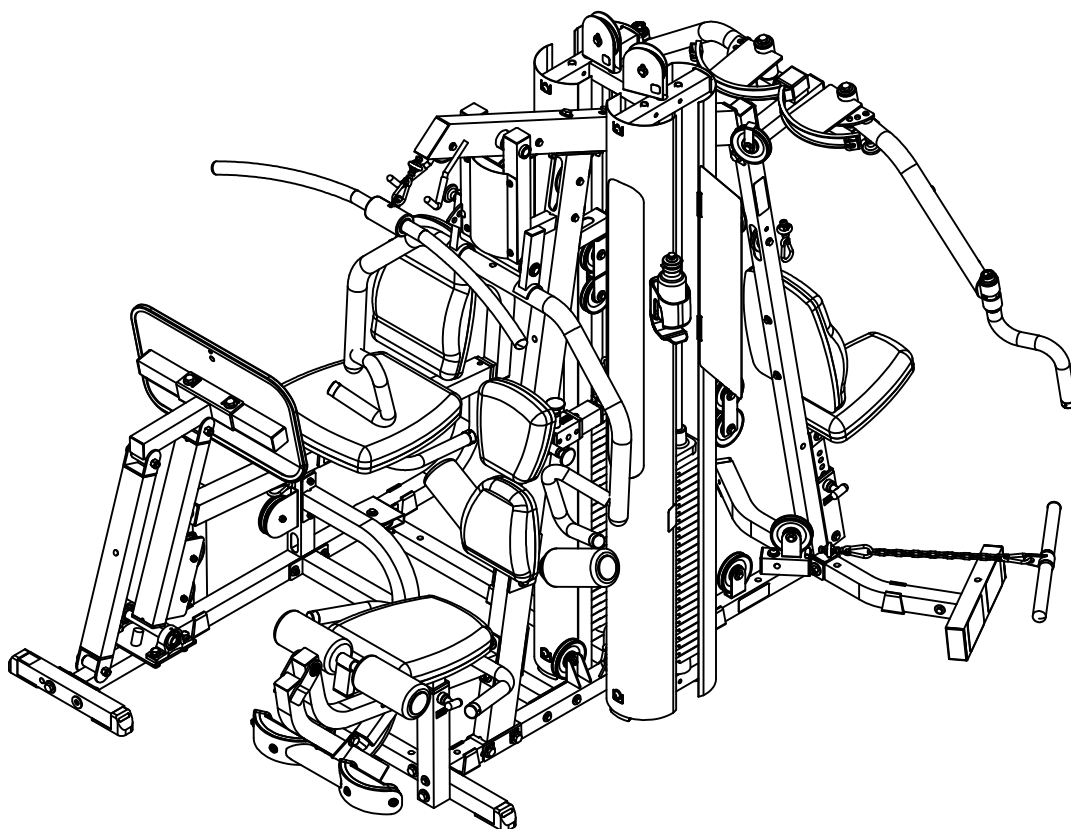


Body-Solid

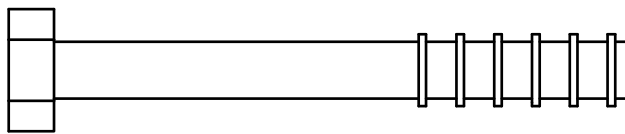
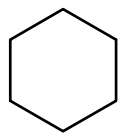


BODY-SOLID, Inc.
1900 S. Des Plaines Ave.
Forest Park, IL 60130 USA
Phone: (708) 427-3555
Fax: (708) 427-3556
www.bodysolid.com

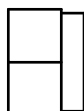
G9STKUP OWNER'S MANUAL

G9STKUP ASSEMBLY INSTRUCTIONS

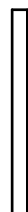
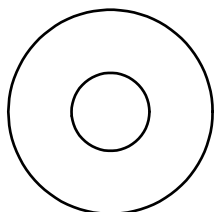
HARDWARE ILLUSTRATION



