

Body-Solid[®]
Built for Life

GCRPACK
Cardio Rack



Cardio barbell training is one of the most effective group exercises around. Cardio barbell training combines cardio and strength into coordinated total body movements. Outside of an instructor, the brand new Body-Solid Cardio Barbell Set (GCRPACK) is everything any facility needs to offer this popular group class. Body-Solid's Cardio Barbell Set includes the rack and 10 sets of cardio barbells, weights and collars. The compact rack keeps the equipment clean and organized allowing for easy access and weight selection.

- Add an exciting new program for group training classes
- Rack stores entire set of bars, weights and collars in a compact footprint
Grip plates are easy to grip and PVC coated
- Bars ends are chrome plated
- Bar grips are covered in durable foam for comfort
- 550lbs total weight
- Lifetime Warrantly on Rack
- Dimensions: 50"H x 39"D x 36"W

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