

## **BFSR10** Squat Rack



With the wide "walk-in" design there is plenty of room on each side for a variety of exercises such as squats, incline, decline, flat and military presses as well as shrugs and calf raises. Complete with Adjustable Lift-Offs and 2 Dip Station Handles so you can keep your exercise routine the way it should be simple and effective.

- 11-Position Uprights
- Dip Handles Included
- Sturdy Frame Construction
- Durable Powder Coated Finish
- An ideal companion to the Best Fitness BFFID10 Flat Incline Decline Bench
- Dimensions: 60"H x 32"L x 49"W

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