



GIB2

Body-Solid Tools - Inversion Boots



GIB2 Inversion Boots

Inversion boots allow you to recover quickly from compression fatigue caused by jogging, aerobic training, stepping, bicycling and weight training. Inversion boots counteract the downward pull of gravity. Hanging in the inverted position brings instant relief to many forms of back pain and spasms associated with consistent downward gravitational pull on the spine, discs and muscles. Just a few minutes a day are sufficient to spread apart painful compressed discs. They also stretch back, neck and shoulder muscles, further increasing flexibility and reducing pain. Boots feature thick, comfortable, contoured support pads and have a heavy duty single action locking mechanism with built in safety lever. Extra pads allow easy adjustment for all size users.

Requires a horizontal bar to hang from (Chin-Up Bar [PUB34], power rack, etc.)



Special Features

- Thick, comfortable, contoured support pads
- Heavy duty single-action locking mechanism
- Built-in safety lever
- Extra pads allow easy adjustment for all size users