(AA1)HEX BOLT 3/8"X3"L PARTIAL THREAD QTY.1



(BB1)NYLON LOCK NUT 3/8" QTY.1



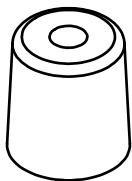
(CC1)3/8"(I.D.)FLAT WASHER Ø27 QTY.2

G9STKUP ASSEMBLY INSTRUCTIONS

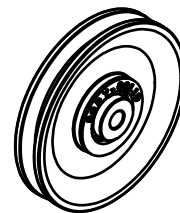
HARDWARE ILLUSTRATION

DD1.Ø65xØ20x70L RUBBER DOUNT(9310-049)	-----[4PCS]
DD2.Ø90 PULLET(9213-002H)	-----[2PCS]
DD3.WEIGHT SELECTOR(8210-070A)	-----[2PCS]
DD4.4170mm STEEL CABLE(FG9UA)	-----[1PCS]
DD5.4425mm STEEL CABLE(FG9UC)	-----[1PCS]
DD6.4300mm STEEL CABLE(FG9UF)	-----[1PCS]

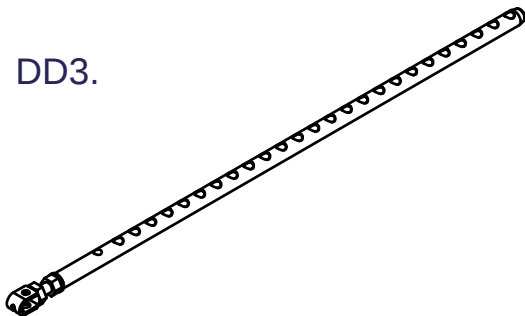
DD1.



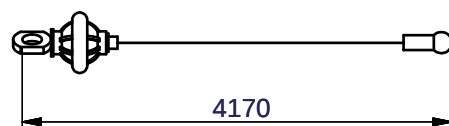
DD2.



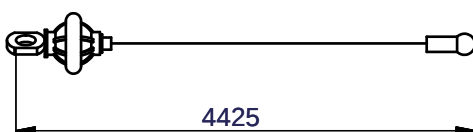
DD3.



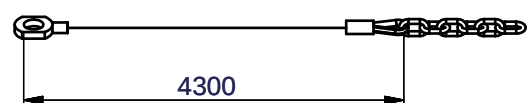
DD4.



DD5.



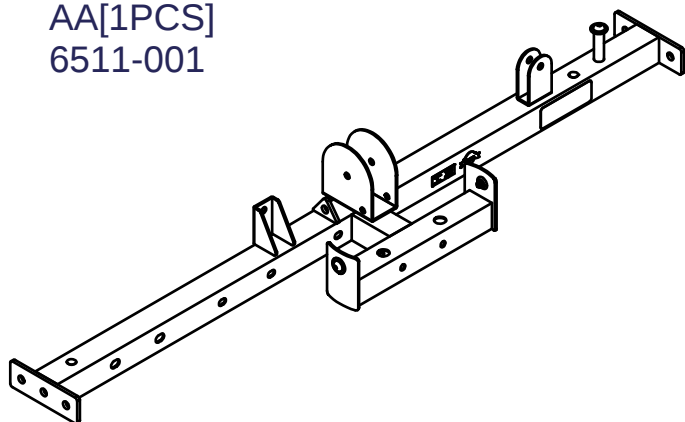
DD6.



