

DPCC-SF

Pro•Dual Adjustable Cable Column

Optional Configurations:

DPCC-F

Pro•Dual Adjustable Cable Column
w/Frame and NO Stack

WSP200

200 lb. Premium Weight Stack

DABB-SF

210 lb. Weight Stack

SP300

300 lb. Weight Stack

**DPCC-SF****Pro•Dual Adjustable Cable Column**

Functional training can prove effective for individuals who need to improve balance, stability and neuromuscular coordination. The Body-Solid Pro•Dual Adjustable Cable Column offers you the freedom of movement to effectively, efficiently conduct numerous weight bearing activities targeting core muscles of the abdomen and lower back. Simple pop-pin adjustment allows the vertically adjustable pulleys to be set for over 100 exercises at a level that is comfortable for any size user. It gives you the freedom and range of motion to accomplish a total body workout in just a 3'x4' area.

Dimensions: 39"L x 46"W x 91"H

Special Features

- Commercial rated
- 2"x4" high-tensile strength steel, all 4-side welded mainframe
- Double, powder-coat finish protects against scratching, chipping and peeling
- Nylon-coated, self-lubricating, aircraft-quality steel cables
- Fiberglass reinforced nylon pulleys with v-grooved channels
- Machine drilled weight plates to exact specifications and employ oversized nylon bushings