

GFID225

Folding F.I.D. Bench, Fully Assembled



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The Body-Solid GDFID225 Multi-Bench is the perfect training partner; it is functional, compact, portable and durable. It requires no assembly and is designed to be used straight out of the box. Features include seven adjustment positions for flexibility and comfort. The 2"x3" oval tubing ensures durability and support for the heaviest of workouts. Built-in wheels make transport quick and easy and it folds flat for storage under a bed or on end in a closet.

In-Use Dimensions: 18"H x 57"L x 16"W

Special Features

- Lifetime warranty
- No assembly required
- Seven adjustment positions
- Transport wheels for mobility