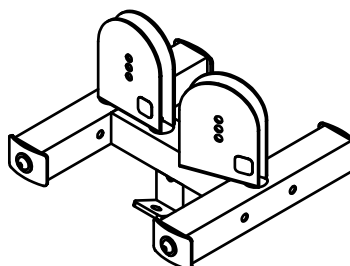
G9STKUP ASSEMBLY INSTRUCTIONS

PARTS ILLUSTRATION SHEET

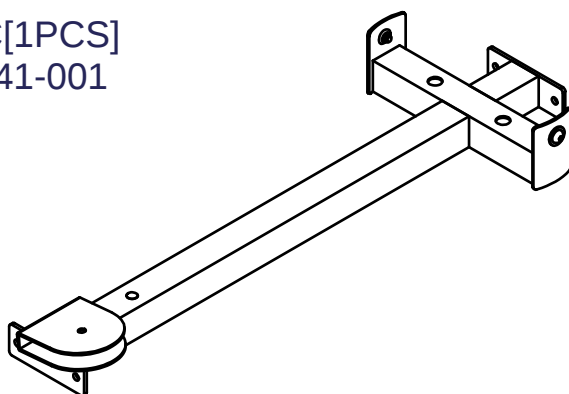
AA[1PCS]
6511-001



AB[1PCS]
6511-002

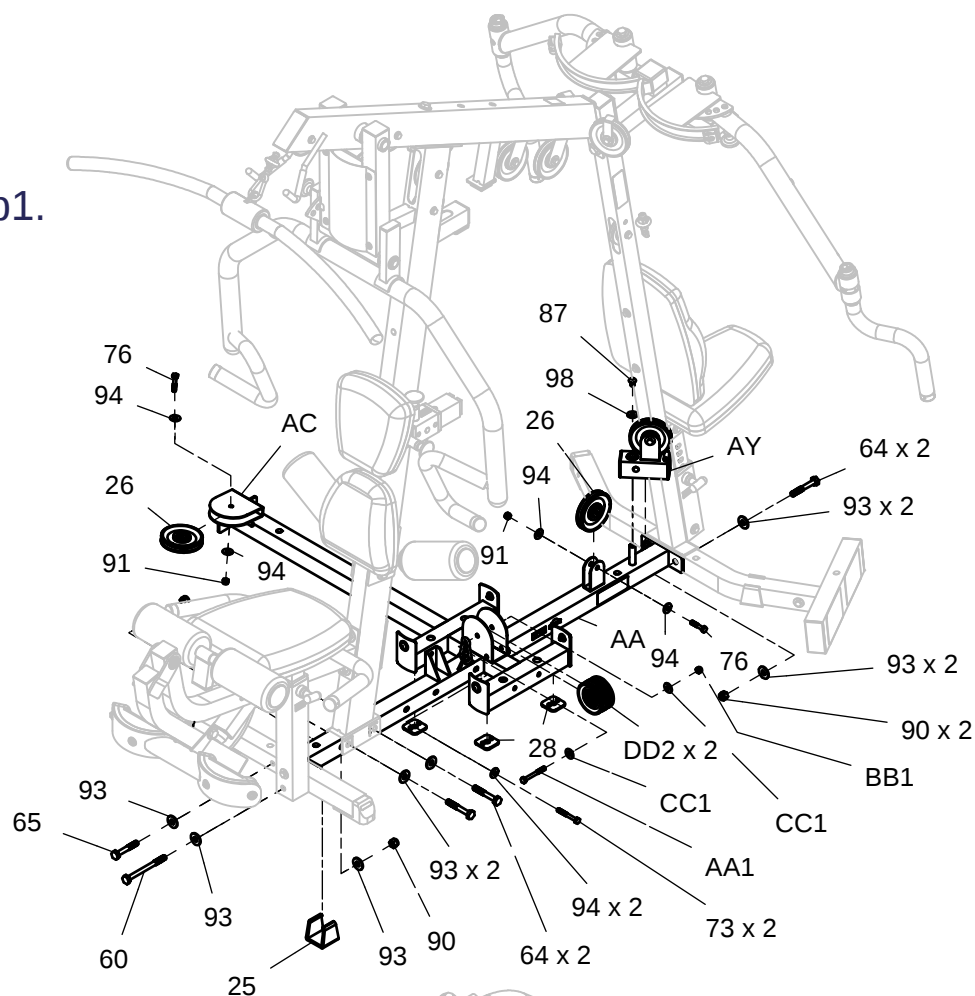


AC[1PCS]
6541-001

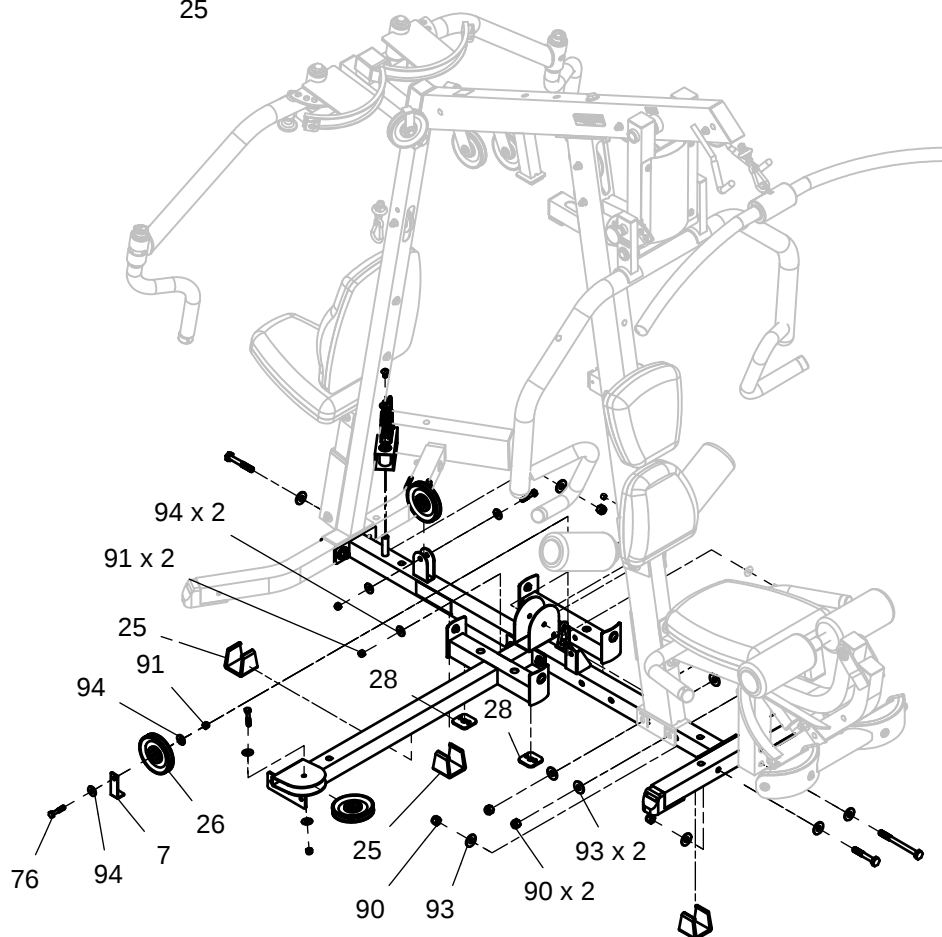


G9STKUP ASSEMBLY INSTRUCTIONS

Step1.

