



## G4I

### Body-Solid - ISO-Flex™ Home Gym

*Optional Attachments:*

**GLP**

Leg Press Station

**SP50**

50 lb. Selectorized Weight Stack Upgrade

**GAP4**

Aluminum Pulley Upgrade Kit

**GIOT**

Seated Inner/Outer Thigh Attachment

**GRACK**

Home Gym Accessory Rack

*Weight Stack Options:*

**160 lb. stack (standard)**

**210 lb. stack (Shown in photo)**



## G4I

### ISO-Flex™ Home Gym

Based on the 3-Dimensional Independent ISO-Flex™ Press Arms, the G4I offers the most unique and complete workout of any home gym. Another unique feature on the G4I is the swiveling Dual Pulley Lat Station. These pulleys allow you to do conventional lat pulls or use independent cable handles and add both diverging and crossover movements to your lat workout. The G4I has a Chest Supported Mid Row Station that uses the independent press arms and adjustable DuraFirm™ back pad to give you the support and balance to isolate your mid and lower lats for a more targeted workout. The self-aligning cuffed leg developer provides maximum comfort for quadricep and hamstring development.

Floor Space Dimensions: 83"L x 55"W x 83.5"H

### Special Features

- Lifetime warranty
- Patent pending ISO-Flex™ 3D press arms allow you to define all press and pec fly exercises with your own personal path of motion
- Swiveling dual lat pull-down station allows unlimited, full range of motion through unilateral, bilateral, converging or diverging movement
- Leg developer station features the SmoothGlide Bearing System™ with biomechanically accurate pivot point and integrated CAM to prevent resistance drop-off at the end of the exercise movement