

GMFP-STK

Body-Solid - Proselect Multi-Functional Press



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The ProSelect Multi press is the most versatile selectorized piece in the Body-Solid line. With built in functional training arms, the GMFP-STK allows for vertical chest presses, incline and decline presses from a multi-adjustable seated position. Then move to the opposite side and perform standing shoulder presses. Outfitted with 180 degree rotating pulleys, this multi press unit can accommodate a swiss ball for stability exercises. This uniquely designed piece is perfect for any home and light commercial application.

Dimensions: 70"H x 80"L x 50"W

Special Features

- Ideal for home and commercial usage
- User defined movements recruit stabilizer muscles
- Rotating pulleys provide smooth resistance through multiple planes of movement
- Includes 2 nylon cable handles with multiple connection rings
- Pulleys rotate 180 degrees allowing for workouts on a stability ball
- Adjustable seat pad ensures proper fit for any size user
- Standard with 210lb stack – optional 310lb stack upgrade