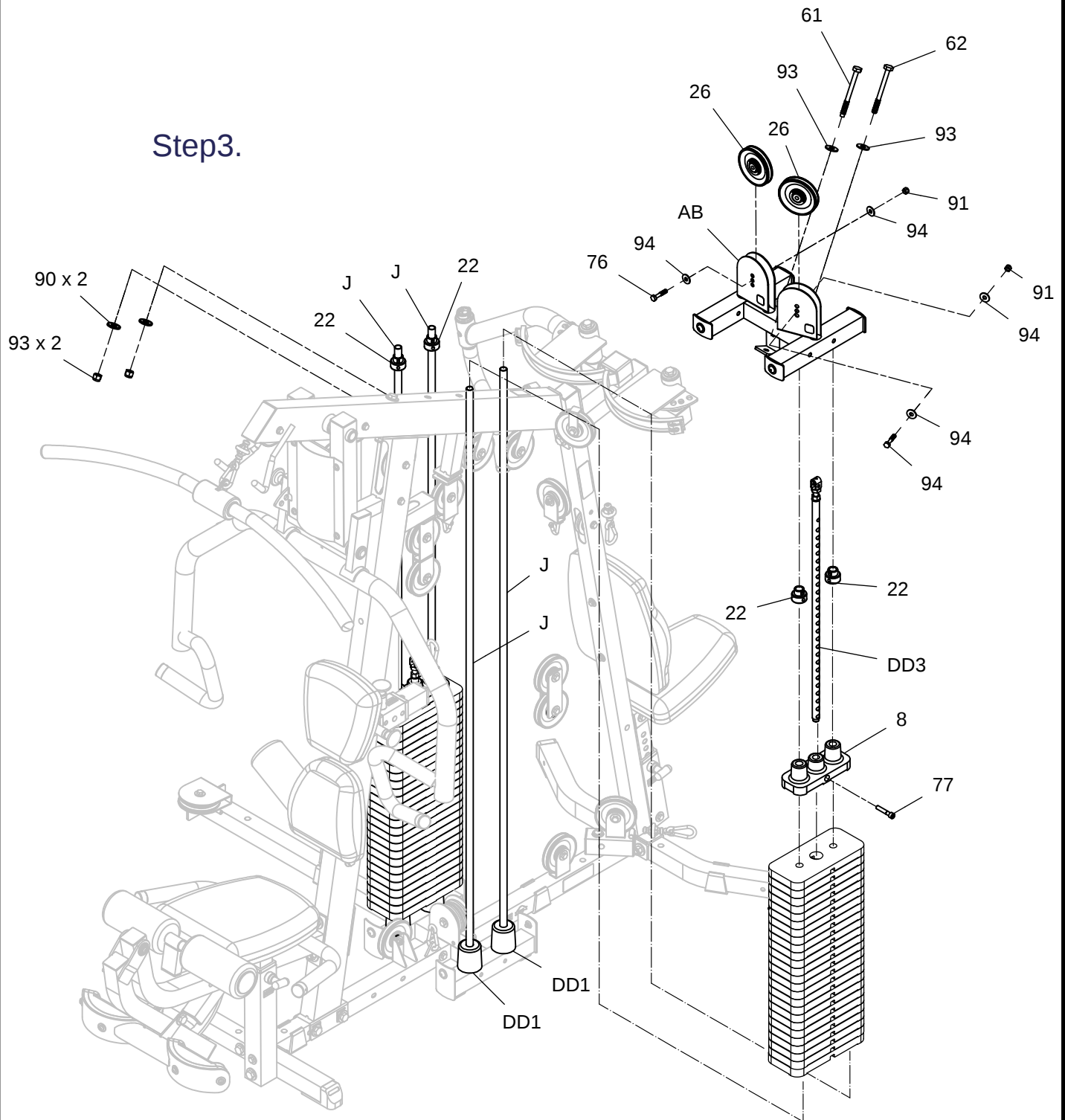


Step2.



