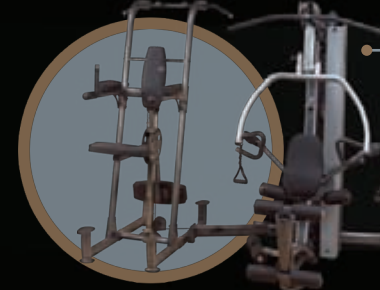


CUSTOMIZE

Build the ultimate gym

Take multitasking to a new level by configuring the FUSION 500 Multi-Station Gym into the system that works for you. Just add the stations and accessories that will help you achieve your fitness goals.



• **Weight-Assisted Dip & Pull-Up Station**
Total Dimensions: 98"W x 72"L x 83"H

- Now users of all levels can perform dips, pull-ups, chin-ups and more with a weight assist that allows you to gradually build your way to a stronger body. Item # FCDWA

• **Vertical Knee-Raise/Dip Station**
Total Dimensions: 48"W x 99"L x 83"H

- Save space by attaching the VKR station directly to the back of the FUSION 500. Build a stronger core and upper body with knee raises, lifts, twists and dips.



• **Leg Press**
Total Dimensions: 80"W x 79"L x 83"H

- Develop a strong foundation with leg presses and calf extensions. Completely adjustable back pad and self-aligning pivot conform to any user.

• **Multi Hip Station**
Total Dimensions: 82"W x 72"L x 83"H

- Target hard to work areas with lifts, kicks, adductions and abductions. The Multi Hip station offers a full range of motion and stabilization handles.



FUSION500
PERSONAL TRAINER

FUSION500

PERSONAL TRAINER

Take a modular approach to self-styled fitness.

No personal trainer is available 24/7, but when you workout with the FUSION 500, a state-of-the-art traditional and functional training regimen is at your beck and call... in the comfort and convenience of your own home. The FUSION 500 configures according to your specifications to:

- Accommodate your available floor space with its curved, compact design.
- Achieve your training needs, preferences and goals with over 60 exercises.
- Provide balanced, biomechanically efficient upper, core and lower body development.

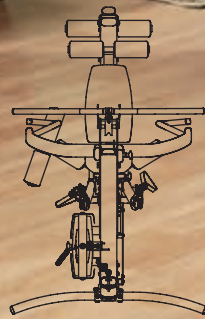
With its revolutionary functional training arms, design-forward aesthetic and motivating presence, you've found a new partner in strength training with the FUSION 500 Personal Trainer.

FUSION500 INCLUDES:

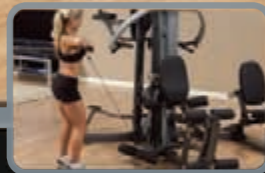
- Lat Bar
- Low Row Bar
- Functional Trainer Straps
- Ankle Strap
- Workout DVD
- Exercise Chart



FUSION500 Shown with optional Multi-Hip and VKR Stations



FUSION 500 Dimensions
52" W • 72" L • 83" H



Optional Leg Press



FEATURES

- New forward design using oversized 11 gauge oval tubing
- Heavy Duty tempered steel reinforcement plates for extra stability
- Compact footprint 52" W X 72" L X 83" H
- 4 position standard press arm with ergonomically designed multi-grip handles covered in a comfortable high density foam
- 14 position 180° arcing functional training arms, synchronized for easy adjustments provide the widest range of cable exercises including a low row station
- Lat Pull Down with wide groove pulley for a smoother more flexible movement
- Telescoping, back rest cushion with adjustable tilt for proper support and alignment
- Gas assisted seat for smooth effortless adjustments
- Shrouded 210LB. or 310LB. weight stack
- 2 precabled attachment points for multiple optional stations
- Optional side pulley cover

Revolutionary functional training arms offer a world of workout possibilities. Station to station, the FUSION 500 Personal Trainer offers a superior workout experience, providing function and flexibility to perform over 60 exercises, including:

Chest Press • Incline Press • Pec Fly • Lat Pull-Down • Leg Extension • Bicep Curl
Tricep Extension • Mid Row • Cable Row • Shrugs • Shoulder Press

Body-Solid
Built for Life