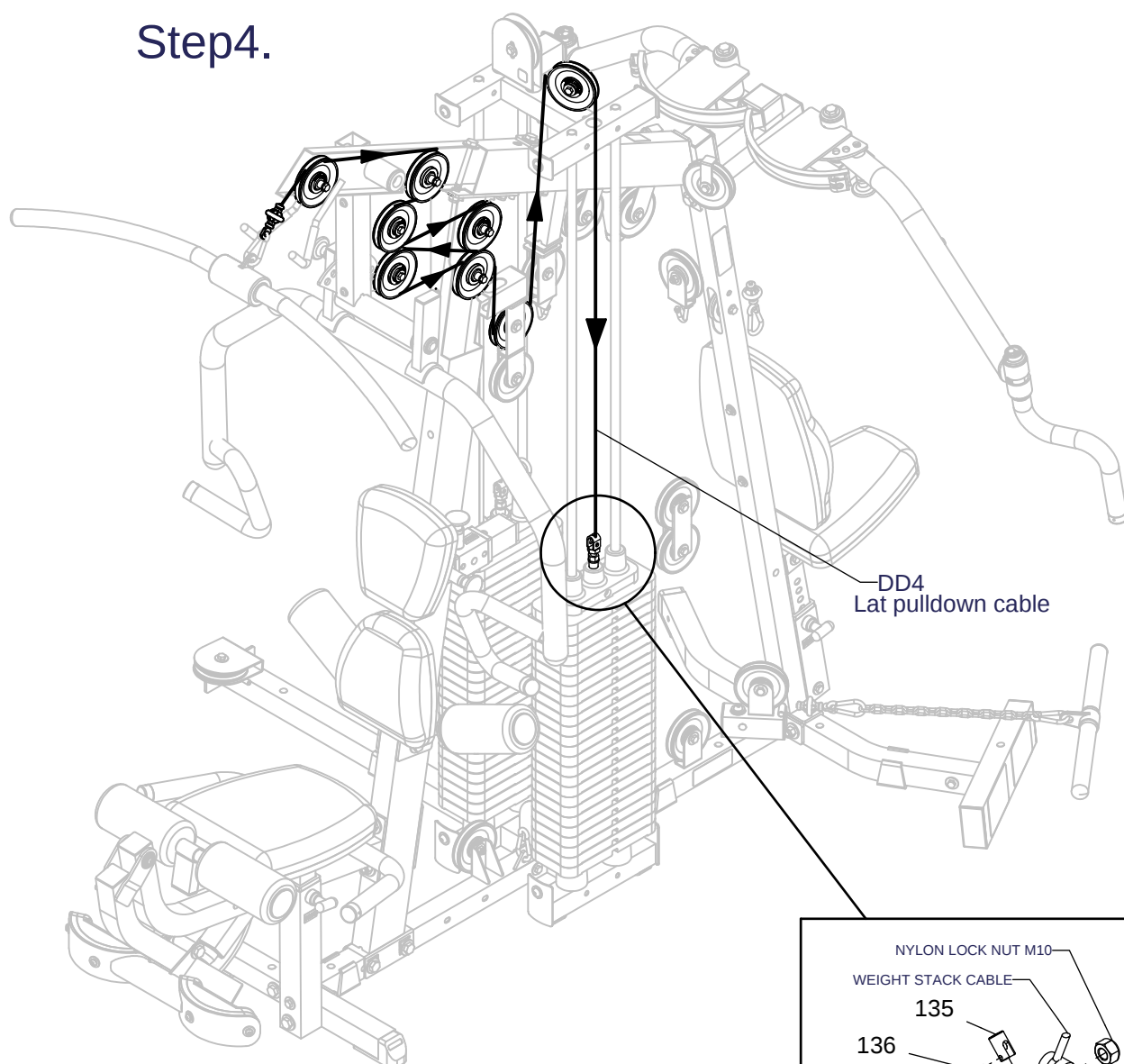
G9STKUP ASSEMBLY INSTRUCTIONS

Step3.



G9STKUP ASSEMBLY INSTRUCTIONS

Step4.

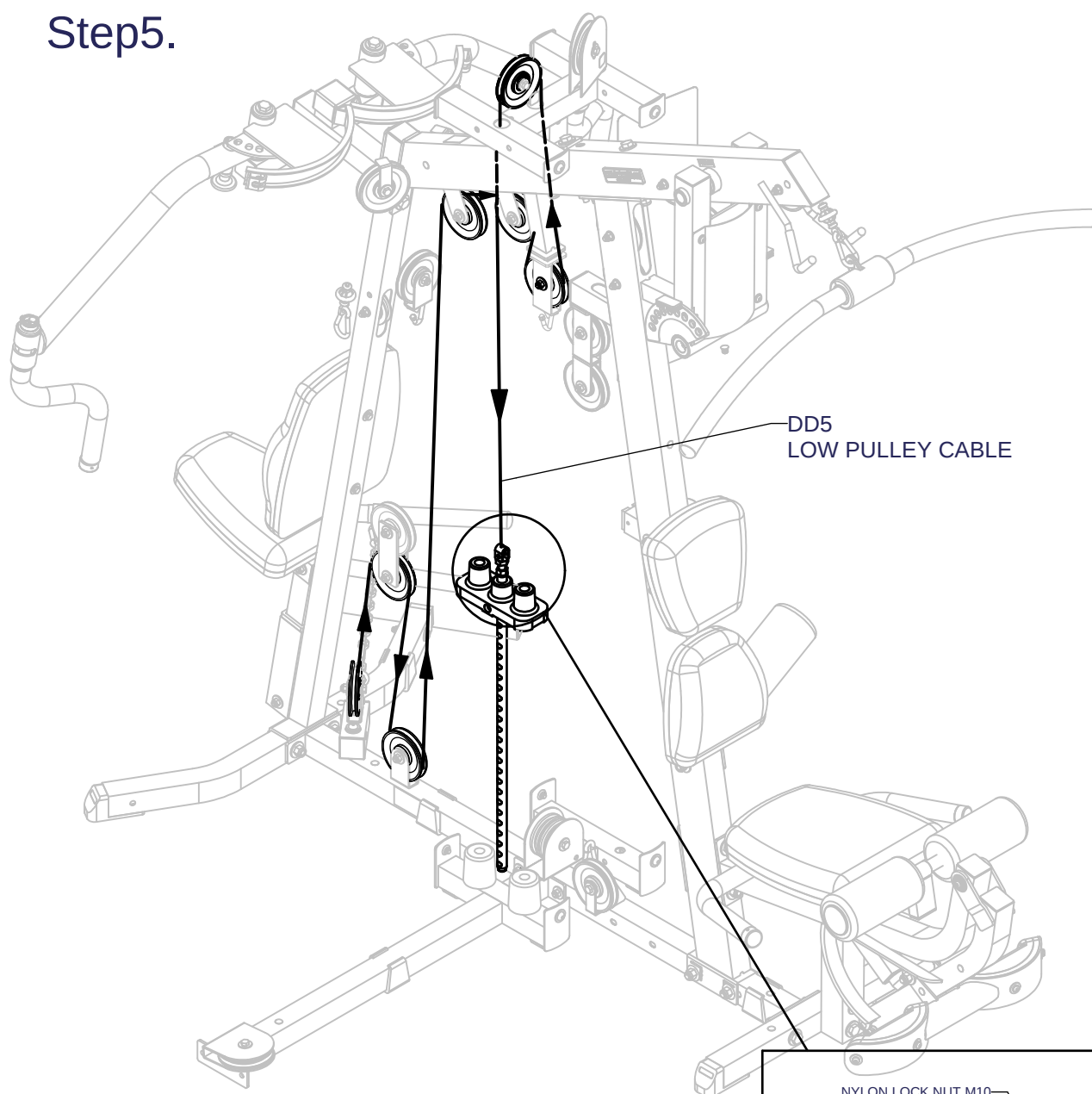


DD4
Lat pulldown cable

NYLON LOCK NUT M10
WEIGHT STACK CABLE
135
136
56
Selector Rod

G9STKUP ASSEMBLY INSTRUCTIONS

Step5.



DD5
LOW PULLEY CABLE

NYLON LOCK NUT M10
WEIGHT STACK CABLE
135
136
56
Selector Rod

G9STKUP ASSEMBLY INSTRUCTIONS

Step 6.

